

PRO TEM

le journal bilingue de Glendon | Glendon's bilingual newspaper

"Discovering our Past. Defining our Future - Since 1962."

Glendon Professors: Pass or **Fail?**

P12



York Strike Averted | P9

The Real Flu Threat | P5

La souveraineté de Québec, oui ou non? | P7

Mary Jane and Your Brain | P23

Glendon Elections 2005 | P8

"Les Glendonniens ont chanté toute la nuit!" | P17

EDITORIAL

PRO TEM

Pro Tem is the tri-weekly newspaper of Glendon College. First published in 1962, it is the oldest student publication at York University. En plus d'être gratuite, Pro Tem est le seul journal bilingue en Ontario. As a full member of the Canadian University Press, we strive to act as an agent of social change and will not print copy deemed racist, sexist, homophobic or otherwise oppressive.

Editor-in-Chief
Ashley Beaulac

Assistant Editor

Tia Brazda

Campus Life Editor

Ashley Jestin

News Editor
Christina Sibian

World Politics Editor

Robert Zanfir

French/Arts & Culture Editor

Paula Anastasiade

Health & Wellness Editor
Ashley Beaulac

Creative Writing

Kristjanna Grimmelt

Opinions Editor

Lourdes Villamor

Metropolis Editor
Tia Brazda

Entertainment Editor

Ashley Beaulac

Sports Editor
Ammar Jamil

Design Editors

Jennifer Rong
Khushnam Polad

Odds & Ends Editor

Jennifer Capano

Web Developer
Christina Ratis

Photographer
Angelique Lazarus

Contributors:

Marisa Baratta
Brett Ballanger
Lisa Chan
Céline Castonguay
Crystal Colussi
Liana Cross
Robert Deakos
Darryl Guerrero
Desmond Devoy
Dave Leavitt
Kyla Jones
Renée Khargie
Pierro Marinatos

Jona Rhica Mejico
Andrea Palichuk
Adam McNally
Andrea Palichuk
Loic Ransom
Stefan Ravelli
Ashwini Sukumaran
Patrick John Tomlinson
Pier-B Tremblay
Marie-Ève Truchon
Jean-Louis Voyer
Ken Yam

Volume 45, No. 3
November 8, 2005

Cover Image by Priscilla Gomez - jeffrobin.hightechhigh.org

Please respond to what you read in the pages of Pro Tem.

Contact Us:

Editor-in-Chief: einc.protem@gmail.com
Opinions: opinions.editor@gmail.com
News: editornews.protem@gmail.com
Campus Life: campuslifeeditor@gmail.com
Health & Wellness: thehealthandwellnesseditor@gmail.com
World Politics: worldpolitics.editor@gmail.com
Arts & Culture: arts.edit@gmail.com
Writer's Craft: cweditor@gmail.com
Sports: sportseditor.protem@gmail.com
Metropolis: tbrazda.protem@gmail.com
Odds & Ends: oddseditor.protem@gmail.com

D114 Hilliard, Glendon College
2275 Bayview Ave
North York, ON
M4N 3M6
Phone 416-487-6736 • Email protem@gl.yorku.ca

Venez nous voir tous les mardis après-midis dans notre bureau qui se trouve ENCORE au rez-de-chaussée du manoir.

Letters to the editor may be edited for content or clarity. All copy appearing in Pro Tem is at the discretion of the editorial team.

“Connecting the Head to the Heart”



If you've ever felt overwhelmingly helpless and alone in the face of distress, fear, or sadness, you've likely experienced a traumatic event. Inevitably, traumatic events are inescapable and are bound to make hearts race and minds shout “why!” and “am I ok?”

Everyday happenings such as falls, medical procedures, disappointments, betrayals, hospitalizations, and minor car accidents can impact the body and brain with lingering effects on behavior, mood, and attitude—no differently than extreme or violent events would. Traumatic experiences can produce feelings of anxiety, depression, despair, hopelessness, reoccurring anger, self-blame, guilt, shame and other severe symptoms such as compulsive or aggressive behaviors, sleep disorders, concentration problems, disconnection from others, and so on. One's traumatic history, stress levels, and the quality of support available from family, friends, and professionals can heighten or lessen each perceived traumatic event.

It is important to realize that no one is immune to traumatic experiences and that anyone can become traumatized. You are not sick, weak, or incompetent if you are having symptoms to a traumatic event, of any caliber. When trauma occurs emotions are conjured that connect us to our instincts, our intuition, and the motivation to act on our own behalf. If we feel overwhelmed, the immobility response shorts-circuits these core emotions before they have run their course. Active, time-limited core emotions such as fear, anger, sadness, or joy get numbed or subverted into look-alike secondary emotions that consume us when we become traumatized. This is why we often express sadness when we really feel angry or anger when we're afraid.

Healing from trauma cannot occur until we replace these secondary emotions with core feelings. Our Western culture, historically intolerant of emotional vulnerability, finds that few of us permit ourselves—after a significant physical or emotional shock to withdraw from routines and let feelings run their course. It is important that deep physical shock and emotional traumas are given adequate time to heal.

Emotions and emotional intelligence, the capacity to contain and use our feelings wisely, is undisputedly as vital to our well being as our ability to reason. Self-awareness, self-esteem, social skill and sensitivity, creativity, intuition, and instinctual knowing are all dependent on our ability to remain comfortably connected to core biological feelings that include anger, sadness, fear and joy. Emotional awareness and know how enable us to recover our lives and our health, preserve our families, build loving and lasting relationships, and succeed in our work. Once traumatic aftermath has been healed, a strong connection with core feelings is established, ultimately allowing oneself to heal the past by putting it into perspective. In times of trauma to any degree always connect your head to your heart and build upon your emotional intelligence.

Ashley Beaulac
Editor-in-Chief
einc.protem@gmail.com



OPINIONS

Letter to the Editor

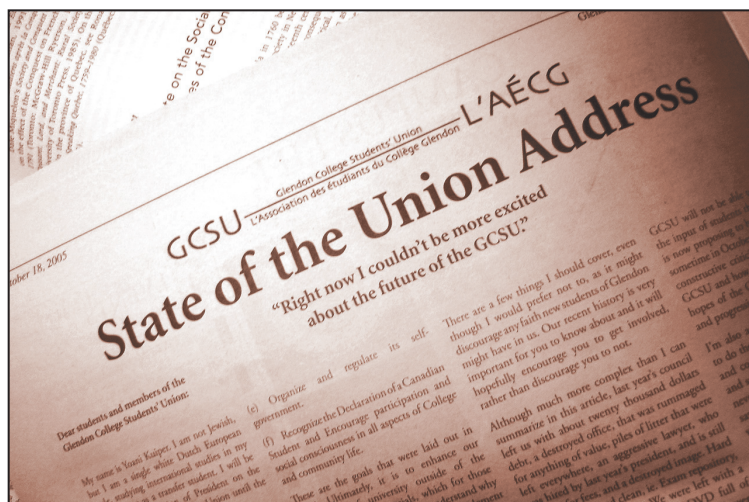
In Response to the "State of the Union Address" Pro Tem Vol. 45 No. 2, pg. 8

Thank God He's Not Jewish!

My name is Jennifer Salson, and I'm not Dutch. Something about that doesn't seem right. It lacks a certain level of integrity.

How many people stopped reading the State of the Union Address after Yoani Kuiper clarified his origins? Congratulations Yoani, you're not Jewish. I'm sure the Jewish people in this school are glad to know it.

Why can't we have a leader of the GCSU who focuses on the issues? Granted our money may be safe in Yoani's hands, but is Glendon's value system really being upheld? The first paragraph of his address looks like he's writing a classified ad. Not only did he clarify the fact that he's certainly not Jewish, he also clarified his status as single and quashed our curiosity about his actual origins by assuring us that he is "a White Dutch European Male." Everyone at Glendon, you can calm down. He's Dutch and he's white. I know I can sleep well



Lourdes Villamor

at night with that knowledge.

The funny thing is, his State of the Union Address was actually good. He clarified the aims and goals of the GCSU and the pursuits of the student body. However, I had a huge problem stomaching how our president could be so insensitive. His lack of poignancy and his unprofessional manner in his opening paragraph made the whole address worthless. You cannot have professionalism when you begin with a message that propagates a Jew-O-Phobic connotation,

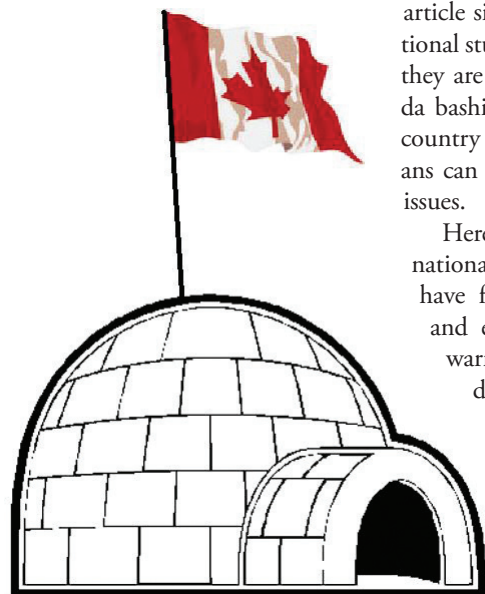
because heaven forbid, anyone should mistake you for Jewish.

When introducing oneself to the student body, perhaps leaving out one's personal facts would raise the level of professionalism and allow the student body to actually respect our president for once. I think we deserve that much.

At Glendon, let's strive for multiculturalism, whether it be in our student government or the student population in general. Let's respect one another and remember that putting people down is immature and irresponsible.

International Confusion

by Liana Cross



Although I am a third year student here at Glendon, so many things about this country continue to baffle me. Now I'm not talking about the proper use of the word "eh" or such mysteries, but about everyday things.

I decided to write this two-part article simply to let other international students out there know that they are not alone. I'm not Canada bashing – seriously, I love this country - but maybe you Canadians can help clarify some of these issues.

Here is an issue some internationals from the tropics may have faced during the summer and early this semester. I was warned about how cold Canada gets, and I was prepared. I bought my winter gear well beforehand. But I always assumed that everyone was referring to the weather, not the refrigerated buildings!

I bought my winter gear well beforehand. But I always assumed that everyone was referring to the weather, not the refrigerated buildings!

Tell me, is it normal for you not to be able to feel your fingers during class? Or to put on a sweater indoors and have to take it off when you go outside? Is this normal for Canada, or is this just Glendon?

I also faced some confusion with regards to food. Is the Canadian national dish really coffee and doughnuts?

I was pleasantly surprised that Torontonians cuisine is not as tasteless as I imagined. But one day, when I was particularly distraught over a bland entrée, do you know what I was advised to do?

"Oh, put ketchup on it."

I wanted to cry. Oh, the blasphemy! Referring to a lowly condiment as a seasoning! Please, please tell me that this is not the Canadian opinion!

There are so many other questions I would love to have answered before my time comes to leave this magnificent country, but this article can only be so long. I still scratch my head in confusion.

We Asked You:

What do you look for in a professor and what particular aspects define a "good professor"?



Renée Khargie, 1st year French Studies Major

"I believe a good professor should be knowledgeable, stimulating, and innovative. I find that I prefer professors that use a variety of teaching techniques to pique interest because they make the texts "come alive" and keep us thinking about other possibilities. It doesn't hurt to have a sense of humour as well."



Brett Ballanger, 4th year History/Philosophy Major

"To me, if they're passionate about the subject, that's more important than where they got their degree. I think life experience is also important. Having knowledge of the world outside the ivory tower is the key."



Jona Rhica Mejico, 3rd year English Major

"I think good professors have interesting methods of lecturing, ones that constitute a lot of interaction with the students. They should be lenient regarding due dates and should have flexible office hours."



Darryl Guerrero, 3rd year Computer Science Major

"A professor has definitely got to be able to relate to the students, whether it's current events or actual course material. I look for professors that have a true love for what they teach and are able to convey that love towards their students."



Lisa Chan, 2nd year Psychology Major

"A professor has to understand the material and know how to get it across to the students. I look for professors who understand how students learn and think, since they are the ones who make learning and retaining information easiest."

For a more detailed perspective on this topic please refer to Pro Tem's Feature, pg14.

Write to / Écrivez: opinions.editor@gmail.com

The Plame Game

by Dave Leavitt

Last Friday Oct. 28th, Lewis "Scooter" Libby (U.S. Vice President Cheney's Chief of Staff) was indicted on five charges, including perjury, relating to the leak of the name of Valerie Plame, a CIA operative. He is not charged with actually leaking the name.

In January of 2003, in the State of the Union address, President Bush stated that "The British government has learned that Saddam Hussein recently sought significant quantities of uranium from Africa." Six weeks later, the U.S. invaded Iraq. In June of the same year, Joseph Wilson (who was sent by the U.S. government to investigate these claims) wrote an opinion/editorial piece in the New York Times entitled "What I Didn't Find in Africa". In the article, he accuses the U.S. government of manipulating the evidence to help bolster

their justification of the war. Less than two weeks later, right-wing syndicated columnist (and confidante of Vice-President Dick Cheney) Robert Novak publishes the following:

Wilson claims that the leak of his wife's name was done by the White House to undermine him.

"Wilson never worked for the CIA, but his wife, Valerie Plame, is an agency operative on weapons of mass destruction. Two senior administration officials told me Wilson's wife suggested sending him to Niger."

According to U.S. law, it is a treasonous offence to publish or disclose the name of any C.I.A. operative.

Wilson claims that the leak of his wife's name was done by the White House to undermine him.

After an initial refusal by then Attorney General John Ashcroft, an investigation into how Ms. Plame's name was disclosed was launched in December of 2003, almost five and a half months after the leak. In grand jury testimony Judith Miller of the New York Times, who gathered information on the same story as Robert Novak but never published it, testifies that her source was the Vice-President's Chief of Staff.

In reacting to this indictment, Joseph Wilson said "I understand that a lot of Republicans are mad at me. I can assure you that I'm pretty pissed off at a lot of Republicans as well. So the feeling is mutual. And I would like to say that not on behalf of me, but on behalf of 17,000 Americans who have been killed or wounded in Iraq in a war that was sold to us on false pretences. It's as simple as that."



Ambassador Wilson comments on how CIA leak destroyed his wife's CIA career.

Ontario NDP aim to legislate tuition freeze

by Amy Chung Canadian University Press

TORONTO (CUP) -- NDP post-secondary education critic Rosario Marchese announced a new bill designed to extend the province's tuition freeze until 2007. The bill, entitled "Tuition Hike Ban" was introduced in response to Premier Dalton McGuinty's speech at Carleton University last month, when he announced Ontario tuition will be subject to increases after September 2006, the date the freeze was originally set to be lifted..

"No Ontario student should be denied a college or university education because they cannot afford it," said Marchese. "The cost of post-secondary education is already too high. Ontario should ban tuition fee hikes through the 2007 election, then let the people have their say."

The bill passed its first reading on Wednesday, which leaves room for genuine dialogue, says Jesse Greener, Ontario Chairperson for the Canadian Federation of Students.

However, there are still opposing views that a further tuition freeze may affect the quality of education.

"[The freeze] is not the right thing to do," said Peter Fitzgerald, senior communications advisor to Chris Bentley, Minister of Training, Colleges and Universities, adding that the quality

of education will deteriorate because the freeze has already incurred costs of approximately \$115 million. Fitzgerald points out that lifting the freeze would help alleviate the student/faculty ratio and improve university facilities.

However, Greener believes a freeze is viable, when compared to other provinces.

"[The tuition freeze] is not impossible. Quebec has been under a freeze for 10 years," said Greener.

Universities across the Greater Toronto Area have been conducting a plebiscite poll, asking students if they want lowered tuition. York students voted 96 per cent in favour, while the University of Toronto at Scarborough voted 96.4 per cent in support of a reduction. Although McGuinty made it clear that a fee increase would be up to par with inflation, Greener disagrees with the premier's plan.

"The cost of bread increased 15 per cent, but that's little [in] comparison to tuition which increased 150 per cent over the years."

Fitzgerald said the province's Reaching Higher Program, which earmarks \$1.5 billion to increase grants and bursaries for student, will help offset the proposed lifting of the tuition freeze.

BC Teacher's Strike- A failure to compromise

by Crystal Colussi



On October 23rd, British Columbian teachers voted to return to work after 14 days of illegal striking. An estimated 77 percent of the 30,427 teachers who cast a ballot, voted in favour of Vince Ready's suggestions to end the strike.

