

protem

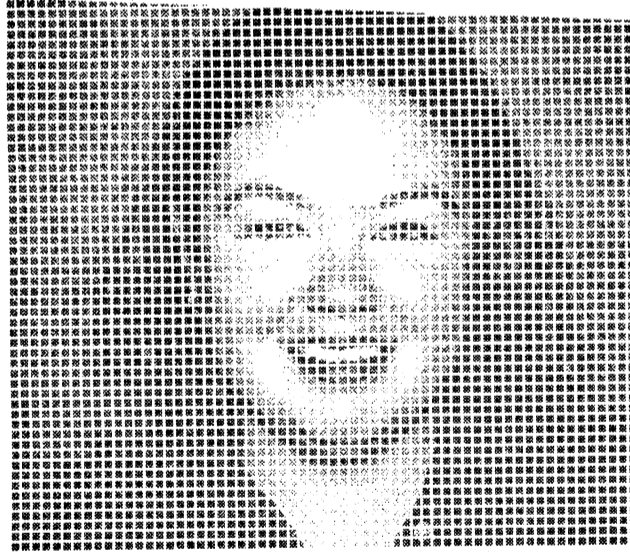
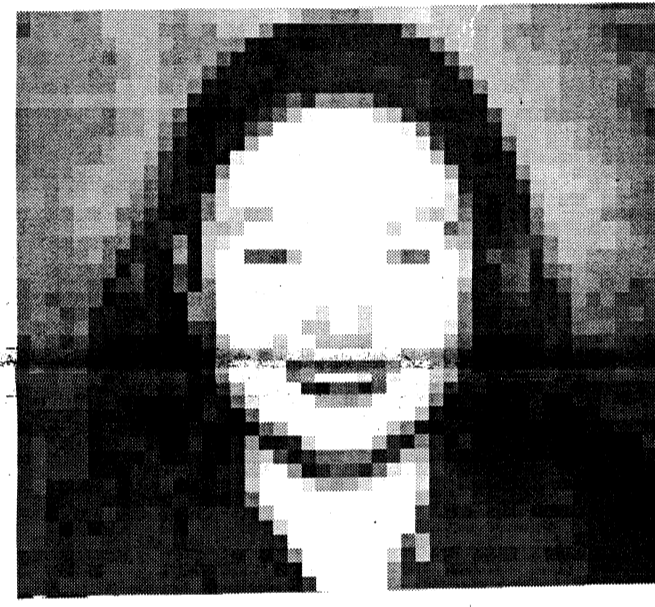
37^e année

Glendon's Bilingual Newspaper

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Journal bilingue de Glendon

Pulling out the kickers since 1962



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pro tem

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Pro Tem is the bilingual and independent newspaper of Glendon College, founded in 1962 as the student publication of York University. En plus d'être gratuit, *Pro Tem* est le seul journal bilingue en Ontario. Les opinions et les faits émis par les signataires n'engagent qu'eux-mêmes, et non l'équipe éditoriale. Les articles sous-entendant des propos diffamatoires, racistes, antisémites, sexistes ou homophobes ne seront pas publiés. The deadline to submit ads and articles is every other Tuesday at 5 pm. Meetings are on Tuesday at 5:00 pm. Nos bureaux sont situés dans le Manoir Glendon, local 117. Editorial and Advertising: 487-6736. Production: 487-6821. Fax: 487-6779. E-Mail: protem@delphi.glendon.yorku.ca Tirage: 3000 exemplaires.

éditorial

Yes, that's correct, I'd like to sign for an extremely large loan so I can pay for a piece of paper.

I'm organizing a protest against industrial toxic waste emissions into the atmosphere.

Could I bum a cigarette? This school's shit.

Why would they want to close Glendon down? Well, I'm not leaving until I get my degree.

I don't vote because I'm not really into politics.

Mike Harris is a real asshole, eh?

I'm bored. There's nothing to do anymore.

I've got too much work. I don't have any time for a social life.

That prof's giving me a hard time. She's got it out for me.

She failed me.

I passed.

There aren't any jobs out there.

Sure I know how to write a resume, how hard could it be?

What's Frost?

Glendon has a pub?

What theatre?

Pro what, oh yeah Pro Teen, that newspaper thing.

So that's what that GCFU things all about.

Dyane Adam? No I don't think I've ever taken any of her classes.

Keep up the good work kids, it's not over 'til somebody starts singing. If I sound anything but cynical, then my point has not been made clear.

We're not idiots, at least we shouldn't be unnecessarily. Glendon isn't exactly the largest of venues. So why the lack of information? Why doesn't anybody know where anything is?

I could come up with one theory. Maybe, everyone at Glendon is illiterate (which wouldn't be too unlikely, and would explain why York main wants to shut us down, being illiterates and all, which would also explain Pro Tem's success with less text).

But for argument's sake, let us entertain the notion that nobody cares now. We're all full of contradictions right? We care one day, we forgot the next.

Fad-ism.

Remember a couple of years ago when everybody was buying "Green" products and every afterschool special was about the recent holes in the ozone layer? Now everybody's buying mutual funds and eating bagels. What happened? Did somebody patch up those holes or clean up the industrial waste?

Last week everyone was talking about our school, now everyone's wondering what to do during reading week.

Fad-ism.

Out with the old and in with the new, right? Computers out-date themselves as soon as you buy them. Why shouldn't issues?

JR

Letters to the Editors

Letter To The Editor,

I am writing to congratulate the Women's Center on all of their achievements this year and to recognize the efforts of Amanda Bertoya and Meri Perra. For the first time in years the Women's Center is coming out of the shadows of misconception which have plagued the center since its inception. The Women's Center is no longer seen as a secret society of man haters or a private girls social club. Amanda and Meri have done something wonderful with the women's center that has never before been done: they have made it a comfortable and accessible place and have raised its profile among the students. By hosting a pub night, by supporting student activism, by being involved in Frosh week, by sitting on the

Alumni Affairs Student Committee and by expanding the center's appeal to a wider range of students, Amanda and Meri and all at the Women's Center who contributed should be applauded. I only hope that those who disparage the Women's

Center realize that it is easy to sit back and criticize but it is much harder to jump into the process and help.

The management of Café de la terrasse

An open letter to professor Hamouda,

Having read your proposal to the APPC concerning the future of Glendon I am both enraged and disgusted at the way you have represented the students of Glendon

College. Referring to the students of Glendon College as "Pathetic except for a tiny minority" is both irresponsible and completely unfounded. You have publicly insulted the students of this college and I demand an immediate apology and retraction of your thoughtless remark. How can you be so ungrateful to the very people who are paying for your salary with every dime we can scrape together? How dare you call us pathetic after all that we have done in spite of some of the faculty's total lack of concern for its students. After what you and the administration have put us through during your labour dispute you should thank each and every one of us for having the patience to tolerate the 7 week dispute that so greatly

disturbed our year. You have the nerve to call us pathetic?! How about tenacious? For putting up with 7 missed weeks and no final grades till October. How about passionate? For the way which Glendon students consistently can come together to defend our institution. How about dedicated? For persevering at a college where the course selection plummets every single year. You should be ashamed of yourself. I think it is pathetic that at every event staged by the friends of Glendon and that at every student fund-raiser and production there are but a few dedicated members of the faculty who show up to help. Perhaps sir, it is some of the faculty of this college that are pathetic except for a tiny minority.

An Angry Student

Next Pro Tem meeting:

Tuesday, January 27 at 5:00pm.

Pro Tem: room 117
Glendon Hall,
487-6736

Prochaine réunion de Pro Tem:

mardi 27 janvier à 17h00.

Vous avez des commentaires. Faites-nous les parvenir par courrier électronique (E-Mail). Notre adresse:
prottem@delphi.glendon.yorku.ca

Any comments? Send them to us by E-Mail. Our address:
prottem@delphi.glendon.yorku.ca

**Next issue:
Black history
month
feature**

**Deadline for
submissions:**

Tuesday, February 3,
1998 at 5:00pm.

Date de Tombée :

mardi 3 février
à 17:00.

nouvelles Championnat national à Glendon

A. Cameron Branston

La Société des débats de Glendon est fière de mettre sur pied le Championnat national de débats oratoires en français. Cette prestigieuse compétition aura lieu, ici-même, sur le campus du Collège lors de la fin de semaine du 20-22 février 1998. Environ 25 des meilleures équipes de débats au pays se présenteront à Glendon afin de tenter de remporter notre titre national de débats

Au cours des deux dernières années, Glendon a été très bien représenté à ces mêmes Championnats nationaux. À ces deux occasions, une équipe de Glendon s'est inclinée en demi-finale de la compétition. Ces tournois ont eu lieu à l'université d'Ottawa et à

l'université de Montréal - cette année c'est Glendon qui est à l'honneur. Ian Roberge est le directeur du tournoi édition 1998 et il a prévu tout une fin de semaine pour cet événement.

Une fin de semaine spectaculaire est en train d'être préparé pour les

compétiteurs qui viendront à Glendon non seulement pour débattre mais, également pour se dévergondner. Deux super fêtes sont d'ailleurs prévues pour les compétiteurs le vendredi et le samedi soir. En plus, la bouffe et l'hôtel seront payés pour les participants au tournoi.

Les membres de la Société des débats travaillent avec enthousiasme afin de mettre cette compétition sur pied. Ils ont aussi besoin de votre aide lors de cette fin de semaine. La Société des débats est à la recherche

de juges. Si cela vous intéresse, vous

Deux super fêtes sont d'ailleurs prévues pour les compétiteurs...

peuvent communiquer avec Kim

Rebenchuk au 440-9215. Une session de formation sera donnée de façon à pouvoir accommoder tous ceux qui désirent être juges. Les juges seront nourri tout au long de la journée samedi et auront accès aux deux fêtes.

Avec quelques semaines à peine avant le début du Championnat national de débats oratoires en français 1998, les membres de la Société des débats sont débordés de travail mais également ils sont excités et ils ont très hâte à la présentation du tournoi.

Interview with YFS president Dawn Palin

William Paterson

P: What are your objectives for your second term?