For two weeks in October, high school and elementary public school teachers in British Columbia conducted an illegal strike. Representing public school teachers was the B.C. Teacher's Federation headed by Jinny Sims. The Federation wanted the government to guarantee, in writing, that it would reduce class sizes

by amending the School Act, which would give more attention to children with special needs. Mediator Vince Ready suggested the government invest \$20 million in this project. Sims said that the union would not accept the mediator's report until definite guarantees were made by the province. Only hours after Sims made this statement, B.C. Supreme Court Justice Brenda Brown fined the union \$500 000 for failing to comply with a return-to-work court order; the largest fine ever imposed in Canada for civil contempt.

B.C. Labour Minister Graham Bruce refused to make any guarantee. Although B.C. Prime Minister Gordon Campbell had said that the government would accept Ready's recommendations, his administration has been stringent on its position that there was a minimal amount of money the government could allocate to education.

Although the government agreed to the mediator's recommendations, it failed the teachers and the students by refusing to guarantee its promise to limit class sizes by putting it in legislation. Additionally, the province refused to negotiate with teachers until they had returned to work. The government's recent decisions reflect its unwillingness to address the concerns of the teachers. Furthermore, its 'back to work' legislation has served to undermine the bargaining rights of teachers.

The Real Flu Threat

The Avian Influenza has affected humans for the last eight years, but risk is still low

by Jennifer Capano Odds & Ends Editor



www7.nationalgeographic.com/ngm/0510/feature1/gallery2.html

The H5N1 strain, or more commonly referred to as the 'bird flu', is sweeping the thoughts of Canadians everywhere. As the flu season draws near, the main question on everyone's mind is "how afraid of the bird flu should I be?"

The Avian Influenza is a virus that occurs naturally among birds. Wild birds carry it in their intestines and generally do no harm. Bird flu is extremely contagious among birds and can make domesticated birds very sick, often times killing them.

According to the Centre for Disease Control and Prevention, "Bird flu viruses do not usually infect humans, but several cases of human infection with bird flu viruses have occurred since 1997."

As of right now, the risk from bird flu is low. Since the recent outbreak of the virus in poultry in Asia, the risk has increased amongst people who deal with infected birds. The Centre for Disease Control has reported that,

"In rare instances, limited human-to-human spread of H5N1 virus has occurred, and transmission has not been observed to continue beyond one person."

The World Health Organization, in an attempt to calm the masses, has released a report on the virus containing information on its spread to humans. According to the WHO, "to date there is no epidemiological information to suggest that the disease can be transmitted through contaminated food, or that products shipped from affected areas have been the source of infection in humans."

In order to properly protect yourself this season, get your flu shot. Officials fear that the Avian Flu virus can mutate and spread if it is found in a person who is already infected with a human strain of the influenza.

For flu shot information, call Sunnybrook family practice at 416-480-4936.

> Celebrity News



www.newprophecy.net/Madonna_addresses_the_Kabbalah

Madonna vs. Kabbalist Rabbis

Madonna's new album "Confessions on a Dance Floor" is creating heated controversy in Israel.

by Jean-Louis Voyer Celebrity Columnist

Israeli Kabbalist Rabbis allege that "Isaac", a song on Madonna's new album Confessions on a Dance Floor, is blasphemous as it refers to the 16th century Jewish mystic Yitzhak Luria. According to Jewish law, the reference to the Kabbalist prophet must not be used for profit.

CTV National News reports that Kabbalah's seminary director, Rabbi Rafael Cohen, told the Israeli newspaper Maariv on Sunday that the song Isaac is unacceptable.

"This is an inappropriate act, and one can feel only pity at the punishment that she (Madonna) will receive from Heaven. The Sage Isaac is holy and pure, and immodest people cannot sing about him." Furthermore, Maariv reports

that certain Kabbalist rabbis are demanding that she be thrown out of the Kabbalah community.

However Madonna, a devout follower of the religion, has fired back in her MTV documentary called "I'm Going to Tell You a Secret".

"The absurd thing is that it's not what they think it is," Madonna said. "It's not a song about Isaac Luria. I don't know anything about Isaac Luria, so I couldn't write a song about him. The song is called 'Isaac' because the man who is singing on it is named Isaac."

Madonna believes that one person saw that song title and spitefully decided that they would create controversy by stating that she was doing something

blasphemous.

Moreover, The Ireland Online News reports that Madonna is frustrated with the growing negative attention that Isaac is receiving. She claims that "I seem to be getting a lot of criticism from people who haven't even heard the album yet... What are you going to do?"

The Material Girl refutes claims that she is sacrilegious by affirming her dedication to Israel and Kabbalah. She feels that people are trying maliciously to tarnish her music credibility as well as her relationship with Kabbalah. Madonna's album, Confessions on a Dance Floor debuts on November 15, 2005.



www.toronto.ca

Big Pipe Plan Violates the Oak Ridges Conservation Act

Toronto-based Earthroots heads an e-mail campaign to save the moraine

by Andrea Palichuk

There is presently an e-mail campaign being carried out by Earthroots, a Toronto-based environmental activist organization. Earthroots is encouraging all Ontarians to send an e-mail to Laurel Broten, the provincial environment minister, and members of the York Regional Council as a form of protest against the sewer pipe expansion through the Oak Ridges Moraine.

The Oak Ridges Moraine, an ancient glacial formation running along the northern GTA, serves as a habitat for wildlife and a valuable green space. More importantly, the moraine acts as a water filter and aqueduct, controlling a series of above and below-ground creek systems across the GTA.

The Oak Ridges Moraine, an ancient glacial formation running along the northern GTA, serves as a habitat for wildlife and a valuable green space.

The sewer pipe expansion plan passed on June 23, 2003 calls for an addition of a new sewer pipe along 19th Avenue in Richmond Hill, running through an area that is protected by the Oak Ridges Moraine Conservation Act. This will "open up green space for residential development," says Earthroots.

The pipe development is in direct violation of the 2001 Oak Ridges Conservation Act, Section 41, which prevents infrastructure from being built through a sensitive area provided that there are reasonable alternatives. The

proposed area of development is believed to qualify these criteria, as the section of the moraine along 19th Avenue is known as a highly-sensitive Natural Linkage Area.

Earthroots says that the "green field sites that it will open up for development in the future" increases the threat for greater urban sprawl within the GTA. This is especially because the new infrastructure will have a high-capacity volume, which "will play a significant role in shaping the pattern of growth in Richmond Hill in the near future and beyond," according to Earthroots.

Regional authorities claim, however, that the site is the best option for the environment, as other areas would cause water loss. However, Earthroots believes that there are alternative options, in previously-developed areas, that can meet the needs of the community without jeopardizing a portion of the moraine.

While the plan has been accepted by the Town of Richmond Hill, the location of the pipe is not completely settled. Therefore, Earthroots is encouraging all Ontarians to join the e-mail campaign to "Stop the Pipe!"

For more information, visit: www.earthroots.org.

> Talk Back - Opinions Column

The Sky is Falling

by Pierro Marinatos Opinions Columnist

"Lock your doors, keep your children inside and for heavens sake, don't try to lead a normal life; that would be far too dangerous!"

If you believe the recent headlines of the Toronto dailies in response to the spate of recent shootings; Toronto is becoming the next Dodge City.

What is not mentioned is that Toronto is safer than most any other metropolis. The estimated population of Metropolitan Toronto for 2004 was 5,203,600. That same year, Toronto's murder rate was 1.8 (homicides per 100,000 residents).

While it might seem terrible to contemplate that there will be

approximately 2 murders per year per 100,000 people in Toronto; the truth of the matter is one stands a better chance of being killed by a wayward golf ball.

Edmonton (pop. 1 million) has a murder rate of 3.4 while even smaller Winnipeg (pop. 702,400) has a murder rate of 4.9. Detroit (pop. 927,766) had 814 murders in 2003 for a horrifically high murder rate of 87.73. Moscow (18.38), Amsterdam (3.13) and Prague (4.33) all have higher murder rates than Toronto and yet do not share a common border with the world's largest arms manufacturer.

Toronto newspapers fail to men-

tion this when they're attempting to sell copies using scare tactics. In no way should homicide be trivialized, and the recent shootings in Toronto are indeed tragic; but they should also not be used as a rallying cry for drastic changes to our criminal code or to convince people that our city is dangerous to live in.

The next time the front page of the newspaper expostulates about the end of civilization in Toronto as we know it, remember; we live in one of the safest cities in the world. Don't let anyone convince you otherwise.

HELP WANTED!



BILINGUAL TELEPHONE RESEARCHERS needed to conduct Opinion Surveys for the Institute for Social Research at York University, Keele Street Campus.

NO SELLING! Evening and Weekend Hours Available! Training is paid and we offer a great work environment.

Start at **\$11/HR** with regular reviews.
MUST BE FLUENT IN ENGLISH AND FRENCH WITH AN EXCELLENT PHONE MANNER.

Please call (416)650-8277 to arrange an interview.

HELP WANTED!



OPERATEURS BILINGUES DE RECHERCHES PAR TELEPHONE
On a besoin de vous afin d'entreprendre des sondages pour l'Institut de Recherches Sociales du campus de Keele.

ON N'OPERE PAS DE VENTES.
Vous travaillerez les soirs et les fins de semaine. La formation est payée et l'environnement est impeccable.

On commence à **11\$/heure** pour des évaluations habituelles.
VOUS DEVEZ MAITRISER TANT L'ANGLAIS QUE LE FRANÇAIS ET POSSEDER DE BONNES MANIERES TELEPHONQUES.
Veuillez nous contacter à (416) 650-8277 pour arranger une entrevue.

WORLD POLITICS

Political Crisis:

How Gomery's report could affect the Canadian Political climate

by Robert Zanfir World Politics Editor

The long awaited Gomery sponsorship scandal report was released on Tuesday amid anticipation from the entire country. Mr. Justice John Gomery served up former Prime Minister Jean Chretien on a platter by laying most of the blame at his feet. Justice Gomery did not assert that Chretien was fully responsible, but that he created the milieu that contributed to the corruption within the party. Furthermore, Justice Gomery did not expressly blame Paul Martin for the sponsorship scandal, which surprised more than a few considering that Martin was the Finance Minister during the fiasco.

However, the question of blame is moot because it is the Liberal

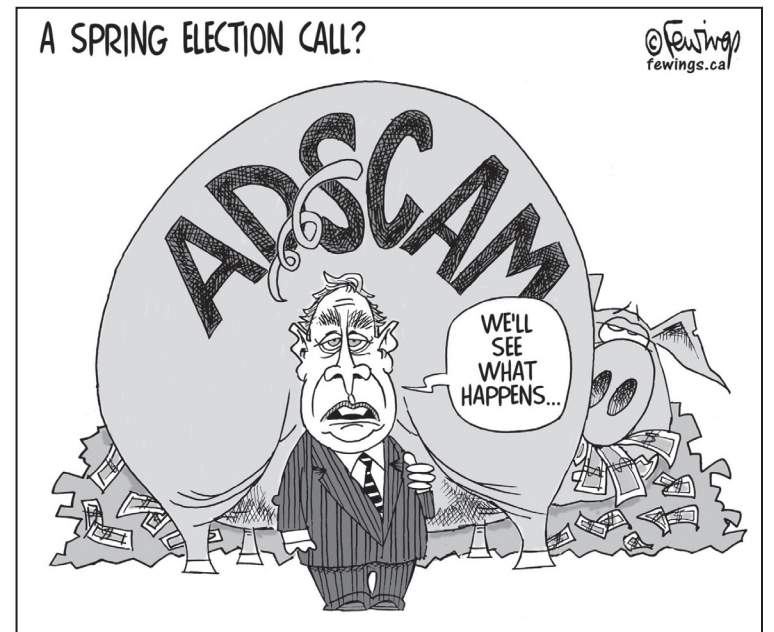
party, as a whole, which will bear the brunt of Justice Gomery's findings. There can be no separating the Liberal party from AdScam and culpability is an afterthought considering the political fallout of the report. The more poignant question is not whether Chretien, Martin or the Liberals are guilty, but rather what happens next?

The Canadian voters have shown a willingness to vote Liberal even with the scandal hanging over the Liberal party, but the party surely cannot withstand any more bad publicity. One need only look at David Dingwall and the expenses he rang up as the President of the Canadian Mint. At the provincial level, Finance Minister Greg Sorbara resigned amid an RCMP investigation into the Sorbara Group.

This all adds up to political dynamite for the Federal Liberals who will surely be involved in an election in the spring, if not sooner.

All of these factors leave the country in a fair amount of political turmoil because the political alternatives have not appealed to the public enough to turn away from the Liberal party. The next election will be a pivotal one for this country, whenever it may take place. There is no federal political party that seems poised to take the reigns and lead Canada in the new millennium and the alternative is the prospect of more minority governments.

A political crisis if there ever was one.



www.fewings.ca



websnationalgeographic.comhots.com

Dossier spécial : Souveraineté

par Pier-B Tremblay, étudiant en Science Politique au Collège Glendon, en collaboration avec Francis Mailly, finissant en Science Politique à l'Université Laval

Il y a beaucoup d'ambiguïté autour de la question de la souveraineté du Québec. Ce dossier doit commencer par la saga constitutionnelle qui nous a menés au référendum de 1995. Il y a eu donc d'abord le premier référendum de René Lévesque en 1980 et le rapatriement de la Constitution canadienne en 1982 effectuée par Pierre E. Trudeau, que le Québec n'a toujours pas signée.

Toujours dans le but de réunir le Canada, les provinces se sont rencontrées au lac Meech en 1987 pour signer un accord. Les points principaux des cinq étaient que le Québec voulait être reconnu en tant que société distincte, qu'il reprenne le droit de veto qu'il avait perdu lors de la signature de la Constitution et, finalement, la prise en charge totale de l'immigration sur le territoire québécois. L'Accord du lac Meech est accepté par les dix

premiers ministres en juin 1987, et doit, par conséquent, être ratifié par les différentes législatures provinciales. Avril 1990, le nouveau Premier ministre de Terre-Neuve, Clyde Wells, n'entérine pas l'Accord, comme son prédécesseur, donc il annule sa signature. Un député manitobain, Elijah Harper, qui détenait la balance du pouvoir dû à un gouvernement minoritaire, refuse d'appuyer l'Accord considérant que les nations autochtones sont encore une fois négligées dans les discussions constitutionnelles. L'Accord tombe et un grand vent d'intolérance souffle sur le Canada anglais.

Après deux ans de tension, Robert Bourassa, Premier ministre du Québec, et Brian Mulroney, Premier ministre du Canada, se réunissent encore une fois pour tenter de régler le problème une fois pour toutes. Finalement, plusieurs mois de discussions entre le gouvernement fédéral,

les gouvernements des neuf provinces anglophones, ceux des deux territoires et de quatre groupes autochtones mènent à l'élaboration d'un nouveau projet constitutionnel, l'Accord de Charlottetown. Le vote revenait aux Canadiens par un référendum. Le résultat est tout à fait stupéfiant. Du côté canadien, ils répondent NON à 56,7% et les Québécois choisissent également le NON à 57%. Les Québécois votent contre parce qu'ils perçoivent l'accord ne satisfaisant pas les revendications dites « minimales » de 1987. Les Canadiens anglophones votent aussi NON pour la raison contraire; selon eux, l'accord fait trop de concessions au Québec. Une fois de plus, les Québécois et les Canadiens auront été incapables de s'entendre; la polarisation entre les deux solitudes est à son paroxysme. La seule voie qui semble alors ouverte au Québec est la souveraineté politique.

Suite à ces échecs, le Québec élit le Parti Québécois en 1994, avec Jacques Parizeau à sa tête. Quand M. Parizeau a commencé sa campagne référendaire, les sondages démontraient que seulement 40% de la population était en faveur d'une séparation. Certains événements ont fait que le sentiment d'appartenance au Québec a grandi. Entre autres, il y a eu la maladie mangeuse de chair du chef du Bloc Québécois à Ottawa, Lucien Bouchard. Il est devenu un modèle. Il incarnait un combat entre la vie et la mort, ce qui représentait les sentiments que le peuple québécois ressentait. Le soir du référendum, 30 octobre 1995, la tension était palpable. Finalement, le NON l'emporta, mais non sans raison. La faible différence de 50 000 personnes (49,5% OUI, 50,5% NON) a toujours laissé perplexe le pays et le fera encore tant que le dossier ne sera pas réglé.

CAMPUS LIFE

Glendon Elections 2005 by Ashley Jestin Campus Life Editor, Photos by Angelique Lazarus

It was a little over a week ago that Pro Tem was invited to interview the newest candidates for the upcoming election. We encountered a group of well-rounded and enthusiastic individuals who were more than happy to share their views and ideals with the paper. The question that was asked was: *What makes you the best candidate for the position?* The available positions are: two for first year representatives, one for senator, four for councilors and two for part-time students. On November 9th Glendon students will have the opportunity to listen to the candidates, to hear about their ideals and to ask them questions in the cafeteria. Voting begins on November 14th and ends on November 17th in the Salon Garigue. Pro Tem encourages you all to participate, in order to create an ideal student government.

SENATORS



I think I am the best candidate for the position of Senator because I am open minded, dedicated and ready to work hard for Glendon. Je pense que je suis la meilleure personne pour la position de Sénateur parce que je suis accessible, dévouée, et je travaille avec application.

Varsha Deokaran- Senator



I strongly believe that all candidates must be informed about what issues Glendon students are most concerned about. Being an active participant in various Glendon clubs such as the International Studies Student Association (ISSA), Glendon Model United Nations Club (GMUN), Glendon Amnesty International Club, and the Faculty Council, enables me to take a pulse of Glendon.

Ashwini Sukumaran- Senator



I can be the best candidate because when I want something, I will do whatever it takes to accomplish it. I also love the tasks this job involves because they challenge me tremendously. Finally, I am a sharp and efficient problem-solver who can deal with the problems that arise at university.

Zie Saleki- Senator



The most crucial part of being a student representative is working in unison with the people you represent, the students, and with the members of the administration. Je suis fier de représenter glendon à l'extérieur et je n'hésite pas de parler des avantages de Glendon. D'après moi ce campus est un des meilleurs secrets de Toronto.

Ryan Singh- Senator



I am a very motivated and strong willed student. A senator should be able to listen but also be able to convince, and I am no stranger to a good argument. I think I am the best suited for the job because I have come to understand the needs of Glendon and its students, and how unique of a community we are within York.

Anita Marziliano-Barker- Senator

FIRST YEAR REPRESENTATIVES



Parce qu'il est important pour les étudiants en première année d'être impliqués dans les décisions qui les concernent. Access to education is a big issue today: grants not loans; keep tuition frozen, then reduce and eliminate. I will also promote a campus life that doesn't tolerate racism, sexism, homophobia or national chauvinism.

Shona Bracken- 1st Year Representative



COUNCILORS

Je ne crois pas être le meilleur candidat mais je sais que je pourrais être bon parce que j'adore rendre service au monde et je prends mes responsabilités très au sérieux. I am a good candidate for councilor because I am a hard worker when there is something to be accomplished.

Pier-Bernard Tremblay- Councilor



I am new to Glendon and this gives me a fresh look at things. I will try to devote enough time to help everyone enjoy his or her time at Glendon as much as possible. I hate when people make promises that they may not keep so I won't make any.

Ivan Yakovlev- Councilor



When I first arrived at Glendon, my first impression of the GCSU was that it was not doing enough to resolve student issues, which resulted in a large majority of students being unsatisfied. As a first year student, I strongly believe that I can make a positive difference by being involved and listening to the concerns of fellow students.

Raza Absan- Councilor



I'm very concerned and interested in campus life and current student issues and I want to help and take active part in student life. I'm a very responsible and reliable person and I hope I'll get a chance to prove that I am a perfect candidate for the position of councilor.

Svetlana Initskaya- Councilor



I enjoy taking on responsibility and doing a job right. Je veux être un lien entre les étudiants et l'exécutif pour améliorer l'expérience universitaire des étudiants à Glendon. I want to help create a more organized, energized place to study and I have too much enthusiasm and drive not to be involved!

Kyla Jones- Councilor



I am a 3rd year student. I have been involved in the GCSU in previous years. I am friendly and open and I feel that people can talk to me and shouldn't be afraid to bring their opinions to the table.

Charles Collette- Councilor



I think I can be an appropriate first year representative because I have been involved in my previous schools, not only in student councils but also in other committees that involve gathering information and problems and reporting it as well as decision making.

Hani El Masry- 1st year representative

EVENTS

Check out what's going on this month!

Wednesday, Nov. 9th 10-2	Law Day Salon Garigue
Mercredi, 9 Nov. 15h-17h	Conférence du Prof. Colette Noyau, Université Paris X Salon Albert Tucker
Wednesday, Nov. 9th 10-2	Free Seminar by John Richardson on Law School location TBA- sign-up required
Wednesday, Nov. 9th 4-5	Honourable David Collette's Reception YH C110
Jeudi, 10 Nov., heure et location à être annoncées	L'Iran et le nouveau "grand jeu" nucléaire. Est-il trop tard pour arrêter la bombe iranienne?
Thursday, Nov 10th - Saturday, Nov 12th	IRPP-Trudeau Foundation Conference location TBA
Thursday, Nov. 10th 12-1:30	Conversazione Fireside room
Friday, Nov. 11th 12:30-2:30	Writing Workshop GH105
Monday, Nov. 14th 12-2	Writing Workshop YH112
Lundi, 14 Nov. heure et location à être annoncées	Les missions de recherche et de sauvetage
Tuesday, Nov. 15th 11-12	Workshop : Applying to Graduate School Counselling and Career Centre
Wednesday, Nov. 16th 11-12	Workshop: Resumé Counselling and Career Centre
Friday, Nov. 18th 11-12	Workshop: Preparing for exams Counselling and Career Centre
Tuesday, Nov. 22nd 2-3	Workshop: Success at Work Counselling and Career Centre
Tuesday, Nov. 22nd - Saturday, Nov. 26th at 8 Thursday, Nov. 24th at 5:30	Yerma- Presented by Theatre Glendon
Thursday, Nov. 24th 1-2	Workshop: Exam Anxiety Counselling and Career Centre
Jeudi, 24 Nov., heure et location à être annoncées	Les Nations-Unies aujourd'hui



J'étais le président du conseil étudiant à Agincourt Collegiate, ici à Toronto. J'ai représenté 1300 étudiants à Mont Lycée l'année passée. Je suis vraiment au courant de la vie politique. J'aimerais devenir politicien. Je ne veux pas faire de promesses simplement parce que je ne veux pas mentir.

Milos Jankovic- 1st year representative



It is evident that the best candidate is one whom will actively use their skills and not only list them. My actions prove my skills and my simple objective of ensuring that standards are kept, improvements are made and expectations are met.

Chantel Kerr- 1st year representative

York Strike Averted, Tentative Agreements Met

by Ashley Beaulac Editor-in-Chief

Ratification by union members still needed.

www.cupe3903.tao.ca



After a long day of negotiations a likely strike by York University's TA's was avoided. On Wednesday November 2nd York University and the Canadian Union of Public Employees (CUPE) Section 3903 reached a tentative agreement.

CUPE 3903, the union representing York's contract faculty, Teaching Assistants

and Graduate Assistants began their bargaining at the Ministry of Labour and finally, at 11:50pm achieved a deal that met with the issues they had raised.

On October 20th a strike vote with the highest participation in CUPE's union history was held with 75% or 997 members in favour of authorizing strike action.

A General Members Meeting (GMM) was held on November 1st,

after six hours of deliberation where over 400 members rejected the executive committee's latest offer and CUPE 3903 prepared to hit the picket lines set for 7am Thursday morning. The university was then given until midnight to strike a deal with CUPE before

Nov. 3 or else a strike would be imminent. This strike date compelled both bargaining teams back to the table to amend an offer.

CUPE 3903 has been negotiating for an improved summer pay package for both TA's and Graduate Assistants (GA) and increased job security for contract faculty. The union is requesting that contract instructors, some who have taught for 15 years, should not have to re-apply for jobs on an annual basis.

Rajiv Rawat, chair of CUPE 3903 acknowledges that concerns raised at the GMM were achieved at the bargaining table Wednesday night. "It's a very clear victory in a sense; it's a vindication of all this stuff we were doing and the whole process."

One defined CUPE victory to note is that GA's now have tuition indexation. According to CUPE, York's GA's are the first in the country to win this.

Ratification of the agreement will take place today and tomorrow by a secret ballot with the union members.



CUPE 3903's Winning Highlights from Wednesday November 2.

- Graduate Assistants at York are recognized as the first in the nation to have obtained tuition indexation.
- Teaching Assistants received improved language for the Minimum Guarantee, affecting the summer funding they receive. Summer funding was increased to \$4490 (year 1), \$4625 (year 2), \$4764 (year 3).
- \$175,000 additional funding per year on health care services (example: physiotherapy, orthodontics, and so on) that are not currently covered by OHIP.
- Graduate Assistants received an increase to their bursary funds totaling \$12,000 (year 1 and 2) and \$15,000 (year 3).
- Executive and bargaining team members are guaranteed an academic extension with funding for a year. This is designed to protect union activists from suffering academic penalties while focusing on their union work.

Halloween Pub by Tia Brazda Metropolis Editor

A Screamin' Good Time! ★★★★★

Photos by Angelique Lazarus



This year's Halloween Pub night was a scream! The pub was packed to its full capacity with over 400 Glendonites. The night held an impressive show of costumes- there was a navy's worth of cute sailors in tight pants, a scantily clad Santa's helper, and the ever-so-cute pink ladies of Grease, among others. With Buddy Holly and Medusa keeping the drinks flowing from the bar and Glendon's very own live rock band, Birds of Wales, it was not a bash to forget. Despite the closure of the pub due to last year's legal hassles, our new GCSU team managed to break down the doors and get the place cleaned up for one amazing celebration. This year's Pub was a wild night of drinking and dancing that included our upper-year students as well as this year's frosh. To add to the fun, last year's ousted GCSU thought they'd come and crash the party. While ex-president Ron Fiedtkou managed to sneak in, Hossein Samiian (VP), was turned away at the door. Although there are still legal controversies surrounding the pub, over the next year the GCSU are committed to hosting more events, "The pub will be open again for special events" promises Roberto Alvarez, Director of Cultural Affairs. Thanks to the GCSU for a wonderful celebration!



GCSU RE-OPENS PUB FOR HALLOWEEN

> GCSU in Action**Positions:****Traducteur/ Translator**

Nous sommes encore à la recherche d'un(e) traducteur(ice). 10 heures/semaine, 10\$/hr. Ceci est un emploi "Work Study".

Nous aimerions employer un(e) étudiant(e) en traduction de l'anglais au français.

Contactez-nous par courriel, bilingualism@gcsu-aecg.ca.

Events:**Elections**

VOTE - Nov 14-17

"To make democracy work, we must be a nation of participants, not simply observers. One who does not vote has no right to complain."

Louis L'Amour

The reform of the GCSU constitution

The GCSU constitutional committee has begun the planned process of overhauling the by-laws and constitution by which the student union is bound. The committee is open to the public and general members and earnestly looks forward to receiving your input. We hope you'll be interested in this – it hasn't happened in twenty years, and it likely won't happen for twenty more!

General Meeting

L'AECG aura une réunion générale à la fin de novembre pour que nous puissions recevoir des réactions de la part des membres de l'AECG. Comment pouvons-nous progresser et bien représenter les étudiants de Glendon? Quelle est, à votre avis, notre raison d'être? Nous voulons répondre à ces questions et nous voulons la participation de tous les étudiants de Glendon.

Friends of Glendon

FOG is an association of alumni, staff, faculty and other friends of the Glendon community who have generously contributed to providing scholarships and bursaries for Glendon students. It offers financial assistance to Glendon students in the form of bursaries based on financial need, not to pay off your credit card, so please do not abuse it.

<http://www.glendon.yorku.ca/english/friends/index.htm>

Glendon Pub

Halloween Pub was ridiculously successful; sold out of tickets + sold out of alcohol = giant party? We really want to know what you thought of the event so that, if we have another one, it can be even better! We truly need your continued support to keep these events running. Thank you to everyone who did participate.

Website

www.gcsu-aecg.ca - The more the website its used, the better it will become. Start a conversation in the forums and see what happens!

Email: info@gcsu-aecg.ca

Phone: (416) 481-2324

Club Profile: Glendon Christian Fellowship by Liana Cross

Courtesy of the Glendon Christian Fellowship

Who?

We are an inter-denominational group of Christians who meet to learn more about God. Seekers and anyone else who are interested are welcome.

What?

We are the Glendon chapter of Intervarsity Christian Fellowship, a branch of the global International Fellowship of Evangelical Students.

When?

Every Tuesday evening at 6:30pm in the Salon Garigue.

Why?

To get to know God and to let God be known throughout our campus.

Last year... we held two retreats – our Fall Retreat with the Intervarsity chapter at Keele campus, and the Bridges Winter Retreat with every other Intervarsity chapter in Toronto. We also held several campus-wide outreach events. Christ Awareness Week included several interesting speakers, a Sandwich and Warmth Run - where we collected warm clothing from students at Glendon and made sandwiches for the

homeless – and a Coffee House in the pub with performances from different artists at Glendon and many others from off campus.

This year... we hosted a free multicultural dinner for first year students as a welcome-to-Glendon gesture. This Halloween we joined forces with the Lawrence Park Community Church for Trick-or-Can, going door to door collecting canned goods for the Harvest Food Bank and our own Women's Center. Due to the popularity of Coffee House during Christ Awareness Week last year, we are planning three of them this year, starting November 17th in the cafeteria.

The Bridges Winter Retreat is coming up this January with over 100 students planning to attend and lots of fun in the snow! We have already begun planning for Christ Awareness Week, which is to be held in January with more speakers, information sessions and events.

For more information or to join our mailing list, e-mail us at gcfbg@hotmail.com.

"Let your light so shine before people that they may see your good works and glorify your Father which is in Heaven."

Matthew 5:16

President of Glendon Liberals resigns

To the Glendon Liberals:

In fall of 2003, a member of an organization called the Glendon Association of Liberals approached me and convinced me to join the club as an executive member. At the time, the club consisted of about 10 members and I was put in charge of the only event we organized that year, which was our Annual Wine and Cheese. The event was a success and it finally gave our tiny club some recognition. The following year I was acclaimed President and our club made a lot of progress thanks to the hard work of our members. We officially changed our name from the Glendon Association of Liberals to the more simple Glendon Liberals.

This fall, I was re-elected President and we sent the largest delegation the Glendon Liberals had ever seen to the Ontario Young Liberals AGM in Windsor. Our membership this year is five times the size of the club I first joined. It is the cooperation and determination of our members, which drives us to continuously achieve goals and milestones such as these.

With the club, I had some of my greatest memories. When I became president, it seemed everything revolved around "The Club." I put my heart into this club because of my pride for this club. I truly hope the next person to take on my position will continue the progress we made throughout the years.

I have recently taken on a position with the GCSU as the Communications Director. It is with regret that I inform members of the Glendon Liberals that it is my time to step down as President. I feel it is my moral obligation to step down simply because of the conflict of interest it causes if I take on both jobs.

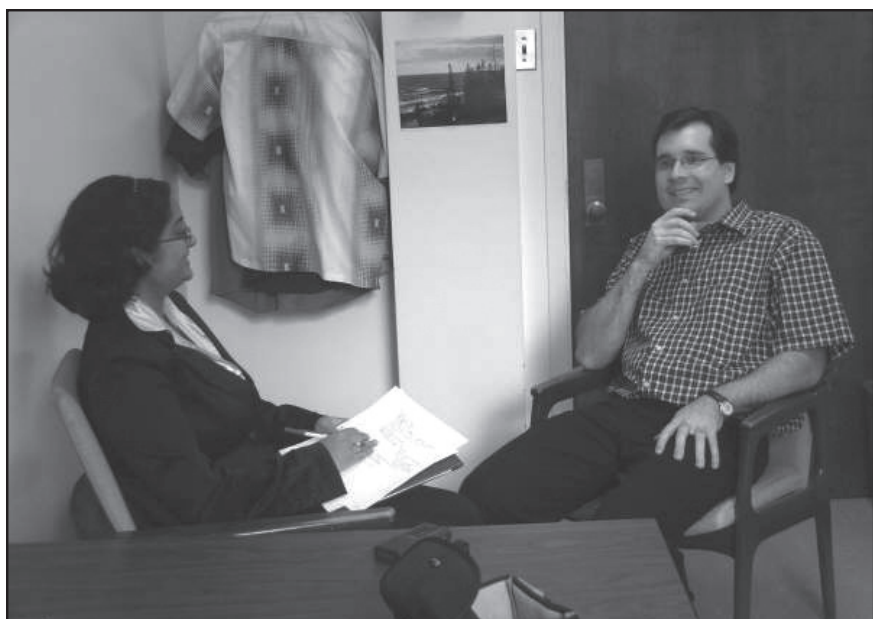
Our executive and membership base is much larger than in the past. Therefore, I feel I am leaving this club in good hands no matter who runs this club in the future. Thank you!