D.P: I recently, laid out some priorities. For my short time left at YFS (the term ends the end of April) there are three things I would like to accomplish: The Glendon proposal is taking a lot of my time right now in January. We are also working on responding to recent announcements including the increase of tuition fees and funding cuts.

The January 28th, 1998 day of action is very important. We really want to make it successful. Glendon students should participate, buses will be leaving from Glendon at noon.

Also, there are a lot of problems with the election process. Student involvement in the election was lacking. My feeling is that it was an all time low for student participation. If students don't take an interest the student federation is ineffective. I'm trying to change that, I would like to change the by-laws in terms of how the election is done. Re-working the representation structure. Trying

to make it more inclusive, YFS should be much more representative of York's diversity.

Finally, we're in negotiations with the TTC to get a discount pass in co-ordination with the U of T and Ryerson.

P: How do you support Glendon students at YFS?

D.P.: Besides the Glendon paper that I'm working on, Ross McMillan, VP Academic and University affairs is also working very hard on the "Glendon issue". I'm working very closely with the GCSU. I have a commitment to Glendon, there has been no Glendon student on the executive of the YFS since the 60s. I also tend to look at what happens on the Keele campus from the Glendon perspective. In fact, my first meeting with York's President Lorna Marsden was about Glendon. It is strange how fate works itself out, in this time of review for Glendon, how a former Glendon student (and President of GCSU) became the President of YFS.

P: What is going to happen

with Glendon? What do you hope happens?

D.P.: It is important for students not to panic. I have students ask me how they can transfer from Glendon, that only compounds the problem. I feel very confident that Glendon will stay on the same campus and that it will not close.

I feel very confident that Glendon will not close, that it will stay open.

However, Glendon cannot continue as it is. We need to investigate how to make changes for the better. We will not be effective if we cannot change. We have to develop new strategies for saving Glendon.

Students will not help Glendon by transferring to another school. Students should continue to show the interest that they have had in the review process. Students need to come out to the meetings they need to be open to new ideas. What we have been doing for all these years are Band-Aid solutions.

P: How have you been trying to increase York's school spirit?

D.P.: York University students have been talking on the Keele campus, what is York? In terms of funding from the Government we have been treated as second class University since we don't have engineering or medicine. Premier Mike Harris has said that we don't need more sociologists and philosophers. However, at York, innovation is our tradition. One of the things at Glendon is that we do have a lot in common with York, I think people forget that sometimes. Liberal arts is our "common bond". York is a young and small University. Once York it is built, once it has a broader base of alumni, we will see more of an identity. At York, structurally, we have been

managing; and financially we have also been managing. York students are proud to be York Students.

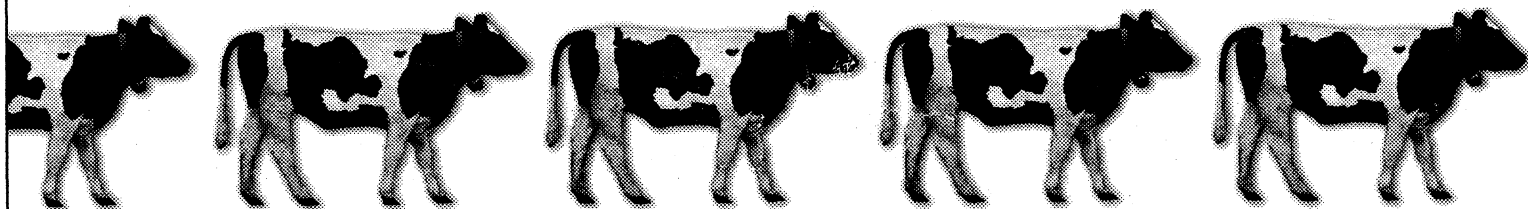
P: There has been talk by students of designating Glendon a "special college" position such as Osgoode or Schulich. What is your opinion on this?

D.P.: Glendon already is a special college. Both Atkinson and Glendon have been trying to get that distinction for years. Osgoode has been around for a long time, and both Osgoode and Schulich receive large endowments from alumni.

P: How can Glendon remain an important issue to YFS?

D.P.: During elections, Glendon students could continue to elect Glendon students into the YFS. It is important to have good representation in the YFS. Voter turnout is traditionally very low at York. Glendon students should be aware of that, and use that to their advantage. Students should get involved, elect the right people to the GCSU and YFS.

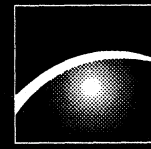
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Access Week at Glendon

William Paterson

The week of the 19th to the 23rd of January was access week at Glendon. Tera Geraghty, one of the event organizers, said that the "week was started to examine the conceptual and physical difficulties of disabled students at Glendon."

Disability and access issues became evident September of 1996, when a mature student enrolled in a course that required the use of the elevator. When the student tried to enter the elevator, her wheelchair did not fit. She subsequently de-enrolled at Glendon and placed a

complaint with the GCSU. After the issue was raised, Dawn Palin (then President of GCSU) asked Tera to form a committee to identify access issues and to see if anything could be done to rectify the problems.

Early in the week there was an information day, where booths were

setup in the main hall. Students could find out more facts about specific disabilities, as well as ask questions and interact.

On Wednesday the 21st, administration and faculty gathered for a scavenger hunt. The scavenger hunt was setup so that the participants could understand what it feels like to be disabled and in a wheelchair at Glendon. Many areas of the school are simply not accessible to disabled students, and if they are it is mostly

through back entrances. To demonstrate this, administration and faculty had to maneuver around the campus using a wheelchair. Local media covered the event and dealt with the broader issues of human rights, and access.

Thursday, a series of classroom demonstrations were done. Students learned what it is like to be disabled in a classroom environment, and how frustrating that can be. One of those demonstrations let students hear

what deaf students hear in a classroom.

Finally, the week ended with a pub night in the cafeteria, so that all students could access it. As the Café de la Terrasse is not accessible to disabled students.

In the future, the student access committee will try to implement a plan for improved access to the campus. Such a plan will need to be lobbied and supported by the students, faculty and administration.



Gilles Fortin being interviewed by City TV.



Tara, Susan, Liz and Michelle at Access Awareness Event.

Career Conversations

Joel Ramirez

This year's annual "Career Conversations", organized by Glendon's Counselling and Career Centre, was held in the Hearth Room during the week of January 19 - 22. It was a series of seven seminars, designed to expose students to future career possibilities as well as summer employment opportunities.

The seminars exemplify the need for positive exposure to the generally negative view of an uncertain future for Bachelor of Arts graduates at Glendon. Furthermore, it presents an array of options that a student may not have considered up to this point.

Mareka Kememy, one of the organizers of the event, states that "the idea is to invite in speakers who are out in the workforce who have an undergraduate bachelor degree that you can expect to earn at Glendon."

In correspondence with Glendon's Alumni Association,

Kememy also noted that the Counselling and Career Centre "typically tries to invite speakers who are alumni also," which is important to provide students with a sense of where they may be in the future. Among the speakers who were Glendon graduates include: Kim Donegan (Glendon '96), Martin Perron (Glendon '95), Kathleen Horne (Glendon '92) and Kristina Price (Glendon '94).

Kememy would like to thank these speakers as well as the others who have donated their time and efforts to speak about their

experiences and share their knowledge with the Glendon students.

She would also like to relay the message that these speakers have left their phone numbers and would like to be "ongoing contacts within their field so that students, when they have questions about their area of work, or, want to do a little bit of job shadowing, or interest interviewing, can be in touch with them".

This is valuable resource the Counselling and Career Centre has provided the Glendon community, and students are encouraged to make use of this open door to the workforce.

The Counselling and Career Centre's "Career Conversations" had a relatively good turn-out,



Kathleen Horne and Mareka Kememy

Photo: Jennifer Westcott

although it would be favourable in upcoming years to have a larger first-year student type attendance,

as directions and options for career planning should be considered at earlier years.

News in brief

William Patterson

Stuff your wine and cheese...

Students at York University were outraged at President Lorna Marsden's gesture of wine, cheese, and free gifts at the Tuesday, January 20th meeting of 'student leaders'. Frustrated students protested the event held in *The Underground*, a pub in the Student Centre at the Keele Campus.

Day of action

January 28th is national student

"Day of Action", where members of the Canadian Federation of Students will be staging protests across the country. York, University of Toronto and Ryerson students will join together for this protest. A bus will leave Glendon at 12:00pm for the protest being held at the intersection of Bay and King (the heart of Canada's financial district.) The protest is being held to protest increasing tuition rates and the lowering of government funding to post-secondary institutions.

Joint Seneca-York degree

Students are now able to begin their post-secondary education at Seneca College, and graduate three years later with both a Seneca diploma and a York University Bachelor of Arts degree. York says that the "program is designed to provide students with experience in both a college and university setting, and allows them to earn a college and university degree in just three years, instead of four or five."

CityTV at Glendon

Joel Ramirez

Glendon's Access Awareness Week was graced by mainstream media's CityTV, as the Scavenger Hunt attempted to interactively raise awareness to the Glendon community about Glendon's limitations in accessibility to special needs students, faculty, administration and visitors. The event was held on January 21st, and was one of the week's many events sponsored by the Glendon Counselling and Career Centre's Special Needs Program and the GCSU Action for Accessibility Committee.

Tara Geraghty, a Glendon student and chairperson for the Action for Accessibility Committee at Glendon,

reminds about Bob Rae's last "political promise, to make every public building accessible by the year 2000, that's two years away." She is currently working on a report, using Glendon as a basis, for the committee of Ontarians with Disabilities. This committee Garaghty says, is "compiling a report to the provincial government concerning the accessibility of public buildings and the need for further funding to make this possible."

The Access Scavenger Hunt was designed as an interactive experience. Geraghty describes the event "whereby people could experience what it is really like to sit in a wheelchair and maneuver your way around campus".

nouvelles

Acadia students up in arms over stalled contract talks

Source: The Athenaeum

WOLFVILLE (CUP) — With negotiations heading nowhere fast, students at Acadia University are bracing for a faculty strike.

But they aren't taking the looming strike sitting down. Or are they?

On Jan. 12, hundreds of students occupied the main administrative building on the Nova Scotia campus and held a sit-in to express their displeasure with the current state of contract negotiations between administration and faculty.