Ken Yam, Former President, Glendon Liberals

Getting to know... Professor Mario Roy

by Ashwini Sukumaran

Photos by Marie-Ève Truchon



"I look forward to establishing my career here."

Glendon has the pleasure of welcoming Professor Mario Roy, the newest faculty member of the Mathematics Department, to our campus this year. So just who is this trilingual (French, English, and German), tennis-loving, chess-playing mathematician?

Born and raised in Quebec City, Professor Roy earned his Bachelor's Degree in Physics and his Master's Degree in Mathematics at Laval University. He spent a year studying dynamical systems at the University of Warwick, England, one of the most prestigious institutions in his chosen field and later moved to Germany to complete his PhD at the University of Göttingen in 2000. Professor Roy then taught at the University of North Texas for one year and following that, at Concordia for two years. He returned to Laval for a post-doctoral fellowship. This year at Glendon marks his fifth year of teaching.

Pro Tem: Why did you choose to come to Glendon?

Professor Roy: Glendon has a reputation as a liberal arts college and it's bilingual. I liked the opportunity to teach in both languages, French being my mother tongue. It also has small classes, which are especially important in Mathematics because of the subject's difficulty level. The smaller class sizes allow me to address the needs of individual students and allow them to overcome obstacles.

Pro Tem: What are your impressions of Glendon so far?

Professor Roy: Glendon has turned out to be what I expected. It's bilingual, small, and my colleagues are friendly. I look forward to establishing my career here.

Pro Tem: When did you first discover your passion for mathematics? For teaching?

Professor Roy: I have always been interested in math, but I believe that I discovered I wanted to specialize in it during my second year of undergraduate studies in physics. As for teaching, I believe that I discovered that in high school when I started tutoring other students.

Pro Tem: Do you believe, as Pythagoras did, that there is a mathematical formula or equation for everything?

Professor Roy: No, because, for instance, there is no general formula for the roots of polynomials of 5th degree or higher. This was proved by a

French mathematician named Galois when he was 16 years old.

Pro Tem: Do you believe there is a connection between mathematics and music?

Professor Roy: It's interesting because I have a friend studying this topic. She is looking at the musical inventions of Bach from a mathematical point of view. She's trying to find patterns in his work in order to produce a mathematical model for music. Some scientists have used some of the discovered rules to mathematically write symphonies. This is all being done from a topological approach. But generally, yes, it seems that people who are good in music are also strong in math.

Pro Tem: Has technology helped or hindered interest in mathematics?

Professor Roy: Technology has helped, there is no doubt about that. In computer games, graphics are created using recursive patterns. This way, there is no need to store huge amounts of information, you only need a small amount of space to store a collection of transformations. Trees, mountains, ferns, etc., that are used for backgrounds in games are created live using these transformations with which you can simulate movement such as the wind moving through trees and leaves. Mathematics as a field is expanding into many different areas. When talking about math and dynamical systems, which is my area of interest, you can see its applications in different fields. Take compact discs (CDs) for example. Information is encoded onto CDs using patterns of zeros and ones – binary units. To optimize encoding, we group binary units in special ways – using mathematical patterns – to reduce errors in reading. This process has been used for both CDs and DVDs and this partly explains why music is of better quality than when recorded on cassettes.

Pro Tem: What, in your opinion, is the most significant mathematical contribution to the world?

Professor Roy: The Theory of Calculus, which both Newton and Leibniz arrived at independently, is the most significant in my opinion. Calculus is used on an everyday basis in many fields: finance, economics, business, the sciences, and engineering, just to name a few.

On behalf of my fellow students, I would like to wish Professor Roy a warm welcome and many pleasant years of teaching at Glendon. ■

What professor would you like to see interviewed? Please send your nominations to: campusliveditor@gmail.com

FEATURE

Glendon Students Deserve an Anti-Calendar

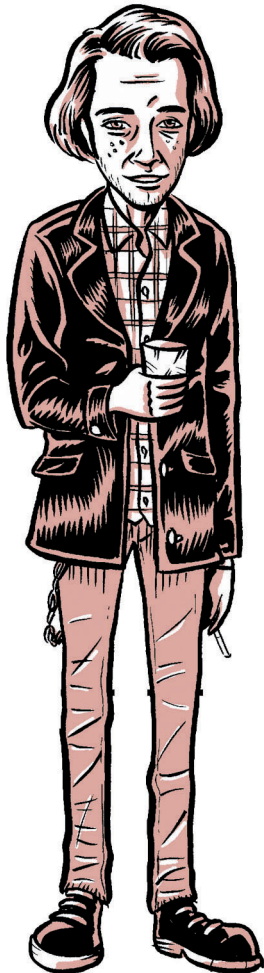
Students here at Glendon have mastered a technique known as course shopping. This typically involves enrolling in a good deal more courses than is needed and then dropping them after the first week of class. Le but principal est que tous les étudiants aient l'opportunité de participer à une classe et de décider s'ils aiment ou non le cours respectif. Ceci serait très profitable pour eux car, dans la plupart des cas, il existe une différence énorme entre le titre et le contenu du cours. The students of the Arts and Sciences department at the University of Toronto found a solution to this problem.

In the early seventies, students from individual departments began collecting surveys at the end of each semester. Ceux-ci étaient complétés par tous les étudiants inscrits dans chaque cours des départements en question. Chaque étudiant devait évaluer le contenu du cours, le professeur et les travaux requis dans le cours récemment terminé. As the years passed, the Arts and Sciences Student Union (ASSU) combined all of the surveys into what would become the world's first anti-calendar. Later, the Dean's office began to financially sponsor the anti-calendar as it became obvious that it could be used as an administrative tool for faculty advising.

L'anti-calendrier est publié chaque année de façon qu'il coïncide avec le calendrier offert par l'université. Les étudiants ont à leur disposition une évaluation de chaque cours disponible dans chaque département. The most important rating that students generally look to as a judge of the course is the retake response. Students are asked whether after having completed the course, they would have taken it again. The response to this question is indicative to the overall learning experience that is gained from the course.

Evidemment, Glendon souffre d'une indigence d'opinions car il ne possède pas d'anti-calendrier. Plusieurs auteurs ont eu à payer des amendes à cause du renoncement aux cours après la date-limite. L'espoir existe encore. The GCSU is aware of this problem and are interested in producing a Glendon anti-calendar. The human resources needed to produce an anti-calendar are great, and as such the union will need student and faculty support to get the ball rolling. Speak to our student union president or academic affairs representative about getting involved so that we can make the Glendon anti-calendar a reality.

For more information about the ASSU anti-calendar visit-



“This Institution will be based on the illimitable freedom of the human mind. For we are not afraid to follow truth wherever it may lead...”

[Thomas Jefferson]

Initially, this article was to be a scathing look into why some professors drive students mad, while others excite in us the feeling that we can pull back the cobwebs in our minds and see the world in a new light. We as students are often so ready to criticize a professor and their lectures, that we forget that they are human. They were once students as we are now, sitting in a course they didn't want to take, staring at the clock and wondering when break would come. Unquestionably they were at times pouring over texts of some particularly interesting thinker, pushed on by a belief that they too could impress their mentor.

The following three professors were chosen according to their years of experience and subsequent diversity in their teaching approaches. Sari Kisilevsky is in her first year teaching as a sessional professor here at Glendon. Professor Radhakrishnan Persaud has been teaching at Glendon for five years and recently received the Principal's Teaching Excellence Award for the academic year 2004-2005. Skip Shand is a retired Glendon professor and is currently teaching Masters level courses at Keele. These professors have helped shed light on the curious nature of the student-professor relationship.

Professors on Professing

Why we prefer or dislike a course stems from whether or not we find the professor's lecture style agreeable. The method in which each professor approaches a classroom is a bi-product of their past experiences as students and their own professional training. As such, students mustn't forget that the professors of today were the students of yesteryears; our mentors once had tormentors and learned from their lessons. Professor Shand- “I appreciate a student who under-

The Evolution of a Professor:

We as students are often so ready to criticize a professor

by Loic Ransom



stands that I'm merely a fellow human being.” Professor Kisilevsky noted that it is “impossible for a professor not to pull from their positive and negative experiences as a student.” As a senior professor, Skip Shand can pull from a history of intellectual growth. “I studied in an era when professors tended to present received unitary opinion about literature, without interrogation, and I do remember feeling alienated and inadequate.” On relation to his teaching style “It seems much more effective to raise issues and open them for discussion, to entertain a variety of interpretive possibilities, to invite students to take earned ownership of their own readings rather than to repeat the professorial position.” Pensively, professor Persaud remarked “I am very mindful of those professors who had a positive influence on

my intellectual development. I remember a very select few professors who disseminated on me an approach to teaching that takes into account a student's diverse needs.”

Professor Kisilevsky reflected from personal experience on what she believes are the polar extremes of professor's lecture styles. “On one hand we have the professor who discourses and digresses from the lectures topic. On the other we have the ‘What's in my pocket?’ professor, who tries to generate conversation by asking constant questions that the students can't answer. I believe the goal is to find a middle ground between the two. The students can reach the answer through discourse, but the correct understanding developed in reaching that answer that much clearer.” Professor Shand remarks that stu-

FEATURE

From Year One and Beyond

and their lectures, that we forget that they are human.



effrobin.hightechhigh.org/index.htm

dents will often chose not to participate in classroom discussions if the manner in which the lecture is carried out doesn't match the student's expectations. "The more magisterial and definitive the style (and we're all guilty of erring in this direction at times), the less invitation there is for students to be actively engaged". As such, the lesson is to "breathe life into the topics under examination so as to ignite a passion for the field of study" as put by professor Persaud, or as professor Shand related "As professors, we cannot forget that the experience belongs to the students."

Students are as integral a part of a lecture as the lecturer himself. Professor Kisilevsky remarks that a good class is best taught "with students actively participating in the collective venture to find the truth of a subject." As students we learn

from their vast wealth of knowledge and they pull from us a better understanding of their own profession. "As you enter the classroom, you ask, 'Who has read the text?' and you see four maybe five hands go up, and immediately you start to reconfigure what you're going to do and modifying your approach to convey the essence of the literature." Next time Professor Persaud asks that question in class you will know what is going on in his mind.

Professors on being Students

For a student, the professor is a figure; an individual who has come to know a subject so in-depth that they have become the living breathing personification of that knowledge. Professor Shand spoke of an understanding

from students, of realizing that 'profs' are human beings. This is perhaps indicative of the fact that students tend to forget that they are still talking to someone who will probably go have a pint with friends after work, go home to a family or watch the game. What we think of them is relative to our understanding of them. Here's a little insight into what they think of themselves and their profession.

"I love my job, as I think everyone ought to do in their endeavours," noted professor Persaud.

"This is my first course here at Glendon. It's a learning experience; each class offers a different environment," remarked professor Kisilevsky on her professional growth. Skip Shand made note of the fact that he didn't really mean to stay. "My plan was to stay for a year while I finished off my dissertation; 37 years later, here I am."

So what about being a professor makes it worth sticking around a small campus like Glendon for 37 years? "I discovered that I really liked the place and its commitment to the liberal arts. [As a professor] I'm relaxed and driven by fresh enthusiasm for a text and the questions it raises." It would seem that our professors are as much students of their professions as we are of their works. Professor Persaud finds himself in this situation frequently, "You talk about this topic as you lecture, and you find something different about it that maybe wasn't there the last time. It's the nature of intellectual inquiry." The relationship that we develop with our professors maybe a love/hate affair at times, but it cannot be said that we do not learn from one another. Professor Shand sums up the relationship as one "where we work together to interpret text in a variety of ways, and to understand where our own individual interpretive styles come from." This is the lesson we both learn together in the classroom, that of understanding one another, or as professor Persaud puts it, "[We] are co-explorers, instructors and students, formally entrusted with the responsibility of accepting and meeting challenges in common enterprise."

What to Expect from an Anti-Calendar

Here are two excerpts from an anti-calendar, taken from the U of T Psychology Student's Association:

Psy 100Y1Y Introductory to Psychology
Instructor(s): M. Wall

Enr: 1205 Resp: 685 Retake: 77%

	1	2	3	4	5	6	7	Mean
Presents	0	0	0	6	20	39	21	5.9
Explains	0	0	0	5	18	41	34	6.0
Communicates	0	0	0	3	14	37	43	6.2
Teaching	0	0	0	3	14	40	40	6.2
Workload	0	0	2	30	32	22	10	5.0
Difficulty	0	0	2	29	33	24	8	5.1
Learning Exp.	0	0	2	19	24	32	19	5.5

"Great", "excellent", "amazing" and "outstanding" were just a few words used to describe Wall. Many students enjoyed Wall's enthusiasm, humour and ability to clearly communicate the material.

The course itself was seen as being very interesting, and a number of students credited this course and its instructor with convincing them to continue in Psychology.

Although some found the textbook an excellent and valuable source, many felt that too much reading was required. As well, the tests were perceived as being difficult, especially the short-answer questions which many felt asked for very specific details. Suggestions for improving the course included having live tutorials and alternate forms of evaluation.



Psy 201H1F
Instructors(s): I. Spence

Enr: 207 Resp: 150 Retake: 15%

	1	2	3	4	5	6	7	Mean
Presents	2	1	4	20	30	32	8	5.1
Explains	3	4	10	26	32	18	6	4.6
Communicates	2	0	4	8	34	32	18	5.4
Teaching	2	1	4	18	34	30	8	5.0
Workload	0	0	4	42	37	10	4	4.7
Difficulty	0	0	4	38	30	21	6	4.9
Learning Exp.	5	7	11	52	12	6	3	3.9

Spence made the dry and dense material interesting with his interactive and organized lectures. Students also appreciated the online tutorials, however, more office hours would have been helpful. A number complained about the length of class time, 3 hours, as being inappropriate for a statistics class and some found the lectures too fast paced.

WRITER'S CRAFT

Voices Unheard - Robert Deakos

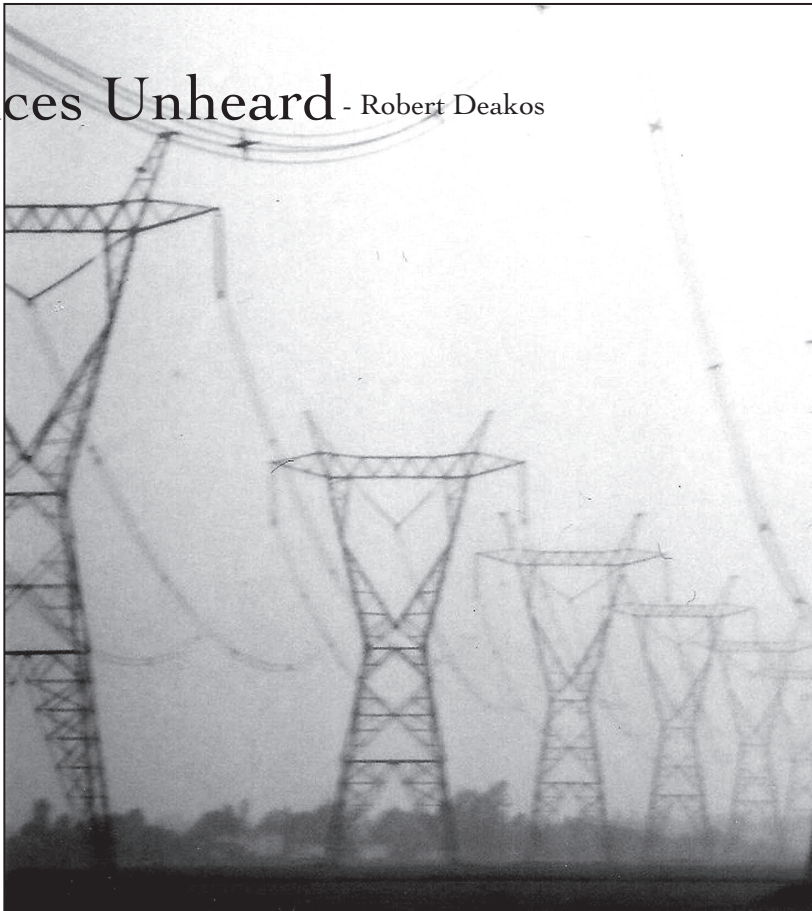


Photo by Patrick John Tomlinson

01.10.05
Kensington Market
3:13 a.m.

The air is warm and still. The bars are closed and the streets are empty. Garbage and abandoned market stands line the streets. Stacks of wood boxes sit waiting to be collected. A light breeze gently picks up an abandoned newspaper. Off in the distance neon lights disturb the night sky. The mood is calm.

"Hey! Excuse me."

My eyes looked up from the pavement.

"Do you wanna buy some art for a dollar?" "Sorry," I replied, "I don't have any change."

The crack in my voice was far from convincing. "Come on, man... everybody's got some change in their pockets. All I'm asking for is a dollar." Out of the shadows a young girl appeared. The disheveled look of her character made me nervous. My pace quickened. "Hey, check this out. I made these figurines out of pop cans. They're cool and only a buck each." The girl reached into her pocket and pulled out three gnarled aluminum statues. With a slight of hand the transformed metal resembled quite faithfully the subtle awkwardness of the human body. "They are quite handsome, but I'm sorry I really don't have any change." Undeterred by my response the girl jogged up to my side and let down the green hood that was covering her head. The dim light revealed a young face no older than 25 years. My eyes fixed upon her beautiful black skin. "Shit, man. You spend all your money at the bar? What about a smoke... I bet you got at least two cigarettes in your pocket."

She was right. I pulled out my pack and handed a cigarette to her. I then put a cigarette in my mouth and lit it casually.

"You know, on a good day I can sell thirty of these figurines."

I noticed a change in the girl's tone. She seemed quite proud of her work.

"Where did you learn to make those?" I asked.

"Right here in the market. You see how all these shops leave their blue boxes out at night. I have an unlimited supply of cans."

Considering the young girl's enthusiasm, I glanced at the garbage spilling into the street ahead of me. For an instant the waste appeared differently. No longer did the garbage seem to be useless waste. Instead, I saw nothing but the result of wasteful actions.

"You know, I see all the people come here in the daytime buying things they think they need." The girl had put the figurines back in her pocket and was now paying full mind to the cigarette balanced between her fingers. "People can buy whatever they want. But take my word for it, if most people really did have a sweet clue about what is essential in life, I mean what is really important, there wouldn't be so much garbage waiting to be picked up."

"What do you think we should do about all this garbage?" The question tumbled impatiently from my mouth. I immediately felt stupid for asking it. "We should think more about how we shit." I figured she was annoyed by my dumb question. "When you eat something you shit part of it out, right? Well, when you buy something quite naturally you will have to throw part of it away." I turned my head to gaze into the girl's dark eyes. Unphased by my regard, she continued: "If we thought more about the garbage that is produced by the products we want to buy, before we buy them, than I think we would buy less things, and the things we would buy I think we would use better." We had reached the end of the market. The car noise of St. Clair avenue was now all around. The neon lights appeared depressingly bright and foreign. I took one last drag from my cigarette and turned to walk uptown. "I'm heading this way."

"I'm sticking here bud, thanks for the smoke." With a quick exchange of glances I bid farewell to the stranger. Walking, I continued to think of the aluminum tin can bodies. Bemused, I flicked the cigarette I was smoking into the street.

Shrapnel Costumes

By Stefan Ravalli

Inside the desert island ruckus of London, ON
Alpha Tai Sigma sat in Circled Reflection,
Coughing worried ideas through the blind of candlelight beards
Speaking into blackness like satellites, and waiting,
For something better than here and now
Waiting with the same blank anxiety as the outside club line-ups dangling in a great
Wonderland™-ride yawn.

I dropped MDMA-potency jingo bombs,
And their hands ruttet with applause,
For once united and forgetful of each other,
Letting ebb the in-politics torn off Manikins, Manikins, Manikins
Who would gesture in the buzzing shop windows between Hollywood and the loins,
All wearing a different cut

To every member another member(s) flapped
Like the fatty linen edges of a bad fit,
The Skulls Guys demanding spiritual unity,
Cloaks and chants of oversophistication,
Money and alumni support from the vanishing Bay Street subterranean mallwalkers
The cultural womb of old ATS

The Boiler Room Guys ran hockey pools
With suits and briefcases in Rez cafeterias
And Gentleman's Nights™
Themed with giddy recklessness
Slinging cards and bedding blackjack bets in five to ten dollar increments
Of their parents' money

The Old School Guys hacked at pledges
With Old School character types
With will-stretching Old School hazes
And quotes from Old School far beyond acceptable frequency
Stopping finally after a citation-cum-yank-down-cum-drawn-line
At an Xmas Ball speech

The Fight Club Guys plotted vicious pranks
On other frats
And a schism from its own,
Never following through on either
Resorting to fresh-member-bashing with the same crumple-and-throw
Of badly-worded complaint letters

And the Just-Plain-Weird Guy
A full-uniform soldier at the Hallowe'en Party
Gun with ammo-sash, grill-mark face paint and Hartman yell-voice
Barking ATS lore
Candle-blowing on the birthdays of Founders, 170 years young
Confederate and fundamentalist Christian

Racist thrones on fireball comets
Across topographies of time
Image cousins to KKK icons, reproached only by denial
Begging never-mobilized backlash
From the climbing ivory-, to olive-, to chestnut-skinned homeostasis of Brothers
All roaring and cheering as I say: our battles are universal

The battles against heavy-gutted boredom
Waiting to threshold-skip
To the Manikin-filled room
Of only the time-killing populous, meditating better windows
Of anthropomorphic marble that sparkle in the eyes of the outside world
Inside the desert island ruckus of London, ON

Rush Hour
Tia Brazda

Blue-collar solitude
Thoughts lost at the last light
Our early evenings are transparent

Invisible in the production lines
Of subways and traffic jams
On Yonge St.

Devoid of life signs
Just stop signs
And go signs

A hapless parade
Of black and blue
Beating the earth

A weaving mosaic
Hues softened by exhaust
As we fade into traffic lights



Montreal is Me/Montreal est Moi

by Desmond Devoy

Inspired by the author's trip to Montreal in April, 2004.

*Seated at La Symphonie,
The notes perform before my ears,
And in my mind, paint pictures of
Nature's colourful harmony.*

*Daffodils, yellow flecks in
green pastures*

*Stars, white specks in the
black night sky,
That punctuate the darkness
Like periods on paper...*

*Silvery caps sit atop majestic
Blue waves*

*The words of the chanteuse,
In English and en français,
Can bring us all in and fuse
Us all together when we play.*

*For poetry, inspired by a song,
Makes me stop and wonder,*

*"Can't we all just get along?"
How close we've come to it all
Being rent asunder.*

*Walking to my Fabergé,
Along Boulevard René Levesque,
My travel-weary eyes did see,
As I neared the end of my trek.*

*Fluttering in the breeze, Concordia,
Mont Royal's proud flag stood tall,
Representing one and all.*

*Fleur-de-lis, shamrock,
Thistle and rose.
Upon this island placed their stock,
A land they all chose.*

*From Verdun to Pointe St. Claire,
Atop Le Plateau, to Stade Olympique,
The Old Port to Ville Marie's shops so chic,
An island for all to share.*

*The optimistic Expo grounds,
The materialistic Le Casino,
The cross above,
The city below.*

*Though I'm just a visitor,
Seeing the other side of the fence,
Here in Montreal, this thing
Called Canada, finally makes sense.*

Ruin Me
By Christina Sibian

No shield, ruin me 'til your day is done.
The fury thickens in congested pores.
Scorn; slash, with rage and then with ruthless tongue.

I will wait there exposed, the pierced by sun.
The gull, released, along the blue, it soars.
No shield, ruin me 'til your day is done.

Racing throughout your tackled mind, the gun.
The threats it reaps, in fear of threat from sores.
Scorn; slash, with rage and then with ruthless tongue.

A curse, to my fortune, I see you've won.
Vengeance sets you apart from me, these scores.
No shield, ruin me 'til your day is done.

I lay await, the father, the ghost, the son.
You stand, your wings numbed, these wars.
No shield, ruin me 'til your day is done.
Scorn, slash, with rage and then with ruthless tongue.

Writing contest deadline has
been extended to

November 22, 2005

Send any poetry/short
fiction/creative non-fiction.
Submissions must be **under
750 words**. One entry per
person. Please paste entries
into body of email.

**FIRST PRIZE: \$20 Gift
Certificate to Book City**

Chère Thérèse - Marisa Baratta

Bonjour, comment ça va? J'espère que tu es contente. Je ne peux pas dire le même pour moi. La guerre est horrible. Je regrette beaucoup d'avoir décidé d'aller à la guerre, mais il est mieux de savoir que je n'ai pas été forcé à le faire, comme le sont les hommes maintenant. J'ai entendu que les Canadiens français étaient extrêmement fâchés contre la conscription, et qu'il y avait une grande émeute en Québec. Est-ce que c'est vrai que des gens ont été tués? Comment est-ce que nous pouvons arrêter la guerre quand il y a effusion de sang dans notre propre pays? Quand même, je dois dire que nous avons besoin de cette conscription. Les hommes doivent participer à la guerre pour combattre ce monstre.

La bataille de la Somme a été un cauchemar. C'est le pire désastre de toute l'histoire militaire de l'Angleterre. Je n'ai pas participé à cette bataille, et j'en suis reconnaissant - j'ai entendu que, de notre côté, on était sûr qu'ils allaient gagner, mais l'attaque a été mal planifiée. Ces hommes sont morts sous la direction de Douglas Haig. Les Allemands ont fait une chose impensable. Ils ont utilisé du gaz! Un soldat m'a dit « Soudain, nous avons vu un nuage de gaz d'un brun jaunâtre s'élever. Il devait avoir entre quatre et douze pieds de hauteur et ne s'élevait guère du sol à moins d'être attiré par le vent. » 420,000 ont été tuées, y compris huit mille canadiens, et six mille soldats furent tués le premier jour. Tout le régiment de Terre-Neuve a été massacré dans une demi-heure! Les gens de Terre-Neuve vont se

souvenir du premier juillet pour une raison complètement différente de la célébration de la naissance du Canada.

Je suis malheureux sans ta présence, et les conditions des tranchées ne sont pas exactement des meilleures. Mes compagnons et moi, nous devons y manger, y dormir, et s'y battre. Les tranchées sont couvertes de boue gluante et parfois, quand il pleut, il y a de l'eau jusqu'à la taille. Les hommes attrapent des maladies des rats et des parasites. L'odeur est intolérable. Je ne me suis pas lavé depuis quelques mois. Je peux seulement rêver de la journée où je vais prendre un bain avec de l'eau chaude.

Les hommes ne le disent pas, mais nous sommes effrayés, particulièrement durant la nuit. Les tranchées ennemies ne sont que de vingt-cinq à cent mètres de distance, et nous pouvons entendre tout ce qu'ils disent. Il y a des attaques fréquentes durant la nuit, et il n'y a pas une seconde qui passe sans que je pense que je vais mourir. C'est effrayant de vivre sous la peur chaque minute du jour, chaque jour de sa vie. Quelques soldats sont devenus fous, et ils souffrent de dépressions nerveuses. Je prie chaque nuit pour que je survive à la guerre, pour que je puisse te voir encore une fois.

J'ai perdu ta photo dans l'eau, mais je ne pourrai jamais oublier ton visage.

J'espère que tu pourras m'envoyer une autre photo quand même. Je pense à toi chaque jour, et chaque moment pourrait être mon dernier.
(à continuation...)

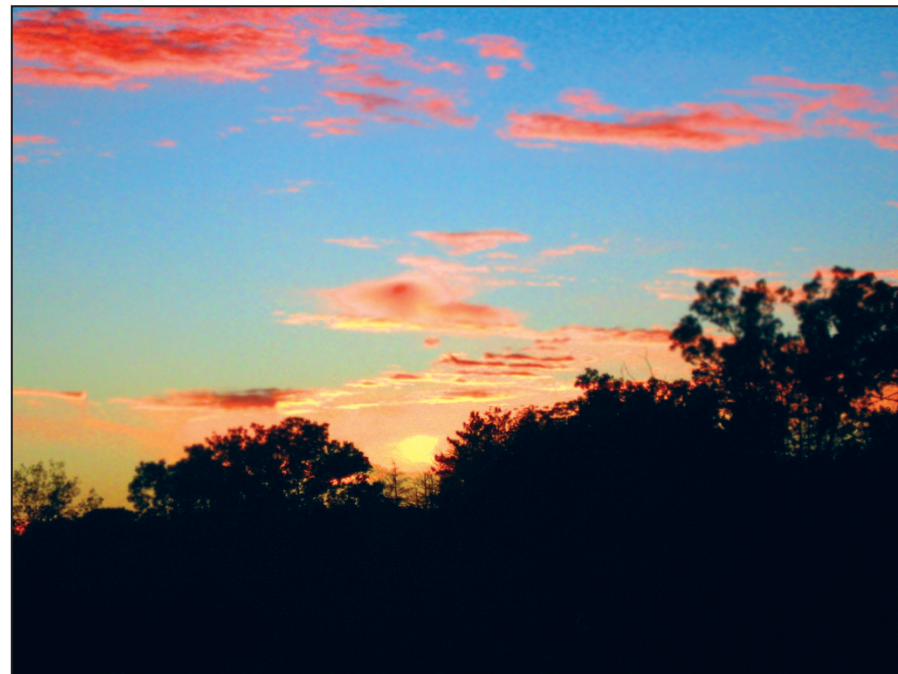


Photo by Angelique Lazarus

K. M. G.

*the revolving door of trauma I keep seeing the same
glass I feed*

>Neighbourhoods

Queen Street: The Crown of Toronto

by Tia Brazda Metropolis Editor



Photo by Tia Brazda

"Queen West isn't only alive during the daytime - it really wakes up at night."

Welcome to Queen Street West, the heart of Toronto's entertainment district. Chances are, even if you are not from Toronto, you are familiar with this famous street. Affectionately called Queen West, a visit to this shopping and entertainment area is an adventurous way to spend a day. Whether it's new clothes, live entertainment, or tasty food you are in search of, there are enough options here to satisfy even the hardest to please. In terms of shopping, Queen West has enough stores to be considered an outdoor mall. There is a diverse mix of both chain retail stores such as Aritzia, Aldo and Le Chateau to the unique independent boutiques that line the block, such as Spoof, Tribal Rhythms and Black Market.

Queen West isn't only alive during the daytime - it really wakes up at night. One hotspot is The Rivoli located at 334 Queen St West. With two floors, this Toronto

favorite boasts a restaurant, pool hall, nightclub and theatre. On the weekends you can hear catchy local acts, such as Factor Fiction and The Munroes, playing to a crowded house (check out www.therivoli.ca for upcoming events).

Another place to check out is the Horseshoe Tavern, a landmark since 1947, located at 370 Queen St West. It seems that every famous band has passed through here on their way to the top, so come here on a Friday or Saturday and see future superstars for under \$10.

If jazz music is more to your taste, then discover the Rex Hotel Jazz and Blues Bar, located at 194 Queen Street West. A staple since the late 80's, The Rex has a large outdoor patio (fully equipped with speakers so you don't miss the music inside) and a great menu of old-fashioned pub-grub. Not only legendary local musicians, but also superstars such as Ani DiFranco, Slide Hampton, and Harry Connick

Jr. have been known to grace the stage. You can check out their upcoming listings at the www.rex.ca.

The central attraction to Queen West is Canada's music television headquarters, Muchmusic, located at the intersection of Queen and John. Walking by, you might be lucky enough to see your favorite rock star doing an interview. On occasion Muchmusic sets up a stage on the street, where they host celebrity meet and greets, as they did recently when Ashlee Simpson was in town. If you are feeling extra adventurous, then why not hop into the station's Speaker's Corner booth to say what's on your mind? With so many things to attract you, make sure to go see Queen West for yourself.

To visit Queen West, simply get off at Osgoode subway station, exit onto Queen St. and walk west.

TRUE STYLE UNLEASHED

by Andrea Palichuk Fashion Columnist

"A functional, yet versatile wardrobe can be spiced up with cheap accessories and interest pieces to create a truly fashionable look."

The key to saving money when shopping lies in selecting complementary pieces that serve different functions and cater to more than one colour scheme. For example, if you like to wear earthier tones as well as cooler tones, such as blues, try a denim jacket or a richly-coloured blazer, like burgundy or emerald, instead of a black one, as they can be worn with both colour schemes. A wardrobe should be an accumulation of mixable elements; therefore, shop in pieces rather than outfits. Think about the clothing that you already have in your wardrobe, and ask yourself if the piece you would like to buy would fulfill a required function in your wardrobe and pair well with the pieces you own.