Talks are currently at a standstill. A provincially-appointed conciliator had been called in earlier this month to help the two sides reach an agreement, but left after just two days.

The highlight of the sit-in was a two-and-a-half hour question period during which Acadia president Elvin Ogilvie and faculty

association president Jim Sacouman fielded questions from students.

"I think the students were really pleased about the forum," Paul Back, president of Acadia's student union, said. "They got to ask the questions they wanted to ask, and they got to ask them to the people the way [they] wanted to."

During the emotionally-charged forum, however, there were signs of frustration among the students as the two presidents belittled each other. One student asked how they could stand there and expect to be taken seriously while virtually laughing at each other, and there were repeated calls from the audience for the two to "grow up."

The faculty is calling for a five

per cent raise retroactive to last November and in each of the next two years. The administration is only willing to give faculty the five per cent retroactive raise, with smaller increases in each of the next two years. There is also disagreement over the language of the new contract.

Acadia students have taken other actions to encourage the two sides to it down and work out their differences. Many have formally refused to pay their tuition this semester, and some are sporting red and blue ribbons to protest the stalled talks.

Black has announced that if the situation is not resolved soon, the student union will call for the resignations of both Ogilvie and Sacouman. "Having allowed the situation to escalate to this point, it is apparent that neither is capable of

competently holding their position," Black said.

While Ogilvie refused comment on the matter, Sacouman said, "If it were seen to contribute to the negotiations, I will resign immediately at the same time that Kelvin Ogilvie resigns as president of the university."

Black also announced that if a strike or lockout occurs, the student union will pursue legal action against both parties.

Student frustration is being exacerbated by a work-to-rule action that was launched by Acadia faculty at the beginning of the month. Professors are refusing to take part in the 'Acadia Advantage,' a program through which students use laptop computers as a major learning tool.

Students in the program, who now number over 1,400, pay an

extra \$1,200 on top of their regular tuition and are issued a laptop computer. Using the computer and one of the myriad network connections found in Acadia's classrooms, residence rooms and common areas, students can download material provided by their professors, access class notes found on web sites or join with others in chat groups.

Sacouman says professors have not received pay for helping to make the Acadia Advantage program a reality. Other faculty say they are participating in the job action to drive home the fact that they should have the choice as to whether or not they will use computer technology in their classrooms.

Acadia faculty will hold a strike vote in late January or early February.

Trent TAs launch union drive

Source: The Arthur

PETERBOROUGH (CUP) — Student employees of Trent University demanded job security, adequate wages and good working conditions as they kicked off their drive to unionize.

The Trent Academic Assistants Workers Committee announced the beginning of a unionization drive for Trent's teaching assistants, research assistants, lab monitors and markers Jan. 6.

Student workers, most of whom are graduate students, are the only non-unionized employees at Trent.

"As non-unionized employees, we're in a dangerous position in light of the recent wave of attacks on universities by the government and corporate sectors," Alex Levant, a member of the committee, said.

As members of a union, the student workers would be able to negotiate a collective agreement

which would formally establish the rights and obligations of both employer and employees.

Student academic assistants at 10 of Ontario's 17 universities are unionized, while union drives are underway at two more, Brock University and Queen's University.

According to Daria Ivanodhko, a national representative for the Canadian Union of Public Employees (CUPE), there has been a marked increase in the number of inquiries about unionizing academic workers in the last few months.

She says people are increasingly concerned about job security and working conditions as more and more funding is cut from post-

secondary institutions.

"My job as a TA is crucial to me. I need that money to complete my studies," Morgan Gay, a graduate student and TA at Trent, said. "But with all the cuts to education, everything is threatened and because we are not unionized we are the most vulnerable."

Val Patrick, business agent for CUPE local 3903 at York and 3908 at Trent, echoes Gay's concerns.

"Especially in this political climate and this time of squeezing, if you don't have an organized collective voice you'll get squeezed out," she said.

Union members at other university campuses say organization is helping to protect them in these tough times.

"Last year the administration wanted huge rollbacks. If we hadn't

been organized we would have had our pay decreased, we would have lost our job security and many of our benefits," Andrew Gray, a student teaching assistant at the University of Toronto and treasurer of CUPE local 3902, said.

Unionized student academic workers have even managed to make gains recently. At York University, negotiations resulted in a drug and dental plan, guaranteed annual wages of approximately \$9,500 and a guaranteed number of years of paid work.

But Trent administrators don't seem to feel that there is a strong need for student academic assistants to organize.

"I disagree strongly that [they] are so vulnerable," Paul Healy, dean of research and graduate studies at Trent, said. He adds that student

academic workers are highly valued by the university.

Healy says he is skeptical about the success of the unionization drive. He adds that organization can lead to labour unrest, pointing to the fact that there have been two faculty strikes at Trent in the past six years.

"Graduate students will need to consider the pros and cons.... Although unionizing can simplify negotiation processes, labour unrest can also occur," he said.

But members of the organizing committee remain undeterred. They have already launched an information campaign and over the next month will be collecting signatures from interested student academic workers.

"We need to protect ourselves," Gay said.

York wine and cheese sparks outrage

Source: excalibur

TORONTO (CUP) — A wine and cheese party held for student leaders at York University provided an opportunity for irate students to lash out at the administration.

Approximately 15 protesters entered the event chanting "Stuff your wine and cheese, freeze tuition fees."

"York couldn't buy me enough wine, cheese or free gifts to make me drunk enough to forget about my student debt and rising tuition costs," Blair Dowell, student activist and head of the visual arts student union, said.

The event, held Jan. 20, was put on for student leaders by the Student Centre Corporation, which runs the university's student centre. Over 120 students were invited, including the heads of all recognized student groups and members of peer support services. They were treated to drinks,

finger-food and free gifts, including desk calendars and pens.

Participants in the protest included York activists and organizers for the upcoming National Day of Action Jan. 28.

The event was attended by Lorna Marsden, York's president.

"Is this [her] idea of accessible student education?" asked Dowell.

Members of both York's

undergraduate and graduate student unions agreed. Some said they felt Marsden's presence at the event was a token appearance and not an honest

attempt at discourse. "President Marsden has ignored our persistent requests to take real steps in improving the quality of education, which means lobbying

for reduced tuition and a national system of grants for students," Gamal Abdel-Shehid, equity coordinator for the graduate student union, said. Marsden addressed some of the concerns raised during the protest, from loan programs to students' quality of life, in a speech to the crowd. She also thanked the guests for their contribution to York.

But Abdel-Shehid remained unimpressed.

"I didn't run for office to get wine and cheese from the president," Abdel-Shehid said. "I wanted to represent students with high debt

loads in the face of skyrocketing tuition."

Abdel-Shehid said the event was little more than a bribe.

"We're here because we're opposed to the buying off of student leaders on campus."

Jeff Zoeller, organizer of the wine and cheese, says the anger stems from a misunderstanding about the event's context.

"We're doing it to recognize the work that student leaders put in on this campus," he said. "It's an opportunity to thank student leaders who usually don't get the appreciation they deserve."

Zoeller adds that the president's office didn't pay for anything.

"The student centre has always given out stuff. [The gifts] are simply promotional things from the student centre," he said.

"York couldn't buy me enough wine, cheese or free gifts to make me drunk enough to forget about my student debt and rising tuition costs."

features

Eating disorders ...

G.K

I'll lay a bet that just about everyone out there knows at least one person who has or who used to have an eating disorder of some kind (If you don't ask around, if people are being honest, you'll at least find someone who knows someone.) I'll also hazard a guess that you've heard a bit about the symptoms, and you know that if you're worried about a friend you can talk to them, find a clinic in the area (if you don't know of one, go to the Women's Center in Hilliard - they have lots of info.), you can also even help them find a nutritionist or doctor. Sometimes all it takes is a supportive friend. What I really want to talk about is dieting.

Many people - by people I mean men and women - 'go on diets', for various reasons which usually have something to do with not liking our bodies. People go on many different kinds of diets - there's the grapefruit diet, the 30 day diet, the Jenny Craig style diet, the healthy diet, the vegetarian diet, the fatty foods diet the I'm-gonna-start-tomorrow diet, the I'll-never-eat-again diet and the I'll-eat-lots-and- puke-it-up-after diet, to name a few. What people don't seem to get, is that the way we eat is a diet. You don't go on a diet, you change your diet or your habits. If you talk to any health professional, and they're straight up with you, they'll at least tell you that the best thing to do is to eat smaller portions, eat all your fruits and veggies, and eat less fat (you know, eat the light chocolate bar). They will also tell you that the healthiest way to lose weight is through a combination of diet and exercise, no more than two

pounds a week, with the exception of five for the first week. It may not

for some people, having a healthy body is an issue about their general well-being