To truly spice up your style and add a unique flare, incorporate accessories like pins, ties, and jewelry. Be creative and try using pieces in different ways. You could glue a safety pin to the back of an old clip-on earring to make a Victorian-inspired brooch to clip on to a toque or a blazer. Looking for ideas? You can head to your grandmother's jewelry box, a thrift store, or even a bead store. For anywhere between five and ten dollars, with a piece of string, some colourful glass beads and a few knots, you can make a long bohemian-style necklace to spunk up a plain t-shirt.

You can also use things like graphics-covered t-shirts and interest pieces to make a statement. Try making your own shirt by drawing on a cheap men's undershirt from Zeller's with a sharpie, or, if you're handy with a needle and thread, sew a few buttons onto the shoulder of a t-shirt. Head to stores like Urban Outfitters at Yonge and Shuter, or Winners on a Thursday afternoon, where frequent sales let you pay as little as five dollars for a shirt. With some rummaging, you can find some eye-catching designer pieces at decent prices to add some new life to your wardrobe.

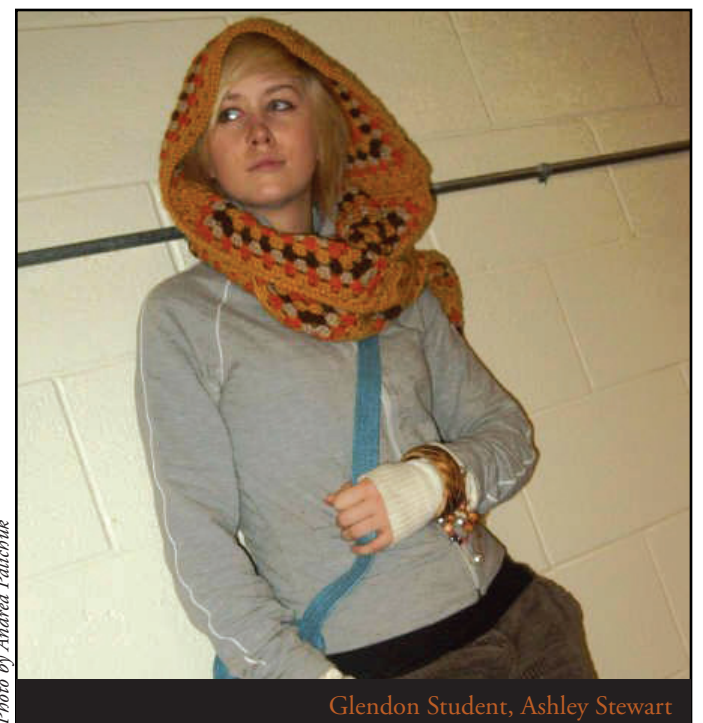


Photo by Andrea Palichuk

Glendon Student, Ashley Stewart



“Les Glendoniens ont chanté toute la nuit!”

Photo by Céline Castonguay

Tu rêves de vivre tes 5 minutes de gloire?

by Céline Castonguay

Voici ta chance! Tu as une peur bleue de la scène et des karaokés? Il faut apprivoiser ses peurs dans la vie! Peter Stiles, le DJ au superbe chapeau de cow-boy, vous accueille au Gladstone Hotel le jeudi, vendredi et samedi soir pour ses soirées karaoké. Vous y retrouverez des gens de tous les âges, de tous les styles, allant du vieux couple qui vient aussi toutes les fins de semaine au groupe d'étudiants qui désirent seulement passer une bonne soirée. Le catalogue de chansons est bien épais, vous y retrouverez un peu de tout allant des plus grands succès de Michael Jackson aux mélodies les plus récentes, en passant par les grands classiques du karaoké. Attention: peu de choix vous sont offerts en langue de Molière et de Cervantès!

Une belle ambiance règne au Gladstone. Vous pourrez chanter sans peur de vous faire

huer, car il s'agit d'un karaoké amical où le seul but des gens est de s'amuser!

Les fins de soirée vous réservent souvent de belles surprises! Après avoir donné notre petit papier, on s'est fait appeler pour chanter Hey Jude des Beatles. Quelques Glendoniens sont donc montés sur la scène puis, dans un élan de solidarité, d'autres personnes les ont rejoints! C'était malheureusement la dernière chanson de la soirée, il était temps de rentrer!

Pourquoi choisir ce bar karaoké plutôt qu'un autre? C'est difficile à expliquer, mais après une seule visite, vous comprendrez!

Gladstone Hotel, 1214 Queen Ouest, rendez-vous à la station Queen puis prenez le tram sur Queen direction ouest, arrêt Dufferin. Tram et bus de nuit (24h) à votre disposition pour le retour. Téléphone 416-531-4635.

Come Play at Steve's Music Store

by Tia Brazda



www.electrickenquith.com

If you are a musician yourself or have ever considered becoming one then you need to check out **Steve's Music**, located at 415 Queen St. West. This music store has a reputation like no other; whether you are looking for a kazoo or a guitar, you can find it all at this legendary shop. What separates Steve's Music from the rest? "Unlike our competition who have salespeople working for them, here at Steve's we have artists" says staffer Andy Martin. And it shows; low pressure sales, reasonable prices and a jam room for shoppers makes for a casual environment that has kept customers coming back since the 60's. Although Steve's specializes in guitars such as Fender, Gibson, and Anderson, they also have a wide variety of keyboards, speakers, pedals and even ukuleles. Steve's is a musical candy store with an extremely cool and helpful staff so next time you are in the area, make sure to come in and say hi to Andy!

You can view their website at www.stevesmusic.com

International Project Management

TAKE IT TO THE NEXT LEVEL

Postgraduate

Take your degree to a whole new level of success.

Learn to manage international development projects overseas.

International Project Management is the only postgraduate program in Canada that shows you how your degree can change the world.

Call 416-675-6622, ext. 3032 or email rupen.das@humber.ca for further information. Apply for all Business School programs at the OCAS web site - www.ontariocolleges.ca

Seating is Limited!

APPLY NOW!



HUMBER

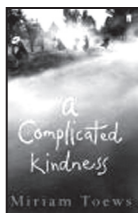
The Business School

www.business.humber.ca



ARTS & CULTURE

A Mennonite in Limbo



A Complicated Kindness by Miriam Toews
Counterpoint Press, 253 pages
Reviewed by Jennifer Capano
Odds & Ends Editor

Sometimes it is hard to imagine a writer sitting at her desk and eloquently putting on paper a work of fiction that is so darkly humorous it is impossible to put down. Miriam Toews, *A Complicated Kindness* is realism at its most extreme, and makes this reviewer proud to be an aspiring Canadian writer.

This story's realism is darkly funny and filled with imaginative qualities that make it seem as though the main character is sitting in front of the reader narrating as opposed to feeling oppressed by mundane dialogue.

Set in southern Manitoba, *A Complicated Kindness* follows the disgruntled mennonite, Nomi Nickel, as she struggles to deal with her sometimes bogus faith and the absence of her runaway mother and sister, whom she refers to as, "the better-looking half" of her family.

Forced to deal with her imaginary

reasons for their absence, Nomi takes us on a journey through what the human mind is capable of accepting, and what it is desperate to change. Nomi finds herself struggling with taking care of her father and her overwhelming desire to be a part of the bigger picture.

If you're looking for a fast paced, edge of your seat thriller, you won't find it with *A Complicated Kindness*. It is more about lively observations than actual dialogue and plot, in fact, there isn't even a real dialogue. Don't go looking for quotation marks because you won't find any. The whole story doesn't even really come together until the ending, which happens to be one of those endings that make you sit back and say "Ah, now I get it."

A word of advice when reading this novel, don't bring it on the subway, or to any other public place for that matter. When you burst out laughing and people look at you like you're crazy then you'll



www.chfestival.org

understand why. This book is hilarious, simply because it is relatable. You won't stop laughing from beginning to end. It is an unforgettable story that does something which many stories cannot do; it leaves the reader with a bounty of observations that mimic a resounding truth for all our lives.

If you enjoy reading *A Complicated Kindness*, you should check out *Something Borrowed* by Emily Giffen and follow it up with *Something Blue*. They come from the Chick-Lit genre and you'll be up all night laughing with these brilliant page turners.

House of D has Windows to the Soul

Reviewed by Loic Ransom

Not often have I ever had the opportunity to smile and laugh while watching a movie that is so horrid by nature. Such is the experience with the "House of D". Three aspects of this film make it stand out from all the regular ragtag bunch of dramas available at your local Blockbuster.

First, it must be said that Anton Yelchin's debut is perhaps one of the greatest young actors' debuts since Christian Bale graced us in *Empire of the Sun*. This boy-genius strikes us with eloquent deliverance of honest teenage angst, without becoming melodramatic. His deep acting talent is capable of interchanging tragedy and elation in the blink of an eye without leaving the audience questioning how one could so easily move between the two. This is talent at its youngest and best.

The second reason this movie is unquestionably worth watching is Robin

Williams's skill-driven portrayal of a mentally handicapped individual. This is not something new to cinema, as the mentally challenged have been portrayed by such vaunted acting minds as Dustin Hoffman (*Rainman*), Sean Penn (*I am Sam*) and John Malkovich (*Of Mice and Men*).

What makes Williams so engaging as a 'retard', as he's continually referred to in the film, is that he is just not that retarded. Hoffman was a savant, Penn was a driven father who would not be hindered by his handicap, Malkovich was a monstrous man-child, and Williams is a janitor. At times, while watching the movie one forgets that his character is in-fact handicapped and assumes instead that his innocent ways are simply the manufacturings of a simple minded person. Then, the brilliant script takes over and Williams reminds us of the intellectual gap between the viewer and

his character. At times we laugh with him, and others we cry because of him.

It is this ingenious scriptwriting and in-turn directing that forms the final reason why this movie is doubtlessly worth two hours of your life. After all that I have said, it may come as a surprise that this movie is written and directed by none other than Mulder himself, that is, by David Duchovny. It sure surprised me. I would not expect the most irritatingly boring speaker ever to grace the small screen with such a touching and wonderful story. Whether he had Williams or Yelchin, I believe that Duchovny could effectively direct anyone to perform this script since it was so close to his heart.

This movie is based on his own personal experience with his "Neighbourhood" and the inmates at the "House of D" (rent it and find out what it is...no spoilers here). As I never saw the trailer for this film and rented it only because Robin Williams was on the cover, I can only assume that the press would for once hit this one right on the button and label it- 'the feel-good movie of the summer'. That it was.

Rejoignez le coin-culture en novembre...

Danse

African Dance Show & Party
le 11 novembre
Cottage Lounge
1220 Rue Danforth

Ballet Flamenco Jose Porcel

le 16 novembre
Massey Hall
178 Victoria St.

Le lac de cygnes – Ballet National du Canada

16 – 20 novembre
Hummingbird Centre for the Performing Arts

Littérature

Annual Book Arts Fair
le 27 novembre
Ontario College of Arts and Design
100 Rue McCaul, Salle 235

1001 Nights of Storytelling

16 jan 2004 – 16 jan 2006
Innis College Café
2 Rue Sussex

Musique

Artistes du Conservatoire Royal
le 10 novembre
Glenn Gould Studio
250 Rue Front W (étudiant 10\$, adulte 20\$)

David Buchbinder's Shurum Burum CD release party

10-11 novembre
Bar Rex Jazz
194 Rue Queen W

Sinfonia Toronto Masterpieces Series Concert

le 12 novembre
Glenn Gould Studio
250 Rue Front W

The Toronto Blues Society's 19th Annual Women Blues Revue

le 26 novembre
Massey Hall
178 Victoria St.

Arts visuels

Twelve Trees 2005 Gala and Auction
le 15 novembre
McKinsey & Co.
110 Rue Charles W (175\$)

Whodunit? OCAD Mystery Art Sale

15-19 novembre
Ontario College of Arts and Design
100 Rue McCaul, Salle 235

Body of Work

11 novembre – 3 décembre
Al Green Sculpture Studio School
64 Merton St. Théâtre

Tempest Theatre presents Shakespeare's Macbeth

1-11 novembre
Theatre Al Green
750 Rue Spadina

le journal bilingue de Glendon

8 novembre 2005

Otto Nicolai: "The Merry Wives of Windsor"

10-13 novembre
Theatre MacMillan
80 Queen's Park Crescent (adulte 26\$, étudiant/
aine 16\$)

Stori Ya

8-13 novembre
Harbourfront Studio Theatre
Queen's Quay (adulte 23\$, étudiant/aine 18\$,
groupes de 10+ 13\$)

Festivals*One Minute Film and Video Festival*

le 24 novembre
Cinema Bloor
506 Rue Bloor W (Bloor et Bathurst)

Reel Asian International Film Festival

23 – 27 novembre
maintes locations

Toronto Sketch Comedy Festival

24 – 27 novembre
Hotel Gladstone
1214 Rue Queen W, (12\$/presentation; 10\$
groupe de 15+)

Artisanat*Sumi-e: Insights in Ink*

12 – 13 novembre
Centre Culturel Japonais – Canadien
6 Rue Garamond

"Christmas in the Bag" Annual Craft Sale

27 novembre
Applewood Shaver House
450 The West Mall

One of a Kind Christmas Show and Sale

24 novembre – 4 décembre
National Trade Centre, Exhibition Place
100 Princes' Boulevard

Pow-Pow, t'es mort !

par Pier-B Tremblay

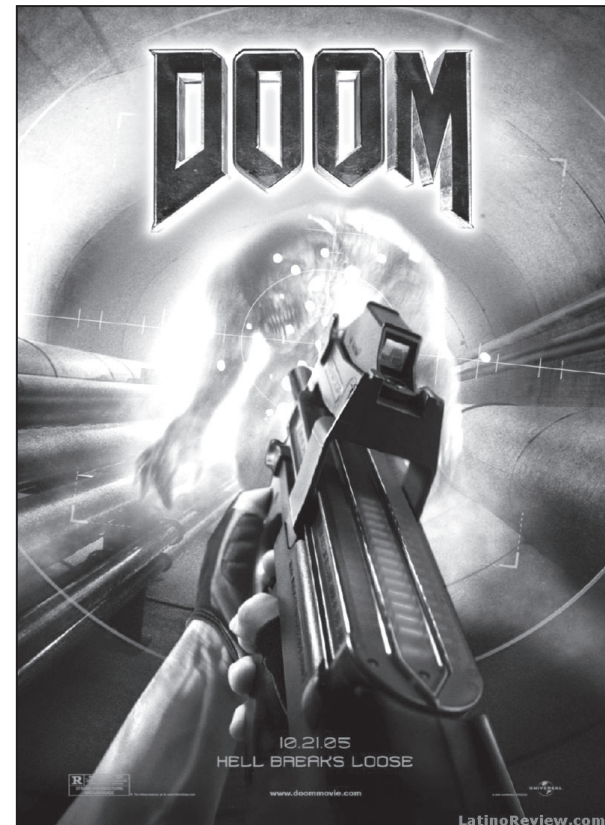
Il y a une nouvelle mode chez les producteurs de films hollywoodiens qui consiste à faire des films ayant une base de jeu-vidéo. Après «Final Fantasy», «Tomb Raider» et «Aliens VS Predators», le nouveau-né du même genre est «Doom». Le film porte le nom du jeu original. Le jeu-vidéo est le pionnier de sa catégorie. Depuis sa sortie dans les magasins en 1993, «Doom» est le père des jeux «First-person shooter».

Ce type de jeu consiste à incarner un personnage quelconque et à évoluer dans un univers 3D avec une vue oculaire. Cela signifie que nous voyons par les yeux du personnage, avec, devant lui, le canon de son arme, et l'action qui se déroule autour de lui. Vers la fin du film, il y a quelques minutes qui sont consacrées à cette caractéristique particulière du jeu. La caméra se place dans la tête du personnage quand il court pour sauver sa vie et qu'il tue tout ce qu'il voit. D'après moi, c'est une manière intéressante de rendre hommage au jeu.

Révolutionnaire à sa sortie, «Doom» fit scandale par son ambiance macabre et son objectif rudimentaire mais brutal: massacrer des monstres infernaux dans

un environnement science-fiction. Cette dernière phrase résume avec précision le contenu du film. Le long-métrage n'a pas une grosse histoire compliquée mais il est très intéressant si vous ne voulez pas trop penser un vendredi soir et que votre blonde est occupée.

S'il vous plaît, messieurs, n'allez pas voir ce film avec votre douce moitié parce qu'elle ne vous trouvera probablement pas drôle... Si je voulais résumer le film en quelques mots seulement, j'utiliserais les suivants ; sang, gros fusils et testostérone. J'allais oublier de dire que The Rock m'a grandement impressionné. Il n'est pas très difficile de faire de meilleurs films que ses films antérieurs, mais je l'ai enfin vu en tant qu'acteur et non lutteur à la «WWF». Malgré le fait que les acteurs offrent une



prestation convenable et que le contenu du film est divertissant, je vous conseillerais de ne pas dépenser plus de 5\$ sur cela et d'attendre qu'il sorte en DVD. Ce n'est pas le genre de film à effets spéciaux qui doit être visionné sur le grand écran.

Human Resources Management

TAKE IT TO THE NEXT LEVEL

Postgraduate

Take your degree to a whole new level of success.

After just two semesters, you'll be able to apply your knowledge, skills and management tools to any human resources department.

Humber can prepare you for professional designation/accreditation by the Human Resources Professionals Association of Ontario (HRPAO).

Call 416-675-6622, ext. 3381 or email graeme.simpson@humber.ca for further information. Apply for all Business School programs at the OCAS web site - www.ontariocolleges.ca

Seating is Limited!**APPLY NOW!****HUMBER**

The Business School
www.business.humber.ca

Reggaeton Taking Over

by Ryan Bonimy
Canadian University Press

The first Reggae recordings in Latin America were made in Panama in the mid-1970s. A large number of Jamaican immigrants had been brought in during the building of the Panama Canal and they brought with them Reggae music to the local population.

In 1985, rapper Vico C from Puerto Rico produced the first spanish-language hip hop record. Thus the two main influences of the genre were in place, as well as the two main producing countries. Today the music flourishes equally in both countries and has also spread to the rest of Latin America, including Colombia.

Reggaeton today has only grown in size over the past few years and is starting to reach international recognition.

Most recently, artists from Puerto have grown to be immensely popular on the island and outside, biggest of all being Tego Calderón, Don Omar, Wisin y Yandel, Héctor y Tito, Daddy Yankee, Zion y Lennox, and Ivy Queen. They are the most demanded reggaeton artists in Puerto Rico, and most of Latin America. All have performed massive concerts in Puerto Rico and are the ones credited with bringing it into the mainstream and allowing it to become more commercial and embraced by the public that had chastized it in its beginning.

Reggaeton is also beginning to amass a large following in areas such as Florida, New York, the Boston area, Chicago, and small pockets of the USA where the latino population is sizeable or where there is a large club scene.

Large music companies are taking notice. Sony Music has signed significant deals with artists such as Buddha's Family, Mickey Perfecto, and Noztra. Universal Music is also one of the major distributors of the genre in and outside Puerto Rico. They have deals with most of the large production companies of reggaeton on the island.

Don Omar recently headlined a concert in South America alongside international dancehall artist Sean Paul, worked alongside the famous merengue band Limi-T 21. Other artists have had high profile collaborations with other artists outside the reggaeton genre, most notably: Tego Calderón with Fat Joe, Wyclef Jean, Cypress Hill, Nina Sky, Toño Rosario, and 50 Cent. He is also the official face of Hennessy in the Latin American market. Ivy Queen's next album has songs alongside Sean Paul, Beenie Man, La India, and Fat Joe. Daddy Yankee has a song alongside Nas.

HEALTH & WELLNESS

Mercury Found in Flu Vaccine

by Kyla Jones

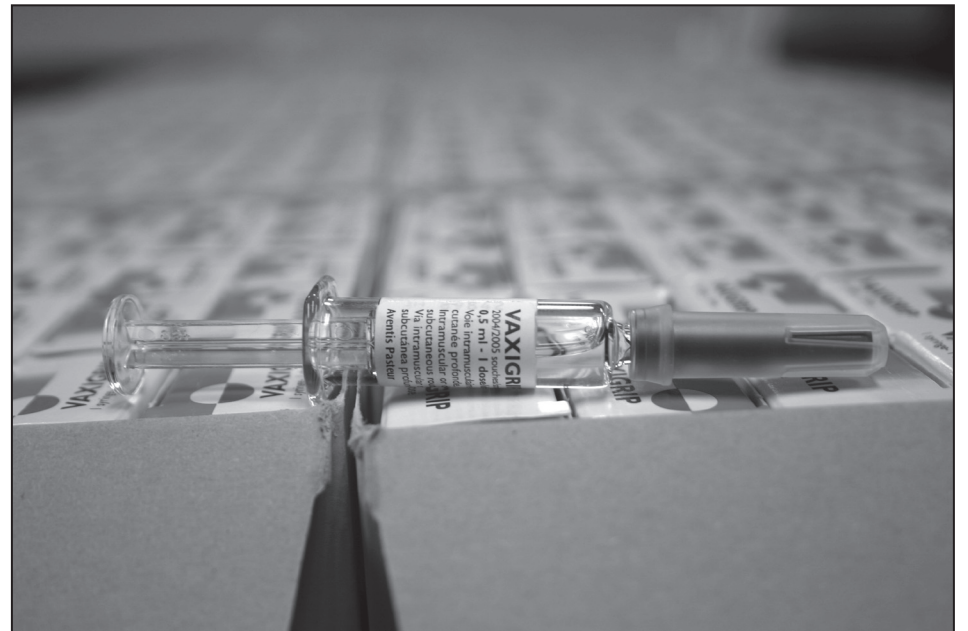
Winter is coming, and with it the impending threat of catching the flu. The Flu, influenza, is a respiratory tract disease marked by fever, sore throat, and muscle aches. Thousands of people in Canada alone die each year. Modern day medicine, however, has produced a vaccine. Each year government agencies encourage the vaccination of the general population and strongly advise the vaccination of those in high risk groups such as the elderly and those at risk of heart and lung complications. However, is the unquestioning acceptance of medical issues the safest idea? Questioning the process and production of the vaccine before injecting a foreign substance into your body may be to your health's best interest.

The purpose of a vaccine is to introduce the body to a dead virus in order to prepare it for the infiltration of a live one. A killed virus is injected into the muscular system,

where the body responds and then produces antibodies for protection. The antibodies present in our system recognize and kill the flu virus before we begin to show symptoms. As magical as that sounds, there are some factors that reduce the effectiveness of the vaccine and may prove to be dangerous to our health.

The flu vaccine is usually composed of three strains of the flu. Every year health officials track the virus and decide which strains they believe will be the most prevalent the following year. Upon receiving the flu shot, we are vaccinated against these three types of the flu, and to a lesser degree other similarly composed strains. If the health officials prediction is incorrect the effectiveness of the vaccination decreases significantly.

The flu vaccine also includes a preservative called Thimerosal which is mercury based. Mercury has been shown to cause brain damage and has been removed from



www.ice.gov

all child based vaccines, except for the flu. The virus itself is grown within chicken eggs and the animal by-products cannot be guaranteed to be contamination free.

Rated at 70-90% effective for healthy adults by government agencies, the flu vaccine has been ranked as low as 60% by outside agencies. To reach its full effectiveness, the shot must be taken a few weeks before

there is any exposure to the virus. The side effects run parallel to the flu's actual symptoms.

The choice to take the flu shot is personal. Always consider washing your hands, getting enough sleep, exercising and eating healthy; things that prove to be highly successful in combating any illness.

EXERCISE

DANCE

SWIM

JOG

BIKE

WALK

MOVE!



oxia.com

Bottled oxygen: placebo or performance-enhancer?

by Iris Tse Canadian University Press

hance athletic performance, alertness, and even cure jet lag, claim its supporters.

At \$80 per canister and \$15 per refill, the Oxia is currently only available at upscale hotels and fitness facilities.

"Used as an antioxidant to neutralise toxins, oxygen is reputedly a powerful tool for combating hangovers," claimed the website for Vancouver's Opus Hotel, which offers the use of Oxia canisters in all its rooms. "Other benefits include strengthening of the immune system, aiding in digestion, and overall improvement of cognitive performance," it continued.

The canisters' contents are 90 per cent oxygen and 10 per cent nitrogen. The average North American breathes air made up of 19-21 per cent oxygen and a mix of

other pollutants and gases, including carbon dioxide. There are few safety concerns associated with the canisters, as it would take about four straight hours of pure oxygen consumption to be at risk for oxygen toxicity.

"Professional athletes regularly use oxygen to reduce their lactic acid buildup, extend their limit of exhaustion, and promote faster recovery," said the official Oxia website. "Oxygen is vital to the production of your

body's energy."

While this may be true, it is extremely misleading, said Jordan Guenette, a University of British Columbia human kinetics graduate student.

Guenette, whose key area of research involves the effect of respiratory disorders on athletic performance, believes that any success Oxia has had so far is due only to their marketing strategy.

"If you promote something hard enough, people will buy it," he said. "You're out of breath during exercise, so in theory getting more oxygen should help."

The main problem is that in order to have any affect on an athlete, even if this person had a chronic respiratory disorder, it would have to be a single, steady supply of oxygen, he explained, not just the two or three shots provided by the Oxia.

"It's pointless," he said. "Any reported improvements are probably due to a placebo effect."

Dr Jack Taunton, director of UBC's Allan McGavin Sports Medicine Centre, was also unimpressed. He said that although it is a novel idea, it just won't work.

"Unless you had an oxygen tank strapped to your back while you were exercising, it would not be effective," he explained.

"At above sea level, we can't store any more oxygen because the hemoglobin in our blood is already 99 per cent saturated with

it," he said.

He stated that only in a situation such as scuba diving, where one is far below sea level, would oxygen work as a performance enhancer.

Taunton dismissed the product as just a passing fad. Despite this lack of confidence from some experts, Oxia shows no sign of slowing sales. It has been picked up by several NHL hockey teams, including the Dallas Stars, the company claimed. Many high-end locations all over North America, including Vancouver's Studio 55, an elite fitness club, are distributing Oxia.

UBC's Student Recreation Centre, however, has no such plans. "The only time I would use oxygen therapy is to help someone who was in distress," said Linda Roseborough, head personal trainer at the Student Recreation Centre.

"Even if we were allowed to recommend external aids, I wouldn't use the product," she said. "It's not effective."

Despite its many critics, some athletes are intrigued by the Oxia product and its potential benefits.

"I would definitely try it," said UBC baseball player Nic Lendvoy. "...it would help with one of the main problems for athletes—fatigue."

Pull Quote: "Even if we were allowed to recommend external aids, I wouldn't use the product," she said. "It's not effective."

VANCOUVER (CUP) -- The latest performance-enhancing product to hit fitness store shelves doesn't come in pill, powder or shake form. It doesn't have a distinctive colour, taste, or smell. In fact, it is all around you. It is oxygen.

The Oxia is a personal, hand-held oxygen canister that is small enough to fit in a purse or briefcase. Just two shots of oxygen from the slim, stylish metal canister can help en-

SPORTS

Scores



NHL TB 3 NJ 2 PIT 3 BUF 2 NYI 0 ATL 3 PHO 4 DAL 3 VAN 0
TOR 5 NYR 3 BOS 6 MON 3 OTT 6 PHI 4 DET 1 COL 2 CAL 1

NBA TOR 84 BOS 105 CHI 99 CLE 106 PHI 111 MIA 100 NO 91 SA 84 PHO 97
DET 117 CHA 107 NJ 100 MEM 113 IND 109 MIL 105 HOU 84 DAL 103 UTA 88

CFL MON 9 TOR 17 SAS 13 **INTRAMURAL** Glendon 1 1 Glendon 2 3
HAM 15 OTT 27 BC 12 **SOCCER** Calumet Ducks 0 MAC Wolves 4

SOCCER: EPL LIV 2 BIR 0 SUN 1 WBA 0 CHA 1 WIG 2 MAN C 1 CHE 0
AST 0 NEW 1 ARS 3 WHU 1 BLA 4 POR 0 FUL 2 MAN U 1
LFP VAL 0 OSA 2 ATH 1 Serie A INT 0 UDI 1 ROM 2 LIV 0
VIL 1 SOC 1 ESP 1 LAZ 0 MIL 5 MES 0 JUV 3

Upcoming Games

NHL Washington @ Toronto, Nov. 8, 7:30pm

NBA Utah @ Toronto, Nov. 11, 7:00pm

CFL East Division Championship
Saskatchewan/Montreal @ Toronto, Nov. 20, 3:00pm

INTRAMURAL Glendon 1 vs. MAC Wolves/Schulich MBAs,
SOCCER Nov. 10, 7:00pm on the Utility Field @ Keele



Members of the Chicago White Sox embrace each other after winning the club's first World Series championship in 88 years.



Jermaine Dye, 2005 World Series MVP drives in the only run of Game 4, which eventually clinched the White Sox's first World Series championship since 1917.

Sox End Drought

The White Sox bench stamped from their dugout into a celebratory pile-up, as a disappointed Houston crowd quietly exited the park grounds.

by Adam McNally

On October 26th, 2005, the Chicago White Sox swept the Houston Astros in four games to win their first World Series championship since 1917. Aside from ending their 88 year drought, the victory also erased the blemish of the 1919 "Black Sox" scandal, when Shoeless Joe Jackson and seven teammates were accused of throwing their series against the Cincinnati Reds, and subsequently banned from professional baseball for life.

Miraculously, the White Sox conquered the ghosts of their past one year after the Boston Red Sox did the same in the 2004 World Series, by sweeping the St. Louis Cardinals and breaking the "Curse of the Bambino" (triggered by trading Babe Ruth to the New York Yankees in 1919).

Both the White Sox and the Astros went into Game 4 feeling fatigued, after the previous night's 14 inning, 5 hour and 41 minute battle, which set a World Series record.

A hopeful crowd of 42,936 took over Houston's Minute Maid Park to root on their home team, but alas, their cheers were made in vain. White Sox starting pitcher Freddy Garcia threw heat for seven scoreless innings, as Jermaine Dye delivered the game's

only run, hitting a two-out single in the 8th, driving home Willie Harris. Dye went on to be named the Series' Most Valuable Player.

White Sox Relief pitcher Bobby Jenks was sent in for the 9th, allowing one hit. Sox Shortstop Juan Uribe made the second out with a jump-catch in foul territory, then threw out pinch-hitter Orlando Palmeiro at first base after snagging his infield dribbler. The White Sox bench stamped from their dugout into a celebratory pile-up, as a disappointed Houston crowd quietly exited the park grounds.

It was the Astros' first visit to the World Series in their 44-year history, thus becoming the first-ever team to get swept in their debut. Sox manager Ozzie Guillen, on the other hand, made history by becoming the first Venezuelan to lead his team to World Series victory.

The White Sox rivals from the north end of the Windy City, the Chicago Cubs, now hold the longest World Series drought in baseball—winless since 1908. But if the past two years are indicative of a new baseball trend, perhaps next October Chicago fans will find themselves celebrating in the streets again.

SPORTS TRIVIA:

Q. Which member of the Chicago White Sox's 2005 World Series championship team won the American League Series MVP award in 1993 and 1994?

A. Frank Edward Thomas, who was the White Sox's longest-serving team member before he had his contract bought out by the team on Nov. 4, making him a free agent.

November 8, 2005

Glendon's bilingual newspaper

> After the Bell



www.si.com

Death of Superman

by Loic Ransom

Though most wouldn't know any better, Roy Jones Junior had a nickname. To some he was called Superman. To everyone who ever saw him in the ring he was nigh unstoppable, a freak of pugilistic proficiency. A magnificent physical specimen, Jones once played a full game of basketball not 45 minutes before a championship fight. His punches were as powerful as locomotives, his fists as fast as bullets; he truly was a Superman.

Superman was fast, Jones maybe even faster. Jones utilized a defense technique originally used by Muhammed Ali, wherein a boxer pulls back from punches rather than dodging or blocking the punch. Ali was successful with this technique at heavyweight, where punches are slower but more dangerous. Roy Jones was successful with this technique at every weight from middle all the way to the heavies. His success was entirely due to his awe-inspiring reflexes. The man was faster than a speeding bullet.