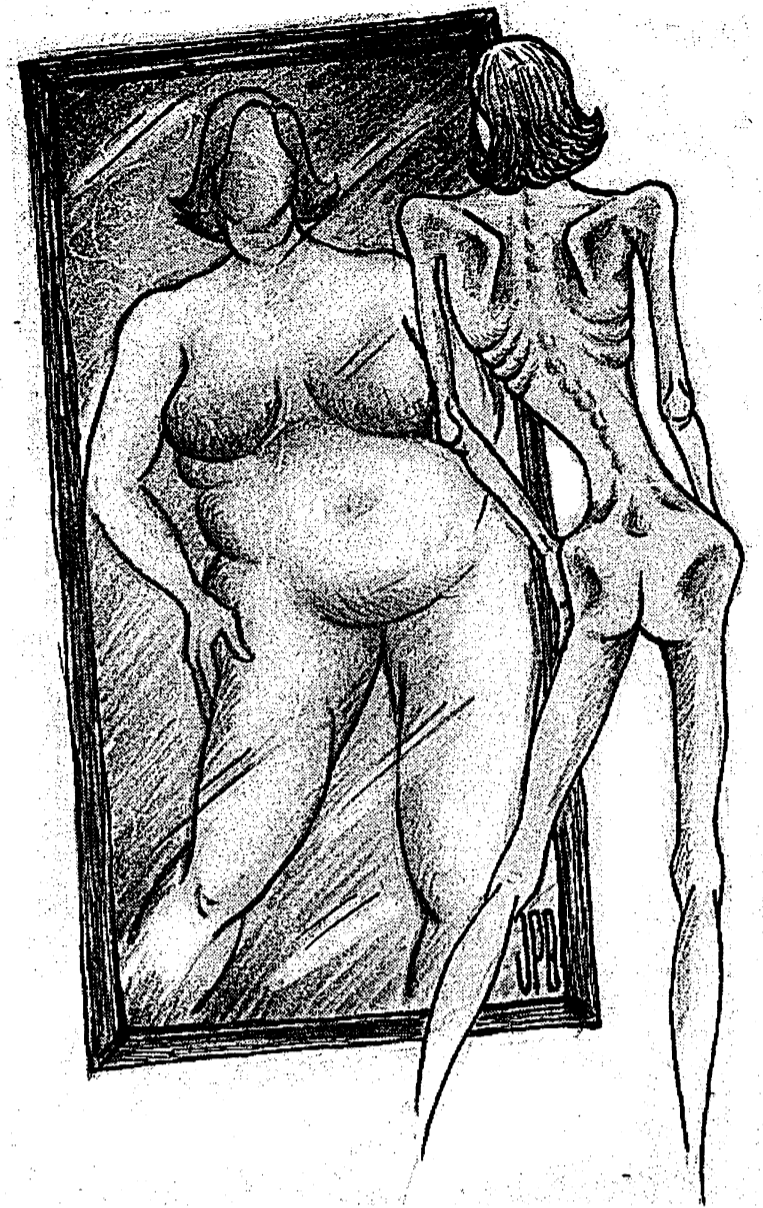
sound like a lot but that's 60 pounds in 3 months. Now, if you're happy with the way your body looks, congrats! This is not at all a conceited way to be. And you might also want to look at how healthy your body is anyway. Don't get me wrong, I am

NOT saying go out there and change your diet. What I am saying is that for some people, having a healthy body is an issue about their general well-being. Around here, I've noticed that it's incredibly difficult to maintain healthy eating habits, so I've brainstormed a few little things you can do - and don't kid yourself, these add up, especially if you're not doing them.

1. Cut down on the extras. Instead of getting mayo and butter on your sandwich, pick one. This goes for cream cheese bagels too. Order your fries naked - no gravy or poutine, and for these days when you really need some gravy, ask for less, or to get it on the side.

2. Choose your junkfood wisely. Check out the fat content and the ingredients on those chips and chocolate bars. Some of them post this stuff in very easy to find places. Or if you buy a baked goodie, such as a Nanimio bar, share with a friend or save some for later.

3. Eat less. I don't know about you, but I always feel obligated to eat everything on my plate, especially with the prices around here. Saving it for later works, but isn't always the most appetizing option. Feel free to ask for smaller portions. Who knows, maybe if enough people ask they'll start offering smaller portions. (Well, we



can dream can't we?)

There are many more little things you can do, this is just to get you

started. And remember don't abuse your body or your self-esteem by "dieting"

A cure for anorexia has been found!

Meri Perra

I have wonderful news! A cure for anorexia has been found! Soon, there will no longer be a need for "National Eating Disorder Awareness Week", and eating disorder treatment centres will close their doors! What is this miracle cure, you ask? Has the U.N. declared objectifying women's/men's bodies a violation of human rights? Have all diet drinks, foods, weightloss clinics, and anything marketed with the word "slims" in it been banned? Are we about to hypnotize everyone on this (mostly Western) planet that nobody's worth should be measured in their attractiveness, while at the same time erasing oppressive beauty ideal images from everyone's minds so that natural beauty and body sizes can be truly celebrated?

Oh no, not at all! (We don't have to worry about that stuff anymore, silly!) Why? Because the word anorexic "gene" has been found! I pause now, to breathe a sigh of relief. Here, the thought had been that women are more likely to get eating disorders than men because their value is placed entirely in their attractiveness, the standards of which are completely artificial and next to impossible for women to achieve. The assumption that anything diet/low fat is marketed towards women and that this, in turn, perpetuates eating disorders, is therefore completely false.

It's a mere coincidence that it is easier to find unattractive men in the media than it is to find unattractive women. It's also a coincidence that more and more men are getting eating disorders at the same time as political correctness allows for women to be objectified if they have an objectified man next to them.

I'm so glad we don't have to change anything! Hooray! Genetics are responsible for anorexia! What will happen then, is that a miracle pill will be discovered (greater than Prozac perhaps!), and all that eating disorder sufferers will have to do

is pop pills for a few years, and they'll be fine. Boy, that's great, thank you genetic research!

And all this time, eating disorder sufferers have been wasting their energy on improving their body image, changing their relationships with food, improving their self-esteem, recovering from their addictions to food/anorexia/bulimia, when all they had to do was pop a pill. Indeed, this is great news!

Genetic research is valuable, but not more valuable than educational campaigns promoting natural body sizes and healthy eating habits, for example. (And which of the two gets more funding?) Genetic research takes the blame from society, so that society can continue to function in a hierarchical manner, feeding those on top and starving those on the bottom.

The same is true for cancer research. Many types of cancer are linked to environmental problems, but trying to fix these environmental problems involves implementing stricter

environmental laws. Stricter environmental laws mean that corporations can't produce as cheaply as they'd like, so much is done to sway governments to relax

publicized, and environmental causes are denied. And, sunscreen sales increase. Finding an anorexic "gene" is part of this continuum.

Eating Disorders are a societal form of violence against women. Eating disorders affect women more than men, but, since the new trend in political correctness is to objectify men along with women, more and more men are falling victim to this societal disease.

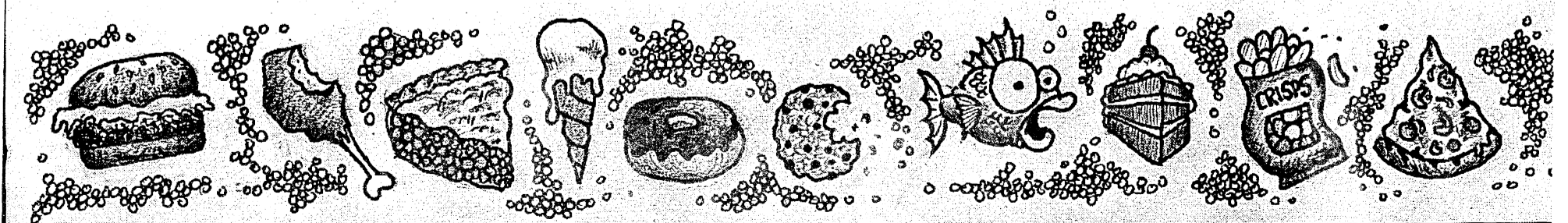
There is such little recognition for men who have eating disorders, and the disease is so feminized, that it can be harder for a man to seek help for his eating disorder than a woman. And, even in Toronto, it is so hard for women to get help for eating disorders that the disease continues to go untreated. It's disgusting.

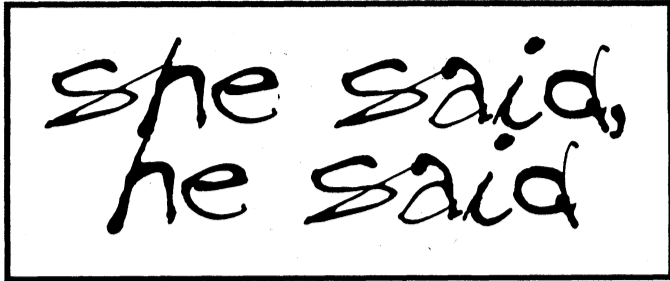
The causes of eating disorders, including anorexia, are much more complex than genetics. So is the healing process. Finding a quick cure for eating disorders is not the answer. Holistic healing, education, and prevention is.

their laws.

Genetic causes for cancer are

... political correctness allows for women to be objectified, if they have an objectified man next to them.





Janvier

26 - 2:30pm Reading: Steven Heighton, author of fiction and poetry will give a reading in rm. B213 YH. Sponsored by the Canada Council. All Welcome.

- 8:00pm Opening night: Stranger than Fiction. Theatre Glendon. \$5.00 students

- 10:00pm. Banner and Cheer contest in the Pub/Concours des Cris et bannieres dans le Cafe de la Terrasse.

- all day - Deadline for articles/artwork for the next issue of The Furies. Theme: Beautiful, Natural Me/Le moi naturellement beau. Drop off work at/laissez tes travaux au Glendon Womens Centre/Centre des femmes, Hilliard Res, D124.

27 - 5:00pm ProTem general meeting. All potential writers welcome!

- 8:00pm. Karaoke dans le Cafe de la Terrasse/Karaoke in the Pub.

28 - 12:00am buses leaving from the principals parking lot for the Days of Action protest at Bay and King.

- 6:30pm Leave Glendon for Nathan Phillips Square to do some ice skating! Quitter Glendon pour aller a Nathan Phillips Square pour faire du patinage!

29 - 7:00pm GLABA vous souhaite la bienvenue a/welcomes you to a Movie and discussion night/soiree de film et de discussion. Womens Centre/Centre des femmes.

- 8:00pm Concours Drag King & Queen dans le Caf, suit par une soiree Pub/Drag King & Queen contest in the caf, followed by Pub night.

30 - 9:00pm Soiree Pub des Anciens de Glendon dans le Cafe de la Terrasse/Alumni Pub at Cafe de la Terrasse.

31 - 1:00pm Carnival Olympics in the Quad/Olympics du Carnaval dans le Quad.

fevrier

1 - 2:00pm Pool & Euchre tournament in the Pub/Concours des Billiards et Euchre dans le Cafe de la Terrasse.

3 - 5:00pm Deadline for submissions to ProTem.

6 - 8:00pm Closing night: Stranger than Fiction. Theatre Glendon.

PROBLEM: I've been arguing about with my girlfriend. She says that it's OK for girls to have pictures of hunky guys in Speedos (half-naked) posted around her room, but she won't let me put up some of my posters of girls just because they're either in little bikinis or topless. She says that it's degrading and she also tells me that when guys put up pictures of other girls, it means they're losing interest in their girlfriends. I told her it's not like that, these girls are just fantasies, just like her posters with guys lying around the beach, or posing on surf boards. I still say that either we should both be able to have our posters, or we should both get rid of them. She says my posters are worse than hers, and I just don't understand. Do you?