Kid Gavilan once produced a punch now referred to as the bolo punch, something that will go down in the annals of time as a showboat punch that was perfected by the minute Cuban. Roy Jones perfected the no-hands knockout. In a rematch with Glenn Kelly, Jones purposefully put his hands behind his back and put his chin out, begging Kelly to hit him. When Kelly moved to throw a tremendous haymaker, Jones lithely dodged the punch and produced a magnificent knockout blow to the chin of Kelly. He was a locomotive moving on ballerina's toes.

Today, these reflexes have diminished as time has begun to creep into Jones' joints and muscles. Joe Louis remarked before he retired that while fighting into his elder years, he would see openings that in his prime would be easy targets for his fists. The brain would calculate the move but the body could no longer respond as quickly as it needed to. Jones' defense has slowed with his reflexes, and for a fighter who spent the majority of his career being untouchable to be suddenly eating leather is a terrible psychological blow. So died Superman; at the hands of two consecutive opponents, who smote him down, crushing both his body and his psyche. Jones continues to step into the ring, but as a Superman no more, as age and reality have finally caught up to the man of steel.

Intramural Sports Update!

by Kyla Jones



www.gettyimages.com

“Still want to play on an intramural team?
Then pay attention!”

If you've officially missed the outdoor season but still want to play on an intramural team, then time to pay attention! Indoor soccer starts as soon as we get back from winter vacation and, as always, pick-up games are in the gym Friday nights 5:00-6:30p.m. Basketball intramurals are approaching soon, with the deadline and rules gone and past. Derya is organizing some teams among the drop-in players and is always looking for new members. Contact Derya @ (416) 440-9210. Pick up games are still being organized by Chris, who can be contacted at christyrell@rogers.com. The volleyball intramural schedule

is immense because there are many different tournaments for doubles, four's and six's. As well, there are two tournaments that are still open for registration including the Rage 4's, which is a fun, one day and night tournament, as well as the Men's and Women's tournament. Only soccer, basketball, and volleyball have been mentioned, however, other sports such as bowling, badminton and dodge ball are also among the list of intramural sports.

If you are entering a team there is a mandatory rules meeting that you must attend first. The deadlines to enter are listed below.

November 3	Women's Basketball League Entry Deadline/Rules Meeting Men's Basketball League Entry Deadline/Rules Meeting
January 6	Bowling Entry Deadline/Rules Meeting
January 7	Badminton Entry Deadline/Rules Meeting Women's Indoor Soccer Entry Deadline/Rules Meeting
January 15	Men's Indoor Soccer Tournament Entry Deadline/Rules Meeting
January 19	Co-ed Broomball League Entry Deadline/Rules Meeting
January 26	Men's Ball Hockey Tournament Entry Deadline/Rules Meeting
January 27	3 on 3 Basketball Tournament Entry Deadline/Rules Meeting Squash Entry Deadline/Rules Meeting
February 12	Co-ed 4's Rage Volleyball Tournament Entry Deadline/Rules Meeting
February 23	Men's Volleyball Tournament Entry Deadline/Rules Meeting
March 1	Women's Volleyball Tournament Entry Deadline/Rules Meeting
March 15	Women's Ball Hockey Entry Deadline/Rules Meeting

Free Pick-Up Games at the Proctor Gym

		Contact
Basketball	Tuesday 9:30 pm	Chris - find him at GAC reception
Tournament: Mar. 25 th -26 th	Thursday 12:00pm	E-mail: christyrel@rogers.com
Volleyball	Thursday 5:00 - 6:30pm	Melissa
Tournament: Nov 5 th -6 th	Sundays 4:00 - 5:30pm	Phone: 416-440-9446
Indoor Soccer	Friday 5:00 - 6:30pm	Aaron Rodrigues
	Tournament: Jan. 28 th -29 th	Phone: 416-736-2100 ext. 88344

Tournaments will also be held for Dodgeball and Squash during the year:

Dodgeball	February 25 th -26 th
Squash	February (exact dates TBA)

For any additional information, please contact Aaron Rodrigues at:
aaronrodrigues@glendon.yorku.ca or
416-736-2100 ext. 88344

> Awareness Column

A Peace of History

by Marisa Baratta

Today's generation is fortunate enough to have escaped the horrors of world war. This is not to say that life today does not have its fair share of disasters, especially looking over the past year: Hurricane Katrina, Hurricane Rita, the earthquake in South Asia, and most recently, Hurricane Wilma.

Some may find themselves asking, "Whoa, what happened between Rita and Wilma?" That's three more hurricanes, but today's youth was spared four years of war, and more. It is important to remember. Again, some may wonder, "How can I remember? I wasn't there."

That is exactly the point.

Remember how lucky you are not to have been there. Remember how fortunate you are to have freedom in Canada. Remember the lives that were sacrificed for yours. War is not the victorious picture some draw it out to be; no, it is hatred, ignorance and death.

One cannot emphasize, for instance, the absolute terror of being Jewish at the time of World War II. Can one even imagine the fear of being killed, the pain of losing a loved one, the injustice of killing a fellow human being? Imagine being tortured and killed for your beliefs, or for being born into a family whose beliefs are apparently deserving of torture and death. To be persecuted for one's religion or birth is simply...is there even a word for it?

To make things more tragic, World War I, which raged from 1914 to 1918, was followed by the

Spanish flu, which destroyed more lives than the war preceding it. Let this be a reminder that there is enough death in the world without human interference.

In 1918, on the 11th hour of the 11th day of the 11th month, the war ended. Peace returned. Unfortunately, war itself still exists in many forms and will probably continue to display itself in its various forms, but let us hope that it never shows itself quite as horrifically as in the past. Remember, there is a priceless lesson to be learned from the sacrifices of one's predecessors: You have a choice; you have freedom. Make peace, not war, in your path. Hold hands, not weapons, in your palm. Carry love, not hatred, in your heart.

In the words of John F. Kennedy, 1961, "Mankind must put an end to war, or war will put an end to mankind."

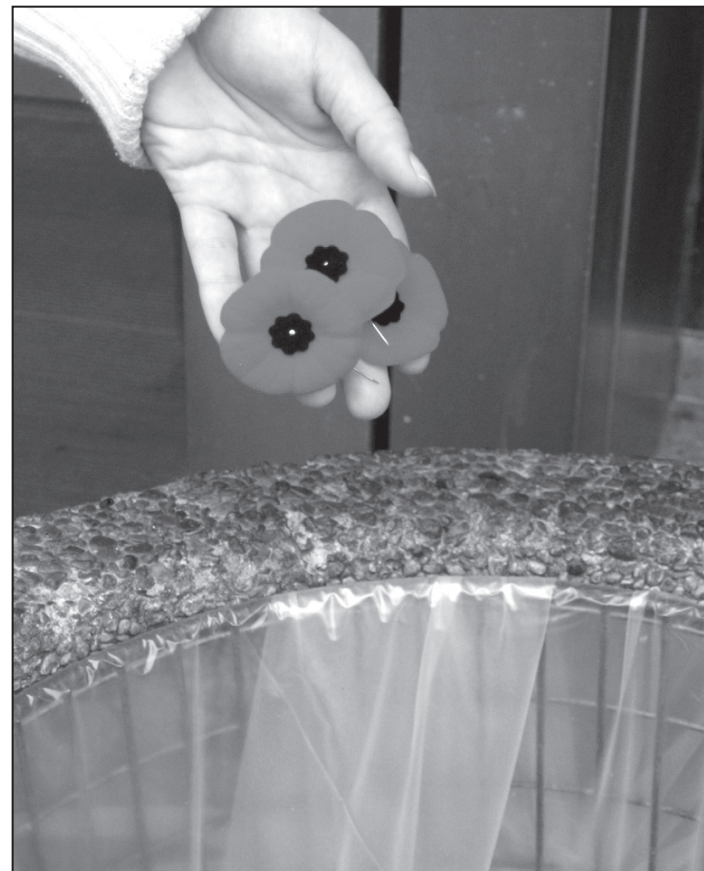


Photo by Angelique Lazarus

The blunt truth: study shows marijuana increases new brain cell growth

Research points to marijuana as possible antidepressant

by Juanita King Canadian University Press



Piper's Paradise

ST. JOHN'S (CUP) -- Supporters of marijuana may finally have an excuse to smoke weed every day. A recent study in the *Journal of Clinical Investigation* suggests that smoking pot can make the brain grow.

Though most drugs inhibit the growth of new brain cells, injections of a synthetic cannabinoid

have had the opposite effect in mice in a study performed at the University of Saskatchewan. Research on how drugs affect the brain has been critical to addiction treatment, particularly research on the hippocampus.

The hippocampus is an area of the brain essential to memory formation. It is unusual because it

grows new neurons over a person's lifetime. Researchers believe these new cells help to improve memory and fight depression and mood disorders.

Many drugs – heroin, cocaine, and the more common alcohol and nicotine – inhibit the growth of these new cells. It was thought that marijuana did the same thing,

but this new research suggests otherwise.

Neuropsychiatrist Xia Zhang and a team of researchers study how marijuana-like drugs – known collectively as cannabinoids – act on the brain.

Smoking pot can make the brain grow.

The team tested the effects of HU-210, a potent synthetic cannabinoid similar to a group of compounds found in marijuana. The synthetic version is about 100 times as powerful as THC, the high-inducing compound loved by recreational users.

The researchers found that rats treated with HU-210 on a regular basis showed neurogenesis – the growth of new brain cells in the hippocampus. A current hypothesis suggests depression may be triggered when the hippocampus grows insufficient numbers of new brain cells. If true, HU-210 could offer a treatment for such mood disorders by stimulating this growth.

Whether this is true for all cannabinoids remains unclear, as HU-210 is only one of many and

the HU-210 in the study is highly purified.

"That does not mean that general use in healthy people is beneficial," said Memorial psychology professor William McKim. "We need to learn if this happens in humans, whether this is useful in healthy people, and whether THC causes it as well."

McKim warns that marijuana disrupts memory and cognition. "These effects can be long-lasting after heavy use," he said. "This makes it difficult to succeed academically if you use it excessively."

"Occasional light use probably does not have very serious consequences. [But], there is some evidence that marijuana smoke might cause cancer."

Still, the positive aspects of marijuana are becoming more plentiful as further research is done. McKim says it's not surprising that THC and compounds like it could have medicinal effects.

"Many have been identified," he said. "It stimulates appetite in people with AIDS, it is an analgesic and blocks nausea in cancer patients undergoing chemotherapy, and it treats the symptoms of glaucoma."

The research group's next studies will examine the more unpleasant side of the drug.

entertainment

Dear Ely



Ely's Bio

Ely comes to Pro Tem as a 5th year student from Keele Campus majoring in People Problematics. He grew up on a farm with his mama, whom he still currently resides with. Ely enjoys puzzles and Etch a Sketch. Most of the advice given is from his hick heart, but take note that his mother is a great influence and may step in from time to time.

Email Ely at: protem@gl.yorku.ca
Attn: Dear Ely

Question #1:

Sup Ely, oh a shout out to yah Mama as well. So I went to the Halloween pub this past Thursday and it was pretty good. Girls were hot, guys were few and drinks were consumed! The party was wicked until these two losers from the GCSU last year, Ron and Hossein (last year's GCSU prez and pub owner) showed up. Why is it that these two seem to have no shame? They got their asses kicked out, but we really should ban thieves from the campus don't you think?

-Pissed Off Pete

Reply:

What is up with you dog? Mama nods her hello. I myself came dressed as my Mama to the pub (Mama insisted on this) and saw myself those two 30 something year oldies at the pub. Set your eyes on the Van Wilder movie for further explanation. I tell you, these two just can't get enough of Glendon, perhaps they've been like lovin' Glendon so much that they insist upon showin' up like they are Glendon's biatches or something. Next time we should save our allowances and buy a wheelchair ramp so they can roll on in the next time they want to get their love on at Glendon.

Question #2:

Hi Ely, a lot of people have been telling me that I am stuck up and used to getting my way. I do parade myself around and act all big and hot because well I AM all big and hot! My parents are rich and I travel everywhere, so I definitely have a right to be snobby. For the less fortunate that don't have rich parents I really feel that I owe them nothing and can act much higher than them. I'm used to getting my own way and I've met people at Glendon that won't let me act like this! What should I do?

-Spoiled Princess, Andreлина

Reply:

Well I'll be damned! I'm down on my knees throwin' the lengthy arms I was born with all over ma mama's carpet. A princess is writin' to Ely, my my. I best put on my nicest overalls and friendliest manners to acquaint with a high noser, tiara wearin' Paris wanna be. Nows I'm abouts to give ma advice that best suits your highness: GET OVER YOURSELF! If I paraded my self's around because of ma mama's greatness then the world would have a new hick prince now wouldn't it? We'd probably have to marry and I could sport you a kiddie that looks just like yours truly!

Horoscopes Courtesy of The Onion



Aries Mar 21 - Apr 19

Dank inhospitable service station toilets may turn out to be your best friend today.

Taurus Apr 20 - May 20

Everything you are thinking about will end up getting lost in some sort of fuzzy logic. Your people need you, you must fight for their freedom.

Gemini May 21 - June 21

Clutching your heart and complaining that your arm hurts is quite a mean thing to do when trapped in a lift for 2 hours. Minor changes to your driving style allow you to feel like you're a better driver, but actually are making your behaviour quite erratic.

Cancer June 22 - July 22

Most of your ideas will turn out to be excellent ones today. Avoid having too many ideas; otherwise you may fall from your station. Just desserts is a damn good name for a dessert company. This is why approximately 90 firms are currently trading under that name.

Leo July 23 - Aug 22

Ten to one may seem like fair odds, but then how likely are you to be able to successfully breed Pandas with Llamas (a Panama). Banning people from your house can work, especially if rein formed with large heavy blocks of swing able wood.

Virgo Aug 23 - Sept 22

Chunks of meat will plague you today... or give you the plague. The mystics are being terribly vague on this one. Tomorrow will bring fresh excitement and vigor to your otherwise dull self.

Libra Sept 23 - Oct 23

Bask in the glory of your achievements today. Many things that people say over the coming days will appear non-sensical, but may start to make sense towards the end of the week.

Scorpio Oct 24 - Nov 21

Silver foil can make a good hat, it's true. However, it can also be used as a sheathe should you find yourself lucky one lunchtime. Discarded sandwiches may prove lucky for any local tramps.

Sagittarius Nov 22 - Dec 21

Normally today wouldn't cause you any difficulties, but today might just go against the norm.

Capricorn Dec 22 - Jan 19

The night may feel like a safe time to parade naked through the local city streets, however, you may find there are some that oppose your freedom.

Aquarius Jan 20 - Feb 18

Don't shun your naked body; express yourself in lots of new happy naked ways. Half of what I say is meaningless...the other half is pure gold; purer than any snow that ever fell. Purer than the white cover on that classic Beatles' album.

Pisces Feb 19 - Mar 20

Having to stop today and go to sleep will seem like a prison sentence. Many of the solutions given to you in life make you feel like there's no hope. This is true.

Words 4 Nerds

"dedicated to those with nothing better to do"

1) ERUCTATE

- a) to leave
- b) to listen clearly
- c) to belch
- d) to spoil food

2) GRATULATE

- a) the process of grading cheese
- b) to annoy someone
- c) grieving the dead
- d) to greet with joy

3) HUMDINGER

- a) a person/thing that is extraordinary
- b) a person/thing that is mute
- c) a person/thing unlike yourself
- d) the art of humming

4) FRIGORIFIC

- a) the state of being cold or chilled
- b) a fantastic being
- c) the state of using negative language
- d) a wishful thought

5) CAPTIOUS

- a) to capture an object
- b) a trait that elicits a surrendering response
- c) a dull bird
- d) an inclination to stress faults and raise objections

6) FATUOUS

- a) complacently or inanely foolish
- b) a phobia of fat people
- c) to become completely fictitious
- d) consistency within a soluble liquid

7) LUCUBRATION

- a) the art of denial in 'slippery' situations
- b) laborious or intensive study
- c) an obsession with jelly substances
- d) resembling a worm in form or motion

8) HINTERLAND

- a) a region lying inland from a coast
- b) a snow less winter
- c) to be found hindering in a hidden area
- d) property inherited by ancestors

9) EXPUNGE

- a) the action of squeezing a sponge
- b) to exfoliate or cleanse
- c) to obliterate or erase
- d) strict negotiations leading to a mistrial

10) SKUNK WORKS

- a) a small facility that functions with minimal supervision
- b) a stinky building
- c) a sunken ship rumored to be full of treasure
- d) an exhibit at Canada's Wonderland

Answer Key

1.c.2.d.3.a.4.a.5.d.6.a.7.b.
8.a.9.c.10.a