SHE: As a female, I can see where she's coming from. My guess is that most of her argument stems from insecurity, however inform her that these beauties are airbrushed and camouflaged. With all due respect I'm sure she has every right to feel weird around a room full of half-naked women where her boyfriend sleeps. I do agree with you about the fact that if one person has to get rid of their posters then the other should as well. If she says that her posters are decoration then why don't you tell her the same? After all they must do something for the walls in your room. Make her feel that she is as beautiful to you as those poster babes, maybe blow up a picture of her that you have (in a bikini preferably) and put that on your wall to prove to her that she is a fantasy of yours come true. The real issue here is that there is something that bothers her (and you as well I presume) so if you are going out together then you should respect what the other one asks for. It's not like posters are a big deal, but if she feels it's degrading then you should respect that. Just as well she can't expect to leave her "decorations" up if you have to take yours down.

HE: Once again a female proclaims that she doesn't have fantasies, ya right! You have a girlfriend who obviously doesn't understand that the fact that you have posters on your wall has nothing to do with her. These luscious babes are on your wall because you know you will never have the real thing. They are not the real thing that's why they are on the posters. The fact that she has pictures on her wall seems to me like it doesn't bother you, you are simply trying to make a point by getting her to take hers down if you have to take yours off. In reality I would probably do the same thing but practically you should just say to her "hey, if you want to leave yours up while I have to take mine down, that's fine, I don't care either way this way you show her what a small deal the pictures really are, but what a big deal she's made of them. What guy wouldn't love to have top-less, half-naked women around him while he sleeps? Maybe you should flatter your girlfriend a bit more so she feels like she's at a totally different level than the poster bunnies. I also think that although you don't want to turn such a small issue into a big fight, there is some hypocrisy here.

PROBLEM: I'm a 20 year old woman and I'm still a virgin, what should I do? I feel like a social out-cast.

SHE: Listen, by some of us, you are considered one of the lucky ones. Not that all girls regret having sex but there are those who would like be in your position. One's virginity is a sacred thing and its not up to any JOE BLOW to take it away from you. Some girls regret their first time. It was rushed, it wasn't for love, it was just sex, are just some of the things I hear from them. The right guy, the right place and the right time will come. Be proud of who you are and what you've got, and by no means be ashamed of being a virgin.

HE: Social out - cast???? Does everybody have to be banging everybody to be apart of society nowadays? Is sex just an act bumping & grinding so one can fit in? What are you talking about?! Sex, I think, is a symbol of one person's affection towards another. Although nowadays sex has kind of lost its meaning, it is still a very intimate act which is not just done for the sake of losing one's virginity!

In answer to your question: "WHAT SHOULD I DO?" the answer is, nothing different to what you have been. When the right guy comes along you love him, he loves you, bye bye virginity!

CONSPIRACY THEORY OF THE WEEK

Secret documents leaked from the York Liaison department reveal some startling strategies to improve recruitment at Glendon. The most disturbing recommendation dealt with how to improve the recruitment of males. York Liaison will propose that all Glendon ambassadors be replaced with the Hooters Girls and that all prospective male students will be guaranteed one intimate encounter for every course they enroll in. The proposal which has enraged the Glendon Women's Center is being hailed by some as a recruiting breakthrough. York Liaison insiders insist that all they are trying to do is keep abreast of current recruiting tactics and refer to Glendon's previous efforts as "a total bust."

**three lines free
trois lignes gratuit**

Dear Denise,
Only two more weeks until you leave the land of the lost and lonely. Don't forget about all of us who remain in limbo as you sail off to the island of wedded bliss. May all of your days together be like a honeymoon.
From Jane

Doh Beans:
The lilies are pretty. You are pretty too to me. Let's be pretty for a while longer.
Love, Me.

To those of you who don't know who you are: You better ask somebody!

Dear Chekov,
Our close encounters have been too seldom lately. I miss having you Enterprise land in my loading dock. Meet me at the holodeck tonight and I'll clean your phaser.
Love, Ohura

If you feel you are tired of the worries and conflicts of everyday life, just take a moment to think of all the wonderful things that already exist in your life, without which life would be even more difficult.
Buddhamaria

Congratulations to Glenn and Jo. Don't forget to give us some photos of the big day to publish!
From the staff of ProTem

Dear Dapperman:
Do you have any relation to, have any knowledge of, or, have any contact with, Cancerman? Is he really dead? What kind of cigarettes did (does) he smoke?
From, Curious

My New Year's resolutions

Denise Alevizos

Assuming we all made it through all the overrated New Years Eve parties with few to no bruises or regrets, we inevitably are forced to seriously look to the new year with aspirations of achieving all the things we've failed or neglected to do in the past. These achievements transform into personal goals and promises and due to the date on which they are formed become the infamous New Years Resolutions.

My own personal resolution came about as I sat down to write this article. Seeing as I spent my entire vacation doing ab-so-lute-I-nothing, I found myself quite ill-prepared to write anything let alone something that would inspire or interest any of our readers. During my three week holiday I made a point of limiting the intake of information to my brain, so that I could sit on my couch to watch television open-mouthed taking breaks only for food and when I could hold it no longer, the bathroom. So there I was, trying to write a wicked article and all I could think about was taking a nap or mmmmm... more television. So I started thinking, "It's the beginning of a new year and my resolution is to not be so hard on myself". So it begins here, I'm no longer going to beat myself up over things. I'm just going to let my pen flow and whatever the outcome, it's okay, I've done my best. So here's hoping you all enjoy the uncensored, uncut, thoughts which are floating around in my brain.

Here goes! First I'd like to give

a big congratulations to all the first year students who are still here. If you haven't dropped out yet you're more than half way there, so a pat on the back to you all. Trust me, I

Please stop asking me what I am going to do for the rest of my life

know what I'm talking about. I did my fair share of dropping out, though I cleverly did it in March because I truly feel that if you're going to screw up you should do it with some flare. So, if you're still at York now and are thinking of dropping out but can't seem to figure out a way of doing it with some chutzpah here is what to do: Stick it

through until it gets warm enough so that you don't really mind the nine hour trek up to school (assuming you commute) and then just sleep through your final exams and wake up around mid July.

Second, to all those who did drop out I would like to say sorry that it did not work out. but it you am no longer attending school at York but still come all the way here to pick up a copy of ProTem, then hey, dropping out was probably not too bad of an idea.

Thirdly, I would like to say that I am only twenty four which is fairly young so I would like everyone to Please stop asking me what I am going to do for the rest of my life. There, that's I that's all I have to say about that.

Fourthly or fifthly, or where ever I am. I'd like to give a big tsk tsk to anyone who purchased Barbie anything for anyone this Christmas. The physical standards that Barbie sets for impressionable young girls are completely unattainable. If a real woman had the same measurements and physical structure they would be confined to bed seeing as how they wouldn't be able to walk without tipping over. Don't believe me? Go to the nearest toy store to witness for yourself Barbie's double-D breasts accompanied by her half inch feet,

And I know you hear it all the time boys, but it is not the same for men. Come back to me when they attach a two-foot shlong onto Ken. Next, while we are on the topic of the sexes, guys... relax with the freaking out during the yeast infection remedy commercials. I understand that you're never going to need that kind of information but I am never going to purchase the book of home remedies either and I don't yell, shriek and shudder when the commercial comes on.

Next I'd like to discuss a little pet peeve of mine. It involves those people who say "It's going around" when you're sick. Whether it's winter, spring, fall or summer, they nod as you sneeze and say stupidly "Yeah, I hear that's going around." Here's an idea. Germs are always going around, so let's try to limit useless information t stories about our cats. Okay?

Here is a question for you: If the Sun is a "crappier" paper than the Star why is their crossword more difficult?

Before I forget, Happy New Year everybody, now only two more years until the end of the world. What do think is going to happen on January 1, 2000 when we are all still here? Will human beings stop being morbid or will there be a new interpretation of Nostradamus'

limerick prophecies changing that date to 2001? I bet the fate of the Earth on the latter.

And lastly, only 300 or so odd days until Christmas.

Well that is about seven hundred words, now I need a nap. Living up to your resolutions is fairly tiring. But that was the easy part... you see, my second resolution is to change the world, which may a little more energy. So I'll begin at an easy pace seeing as I've become such an easy going gal and I will simply leave a few directions for you to follow. Who knows, if everyone follows suit then my job will be done and I can sit pretty for the rest of the year.

So until next month, good luck to everyone second term. Thanks for sticking with us here at ProTem and please do as follows; be good to your pets, give money to buskers, be kind to telemarketers, they're just doing their job, give up your seat on the TTC for someone who looks tired, be friendly to people, don't buy your essays, remember peoples birthdays, make your own greeting cards, tip waitresses, read the Celestine Prophecy, read Spiderman comics, read anything, take a stand on something - anything, tell someone you love them, be kind to your editor, and smile. We will get by this year yet. As for me, it's nappy time.

1998 is the year for self-realization

Marc Kroesen

A couple weeks into 1998, and for all it's worth it seems a lot like 1997 to me. New Year's Eve just doesn't do it for me anymore, I don't really like the idea of going down to Nathan Philip's square (on what always seems to be the coldest night of the year) to be boxed in by people in your face no matter where you turn (and I'm 6'4") only to hear some gong ring in the New Year. I'd rather be inside pouring myself another drink or paying my respects to maryjane, with preferably less than 30 people. Mind you that's just me.

Change seems to run synonymous with the idea of New Year's yet how many people do you know, have made some noticeable in themselves since December? Have you made any changes in yourself to better reflect the type of person you want to be? No, I imagine that any changes you have undertaken are for reasons you yourself know and it is coincidental that it happens to be around New Year's.

Coincidental or convenient ... hmm, that gets me to thinking about education. Currently I am working instead of going to school, due in large part to what was becoming an overwhelming debt load (Students end up paying 50% in interest on top of the amount borrowed through OSAP - i.e... Borrow \$15,000 pay back \$22,500). I am however taking a correspondence course outside of the university and find myself learning an incredible amount at work. More amazing than realizing you can learn outside of school is the following. As it turns out my company will reimburse me for my education costs upon completion, which begs the question why did I

borrow money to go to school? Not only will they reimburse me, but for some courses I get a bonus. Why do we continue on to university from high school? Is it a convenient way to continue learning? Would it be fair to say most of us are not aware of what we want to be yet, and so we bide our time in a high-priced environment until we figure out what we want to do with our lives? At the time when we should be deciding for ourselves what we want to do with our lives, society has conveniently established a path to follow to get you the 9-5 job for 40 years. Most people have been conditioned to think is what will bring them happiness, when they will really end up loathing the work they do, in part because they went to school to study whatever and ended up pushing paper or some other brain-draining task.

Students borrow money to follow the 'enlightened' path and once done school, get a job with a company (to get some experience) and then the monthly bills and loan payments start. It becomes much more difficult for people to take a chance once they

have obligations like that and so they stay where they are. Don't get me wrong I love the job I am at right now, but I will not work there for the rest of my life. It's all part of the ongoing learning experience. Not exclusively available at some elite learning centre, but available to all, at all times in ones life.

Challenge yourself to know what you want and to be striving toward it.

Most people feel that they could do anything provided they had the time to learn how to do it and the resources to teach them so. Yet even after four years of university so many people find themselves not knowing what they want to do, which would seem to point out to me that university does not necessarily give you direction rather merely provides you with the resources to learn from that would not otherwise be available daily. You could still get access to the same information hence in large part the same 'education'; for free even.

Libraries have minimal fees, providing access to books students pay hundreds of dollars for. Talk to someone who's an expert, someone who knows - you only get better at something by practicing or doing it with someone who is par or better than you. Yet students still pay through-the-roof prices for services that suck. It took me a long time to finish that last sentence because I really tried to find a different ending

for it, but if I look at the 'customer service' the school provides, it's horrendous. Most companies & institutions pride themselves on their customer service, mind you they don't participate in some elite oligopoly, thus must recognize the customer as their reason for being.

Students sometime lose sight of the fact that they are customers obtaining service for a fee, and a pretty fee at that. Businesses would

Challenge yourself to know what you want and to be striving toward it.

make it a priority to find immediate and permanent solutions to problems such as: when the customer(students) feels like they are being processed like a number, frustrating the customer(student) with unreasonable lineups, being on hold on the phone for more than 10 min., and the price of food in the cafeteria, I mean who do they think their customers are, rich young students? Can you say oxymoron? Can you say moron to the guy who sets the

prices there? And thanks for bleeding me dry of all the money I had ... man ... thank god for pub ... I guess ... where you can have your heart desire of grilled cheese, Caesar salad and an assortment of frozen food products you can find in your local grocer's freezer.

My point is that while school can be neat, and it can really be a good learning experience, don't kill yourself just to get a piece of paper that lands you in a cubicle 9-5 for 40 years. Dip in and out of different waters, and don't be afraid to dive in sometimes. The job that I have right now is a lot of fun for me, yet the qualifications were much more than what I had to offer. I had to get my foot in the door (bilingualism, I now recognize as one of the most valuable assets I have) and get an interview. Once you get an interview the focus comes back to you and it becomes a matter of you selling yourself. To successfully sell yourself you have to know yourself, who you are, what you can do, where you can go and where you want to be. In order to know those things you have to be able to look inside yourself and understand your desires and needs. Once you know those things, you can identify your strong points and where your weaknesses lie and present them accordingly. It becomes easier to understand what motivates others if you truly understand your own motives.

No more plastic people!

Christina Minaki

‘Come on, Christina, What do you expect from me?’
 Sydney’s question hangs in the air, and my impatience dies as I realize it wasn’t very long ago that her question, her dilemma, was my own. So, I take a deep breath and issue the challenge that has been my personal inspiration.

“I expect you to stop being a plastic person. Stop surviving and start living. Be responsible and run your own life. If you don’t do it, your limitations will do it for you. I don’t want you to realize years from now that it was your wheelchair that stopped you from being exactly the person you wanted to be. You have a choice to make. Its hard, but it’s important. Take it. Use it. And live.”

To many, a wheelchair is an intrusive, rude, and unwelcome stranger in the home of dreams and hopes. In many lives, it is a scar, a wound too painful to face, too strong to, and too imposing to minimize. I am not one of the many. I am a proud and a loud exception.

To me, my wheelchair symbolizes a chance and a choice. It is a way for me to prove, to myself as well as to others, that I don’t take the easy path home. It is an opportunity and a reason to fight stereotypes and pity. I see my wheelchair not as a seat but as a symbol of my personal strength.

I am proud to say that when I look in the mirror, I like the person I see. But it disheartens me to think of other people who also face disabilities for whom a wheelchair is a source of shame to be avoided, hidden and never discussed. In my eyes this misconception is the tragedy of our lives, not the unique challenges we each face. It is through my experience, gained as I live my own life and watch those close to me with disabilities live theirs, that I have built the convictions on which I stand strongly today.

The best remedy for dissatisfaction is affirmative action. It does no good to lie back and remain unhappy, but it does wonders to use life as a canvas upon which to sketch accomplishment.

For almost as long as I can remember, doctor, therapists, and other professionals have encouraged me to accept the fact that my plight in life brought with it boundaries which are beyond my control. Is that advice supposed to make me feel better?

Try again, Dr. Expert.

Yes, I agree that those with disabilities who struggle with feelings of insecurity and pain deserve compassion and a loving shoulder to lean on, but tough love can bridge chasms of emotional aches much more

It is much easier to throw our hands up in the air and say: This is the way life is than to ask ourselves if this is truly the way it has to be. The first option is more and passive, closer to the plastic end of the scale of reaction choices. The latter is more difficult to face honestly, but it reaches further, expects more, and is infinitely more satisfying because it requires integrity.

In response to my point of view, I often hear people say: This is not a fairy tale. I am only human. That makes me angry To say simply that we are only human is to insult the miracle of human life. God did not put us on this planet to be plastic people, leading plastic lives. Someone once said: “Experience is a difficult teacher. The test comes first and the lesson a afterward.” We must acknowledge the mistakes and regrets of our past and use them as tools in the active business of learning about ourselves. We are here with a purpose, a mission, a challenge. That challenge is to take our individual circumstances, assess them and make changes until we are satisfied with who we are and how we feel. To say we are only human is to misread an assignment of action as an excuse to do nothing. By minimizing humanity, we make ourselves look incompetent. Yet when others are ignorant enough to see

we are insulted. Is that not the way many of us often choose to see ourselves? Living with a disability is not easy, It is a challenge over which I have shed many tears along my journey to the home of a vibrant and valuable life. When all is said and done, I have accepted my challenge as a blessing in elaborate disguise, because I am not a plastic person. I am alive, and I wear life with pride.

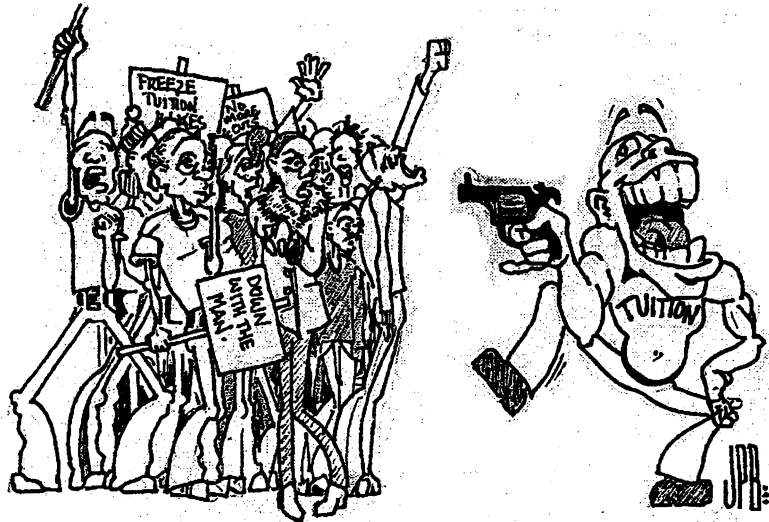


Susan Stowe and Jennifer Puddicombe (in chair) participate in Access Awareness Week activities.

effectively than blind understanding that doesn’t challenge, and simple acceptance that does nothing to enhance inner development. It is only when we are confident with our particular trials and at home with ourselves that we can expect the world to accept us. How can we ask others to look past our physical difficulties to ourselves, our personalities, and our hearts when we don’t expect the same equity from our own inner critics?

us that way because of a disability, we are insulted. Is that not the way many of us often choose to see ourselves?

Living with a disability is not easy, It is a challenge over which I have shed many tears along my journey to the home of a vibrant and valuable life. When all is said and done, I have accepted my challenge as a blessing in elaborate disguise, because I am not a plastic person. I am alive, and I wear life with pride.



Don't forget to attend the Days of Action Protest on Wednesday, January 28. Be at Bay and King by 2:00 or meet outside the Cafeteria to get the bus by 12:00. Let's tell the government where to go!

Glendonites unite!

Glenn Rigby
 Student Working Group on Glendon

It is news to no one that there exists at Glendon a feeling of terminal uncertainty. Glendon can not emerge from its shadow and as a result becomes mired in mediocrity and held back by instability. That is why the process we are currently going through can only be of benefit to the college.

Every time a rumour trickles down from Keele about our future we are reminded of the unstable nature of the Glendon campus. Glendon old-timers will tell you that this has been going on for years and that no harm is really done. Tell that to the prospective student who doesn't apply to Glendon because their best friend's brother who goes to York tells him that Glendon won't be here next year. Or perhaps ask the

University's APPC that we will not tolerate being ignored. We've had 25 years of indifference from Keele and it must stop with our document. If our document does not receive adequate consideration, we must be prepared to show York that

We've had 25 years of indifference from Keele -

we are not to be trifled with. We proved to ourselves last year that we are able to mobilize effectively with the student

lockout. We need to be able to expand on that and prove to York that if they continue to ignore the students that care so deeply for this campus, that we will act immediately and decisively.

Nowhere at Keele do you see the kind of community spirit and passionate devotion that Glendon students feel for their campus. We will not give it up to anyone. We will not let its efforts be suborned by an indifferent Keele administration. The consensus among Glendoners is this: Keele should feel privileged that they are able to associate their concrete calamity of cold indifference with our beautiful, vibrant oasis.

This document should also serve as a warning to York

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A megamusical fan's guide to collective creation

Rae Perigoe

Admit it.

Your heart swirled with the twirling teacups of *Beauty and the Beast*. You leapt obediently up into a standing ovation as the helicopter disappeared into the mist in *Miss Saigon*. You were outwitted by Magical Mr. Mistoffeles in *Cats*; you beat your breast in social activist indignation at the cruel end of *Ragtime*; you shelled out \$91 to see a chandelier drop and to be tortured by an overly repetitive, insipid score in *Phantom of the Opera* (not that I'm biased, or anything).

Put less wordily, you are a fan of the megamusical. Avant-garde theatre artists hate you for destroying mid-size theatre in Toronto, but truly they need you as a mass group to patronize, which inflates their egos. But the cast members of *Stranger than Fiction* - Glendon's-upcoming collectively created production - love you. Because if your butt filled a plush seat at the Royal Alex, there's a remote possibility it may fill a vinyl one at Theatre Glendon. To that end, I have concocted a friendly guide to help you, O megamusical sheep, get the most out of Glendon's

new collective creation. Now pay attention! This is ART.

I. Don't try to follow the plot. Remember those plot graphs you did in English class back in grade six? Erase all memory of them. That particular literary skill is completely irrelevant here. Why? There's simply no plot to follow. A collective is a series of fragmented moments. Sometimes the only connector between them is a repeated phrase, or a few bars of music, or a mimed tableau. You won't be told the grand story of Jean Valjean and the nineteenth-century French urban poor, as you

were in *Les Miserables*. What you will get are short vignettes that exist for a moment, impart their wisdom, and move on.

II. Don't fall in love with the characters. Those of you who go to the theatre solely for the flashes of

It's not a megamusical, but that doesn't mean it's a dissertation.

insight and realism an actor can bring to a developed character are going to be disappointed. No

developed characters here. Each one dies away as quickly as a scene change. With a few exceptions, the actors play different characters in each scene. Watch out for cues that point to the type of character the actor is playing - a bomber jacket, facial tics, a squeaky voice.

III. Laugh. Go nuts. It's not a megamusical, but that doesn't mean it's a dissertation. The peppery wit of Glendon's finest actors seasons each scene. Clowns, religious freaks and public drunkenness are but some of the more overt humorous devices used. More subtle and more scathing is the show's underlying social commentary - but you'll have to unearth that for yourself.

IV. Think. It may be too much to ask of you Andrew Lloyd Webberphiles, but *Stranger than Fiction* really does ask you to put your decaying grey matter into use. And unfortunately, no one is going

to let you off the hook by releasing the *Stranger than Fiction* Coles Notes in time for curtain call. But none of you should have any problem with thinking, being the flexible-minded liberal arts students that you are.

There. Now you, the frequenter of megamusicals, can arm yourself with this handy four-point plan as Theatre Glendon baptizes you into the strange new waters of the collective. And while we don't have a full-scale working helicopter, we don't have full-scale *Miss Saigon* ticket prices either. So take that money you were going to spend on your next megamusical and buy a \$5 ticket (student price) to *Stranger than Fiction*, Glendon's upcoming collective creation, opening at 8:00 pm on January 27 and running to the 31st. And buy tickets to the next decade's worth of Glendon plays. You'll still come out ahead.

An interview with the two Directors Vanita Butrsingkorn and Stephanie Sleightholm

Emile de Rosnay

Protem - Briefly tell me what your play is all about.

- In a few words, possibilities... potential... interaction between strangers. The different possibilities that emerge from such encounters. It is the result of a lot of hard work put in by a cast who didn't know each other; 7 actors and us, the 2 directors.

Protem - What is it about in terms of how it was created?

- It was created collectively by all of us, the actors and directors. It's episodic, divided into scenes related

by theme rather than characters. It's analogous to an anthology of scenes about strangers, with a common theme. It tries to find out who the stranger is, because it's dealing not only with strangers never met, but with people who we think we know, but who become strangers.

Keep a look out for "intermission fun", a game in which the audience has the opportunity to look for things included on the set.

Protem - How did you come about this play?

- It started out as a joke a year

ago. We were playing with silly theme ideas, and thought of how it would be if we put it in the form of a collective play.

Protem - What artistic tradition is this play in?

- It's a tradition in Canadian theatre. It's the spirit that permits the actors to have a say in the roles they're going to play and in the production to which they devote 3 months of their lives.

After we were joking last year, we ultimately realized that we were serious. We decided to undertake

the project as an independent study through the English and Drama Studies departments with professor Robert Wallace, who has supervised and guided us throughout the entire process.

Protem - What difficulties did you encounter in terms of vision, and how did you resolve them?

- In a large group where all members share power, there were conflicts in terms of vision - the directions the play should take - which ranged from superficial to

profound; from changing a word in the script to altering the whole feel of the production. We had one particular discussion a few weeks ago that served as a marker of everyone's commitment to the production. This represented for us a moment at which the production became the property of everyone involved. From that point on we've known that the passion will manifest itself in the final product.

Protem - What about the method of script development?

The script evolved over two months during which, as directors, we would lead the actors through improvisations based on the theme of stranger interactions. In December, once we had accumulated a significant number of scenes, we spent two weeks putting the created scenes onto paper. Actors were invited to participate in the writing sessions, and everyone did. Following that, we organized the scenes, gave the play a framework, and prepared the script for the first post-holiday rehearsal. Actors were given the opportunity to alter the script in any way they deemed necessary.

Protem - You seem to have learned a lot during this production. Is there anything else that's had an impact on you?

We really want to acknowledge the fact that, apart from the two of us, no one else involved in the production is earning an academic credit. Theatrical productions at Glendon demand countless hours of work. The cast and crew share a selfless dedication to this production which is evident and admirable.

pro tem

we are looking for enthusiastic individuals to fill the following positions:

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Oh Canada!!!

Alison Sammut

For most of our young athletes, the Olympics are a crowning moment. For a youngster who spends almost eight hours a day, everyday training, there is no greater honor than waving your flag in the air or winning the coveted gold medal. For most Canadians, there is a great sense of pride when one of younger athletes brings home the gold medal-especially when it is in the sport that is Canada's pride and joy-hockey.

The road to the Winter Olympics and our hockey team was recently in Nagano is fastly approaching named. After months of

speculation, Team Canada General Manager Bob Clarke publically announced the chosen sons to guide us to glory. Among the players chosen to lead this faithful flight are Joe Sakic, Eric Lindros-who incidently was named team captain, Wayne Gretzky, Rob Zamuner, Brendan Shanahan and Steve Yzerman. Incidentally, the greatest leader sports history from the team-Mark Messier, was excluded from the invite list. Clarke also left out sheap shot artist Claude Lemieux.

After a disappointing loss in the World Cup of Hockey to the United States, the only Canadian sporting record which was some what sacred was that of our World Junior Hockey team, their streak of winning five straight gold medals was untouched. However, on Christmas Day, again a rude awakening hit Canada as our juniors lost.

In recent years, our hockey program has gone from being exceptional, to one of the best, to good, to no bad. Our future in the game depends heavily on how well our hockey Olympians can do in Nagano.

North America rules the world-

in hockey that is!

Alison Sammut

The annual all-star tradition has deviated from its traditional norm. Traditionally, the best players from the Eastern Conference play the best players from the Western Conference in an adventure filled sixty minute game. This year, the All-Star game changed its format.

Instead of being East meets West in a show down to the highest goals scored, it was North America versus The World. The show down was at General Motors place in Vancouver.

The stars for North America were, Wayne Gretzky, Canuck captain Mark Messier, Eric Lindros, Patrick Roy, John LeClair, Brendan Shanahan, Steve Yzerman, Joe Sakic, Mike Modano, Theoren Fleury, Brian Leetch, Ray Bourque, Al MacInnis, Ed Belfour, Darryl Sydor, Tony Amonte, Martin Brodeur and Chris Chelios.


The World was represented by Jaromir Jagr, Slava Kozlov, Mats Sundin, Peter Forsberg, Nikoli Khabibulin, Dominik Hasek, Jarru Kurri, Pavel Bure, Saku Koivu, Daniel Alfredsson and Teemu Selanne.

Hometown boy Mark Messier

thrilled the crowd to receiving second star honors with brilliant passes and goals. The show stopper was Teemu Selanne, who netted a hat trick.

The unforeseen magic created by Gretzky and Messier in the early eighties was definitely present throughout the evening and it is a terrible shame that the two will not be able to remake that magic in Nagano this February.

The sold out audience were treated to an 8-7 victory by North America in the energy packed sixty minute game. There was no fighting and body checking was minimal. At one point, North America's coach decided to make a line change, he pulled John Leclair and replaced him with Mark Messier. Hey when all else fails with one star, you might as well go with the next one.



coming up next month!

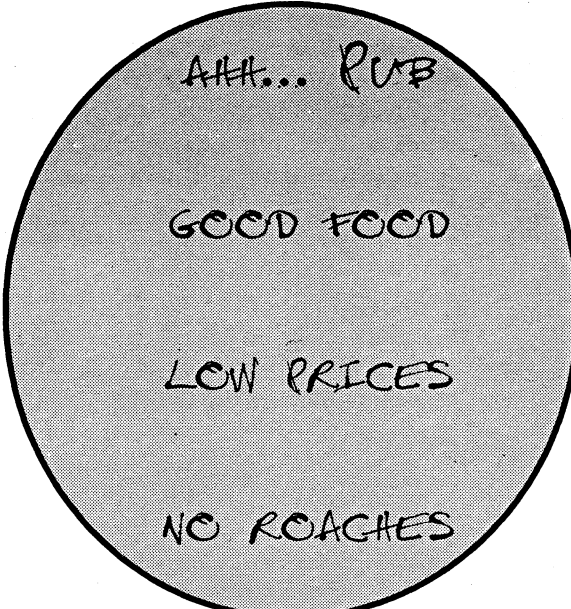
12 février - 15 mars · 1998

*topographies de la peau :
tracer l'interface*

artists' talk · february 12 · 8 pm

Michael Davey · Gunilla Josephson · Patrick Mahon
Edward Pien · Yvonne Singer · Jeannie Thib

PUB MAKES YOU SMART
PUB MAKES YOU HEALTHY
PUB MAKES YOU FUN



Glenn and Jo would like to invite you to a Pub Party on Saturday January 31 to help us celebrate our engagement! Party starts at 9:00. Everyone is welcome!

Everybody was...Aikido fighting?

Paul Fabry

Well, not exactly. The Japanese form of self-defence known as aikido is almost never used aggressively. In fact, there is no competition in aikido, unlike other martial arts, which have many tournaments (judo, karate, and kendo, for example).

Aikido is a highly developed, system of techniques based on the simple principles of circular force used in conjunction with an attacker's movement, speed, and timing. With aikido, one goes with the movement, never fighting or resisting it. All movement centers on the force that either pushes or pulls the body, one way or the other. As such, aikido can redirect the force of an attack until it is no longer a threat, and weakens the attacker or opponent by throwing him/her off-balance, which makes it easier to submit him/her to different forms of control, such as blocks or pins. Aikido is not about learning how to beat someone up. Rather, it is a graceful way of learning how to use a potential attacker's own energy against him/her.

I started to take aikido at the beginning of the year, and so far, I am finding it thoroughly fascinating. My reasons for doing so are many. One is learning how to defend myself, and keep in shape. Another is improving my balance and coordination, both of which I have

some problems.

My primary reason for taking aikido, however, is being able to learn how to soothe my soul and cast off my worries and troubles. And it works. Every time I go to

preparing me for the lesson I'm about to learn. With aikido, one has to be completely relaxed and focused. Otherwise, the possibility of injuring one's self is quite real.

I have heard that aikido is the martial art which takes the longest time to master, and from the lessons I've had so far, I can honestly say that that is pretty much the truth. Aikido, like every Japanese martial art, honours its traditions, heritage, and culture. It extends as far back as the late twelfth century, during the onset of the feudal period. At this point in time, there existed samurai, peasant farmers who fought for their lords and followed the pursuits of martial arts, and similar related disciplines. These studies later became formalized and were eventually called Bushido - the Way of the Samurai. These warriors developed systems of honour and patience - things I greatly admire and am attempting myself to strive for in order to achieve inner strength, peace, and harmony.

For more information, visit the Aikido Yoshinkai Dojo, located at 399 Yonge Street, about two blocks north of the Sam's superstore, or call 585-9602.



the dojo (place of practice and learning), I feel a sense of calm wash over me, draining my tensions and anxieties. It clears my mind,

From all the broken hearts
I've seen in residence
This one touched my heart.
This is for the both of you:

Stay Just A Little Longer
How many things are said
and you discover so little
You passed her by chance
and a forgotten feeling came back.

Maybe he waited for you
on prohibited bridges
now he comes closer, almost
and doesn't dare to any closer.

Don't go,
he wants to be with you a little longer
it will hurt a lot unless you don't react
so that you don't interrupt the dream
or reality.

Don't go,
he wants to be with you a little longer
so that the things that happened
won't be forgotten so fast
and now you're exhausted or in love.

Like this or that,
He will never have you
And with time he will forget you
And move on.

Ronnie

Papa

Tu m'as donne la vie, et moi je ne suis qu'un ingrat,
Tu m'as donne ton nom avec tout ce qui l'accompagne.
Tu m'as donne ton amour, et moi je ne l'ai pas remarque,
Tu m'as egalement donne les plus belle annees de ma vie.

Tu as toujours été la quand j'en ai eu le plus besoin,
Tu m'as toujours parle comme si j'étais deja un homme.
Tu m'as appris a parler, a marcher, a me laver, a cuisiner,
Toutes ces choses, c'est a toi que je les dois; je t'en remercie.

Toi, tu es mon père, tu es mon model, tu es celui que j'aime,
Tu es celui en qui j'ai toujours cru, et en qui je vois un grand chef.
Tu seras pour toujours mon model de courage, et d'amour,
Je t'aime Papa, d'une manière inconcevable.

It is Better to be Fliczu

Nicolas Lissouba

...and seeing as no one else on the k'nilm would talk to the Sneftok, Frlu felt it was his bligontok to ask him why he had done such a thing.

The Sneftok responded, "I really cannot grimp such a thing *not* happening. You uchka are constantly grualling about how miradusq and unworthy you are. In the last five thousand skyturns, you have elevated ritual abasement to an incredible level -- just to placate Ullthangk, as if he were a terrible god who would do something miradusq to you or your immortal usk'ay. Then you turn around and mention that Ullthangk loves us all, regardless of beolif or fault. So which one is it? Do you beolis in Hoopsius Praeton Ullthangk or a Praeton that you should fear?"

"This does not explain anything," challenged Frlu.

"It will explain all in a trymblok, not that you uchka are in any shrig to demand or even look for an explanation, of course," it answered, "now before I continue, answer my quyrit." Frlu looked behind him to the uchka on the grassy k'nilm for some support. He received none, but shivering, he carried on bravely nonetheless.

"Both. He is both hoopsius, seeing as he is the daslok of Good. How could he or his kortiers claim that he is all-loving if he was not hoopsius? As for fear, you have fallen in to the same snie that has ensnayed so many stikfads: fear is a mushubidu. Before bubiduction into Gryuliticz, 'fear' meant 'itsyartok.' 'Ullthangk-fearing' meant 'vimerasing.' When you show up before a resrevet leader, do you not stain your fur? Do you not bathe in the waterfall first? You try to reach his level of dekrumsok. In the case of Ullthangk, you cannot reach his level of dekrumsok. He is perfect. The least we can do is grenk that we cannot reach his perfection. This is why we 'grual' about how 'miradusq' we are.

One does not 'fear' Ullthangk. The uchkapraeton whom you have just exfresinated claimed Ullthangk is Love, and I have no sinderbok to doubt it." Frlu was well pleased with his answer. The Sneftok, unfortunately, also looked balja, and took no pains to disguise its satisfaction.

"You are rotzuk, dear sir, exfresinating rotzuk. You should fear Ullthangk in the true sense, and vrenobalja must this fear be. Ullthangk hates us all. I am most uralu that he despises me as much as I despise him. You are correct that he is perfect. Except his perfection is in malice. Pure, undying, searing Hate. Abhorrence is not a rigbaluthok to him, but is his entire fresinol. And since he hates us so much, he will make us suffer. You uchka think that he delivered us from the Rugala'thoecz because he wanted us to survive. Well yes, but not for survival's sake. He did it only so he can bully us. He wants to pull our yar'luthicz out. He wants to poke out our eyes with burning tuqbars. And unlike the eight-year old male uchkor, he will do it not because of an evil knuverok, but because he himself is Evil."

The Sneftok seemed to grow larger as the frightened uchka huddled on the k'nilm, their fur all oupskyway. There was no breeze now, no chirping fhertas and even the sun seemed loka'ed, although there were no clouds in the blue, blue sky. The only movement in this exfresinating vicinity was that of the smoke still rising from Fliczu's lifeless body.

The Sneftok's malignant usk'ayless rumble took on greater power until it seemed to emanate from the uchkas' own selves.

"You believe Ullthangk is Love. I do not. Ullthangk is Hate.

"The only way to defend yourselves is to fear him. What else could this defence be? What else does a being who hates all other beings want more? Nothing but fear. Pure fur-isklatting usk'ay-dissolving fear. This and only this satisfies this most cruel Praeton. And the way to his court and reward is to yugathor him fear. Yugathor him fear on a plate, for this is what he wants and will cultivate it. The more you fear him, the more he wants you in his court.

"I do not want merely to be in his court. I want to *control* his court, and I will start by controlling you. You were peaceful uchka with no defenses, no enemy and therefore no fear. I have taught you fear. And I will provoke more, because you cannot ocha me if I do not wish to be ochaed. And I will exfresinate one of you randomly when you sleep next and one more each time hence. If I can prove to Ullthangk that I am more triuflocz to him as a fearmongerer than as a fearful ithflok, I will reach his court as a kortier rather than as a slave."

-From the "The Way it Izz" by AM Zeitoun and GM Cummings

George Cummings

A father's lament

Oh Icarus
Why oh why did you have to fly
Into the great
Big blue sky

If only you'd listened to what I'd said
If only you did then you wouldn't be dead

Why oh why did you fly so high
You left us in sorrow, your mother and I

Didn't you think
My words could be true?
Didn't you think
I tried to warn you?

That with wings made only
Of feather and wax
That facing the sun
They would be lax?

Oh Icarus, Icarus
My brash, reckless boy
You used my wings
Like a small child's toy

You treated Death
Like a total stranger
I should have made you
See the danger

Now you're gone
Buried at sea
I've no one to blame
No one but me

Paul Fabry

The Satanic Couplets (After William Blake)

Hell becomes a place of lust;
Keep it so! Is it the just?

Heaven's cold and hell is warm,
Heaven has a finite form.
Hell is formless, heaven scorns;
Now the innocents are pawns
In heaven's jealous game for souls,
In which tactics there are holes:
If God is good and knows it all,
And sees salvation, or our fall,
Then he's lost his game of chess,
And thus hell checks his holiness;

For hell is warm and lusty sweet,
Where we must our true god meet

Emile.

My Only Friend

I was too hot, so I opened the window,
And a magnificent bird flew inside my room.
Looking and admiring this creature was enough,
I fell in love with him, and with all the things it represented.

But one day, along with the first lights of the day
My beloved bird arrived in my room and landed on the bed,
He sang for me, one last time before he went away.
And I never saw him again.

I thought I'd never see this colourful bird ever again,
But I actually saw him one more time.
My friend was now prisoner of a pretty small cage.
My friend, was dying, and I couldn't do a thing.

Nicolas A. Lissouba